

2017 Hometown Holiday



A Willits Weekly special featuring holiday fun and community festivities for the Ukiah area

Thursday, November 30, 2017



At left: Advanced skaters, including the Ukiah Skating Academy, performed for the crowd at the 2016 Ukiah on Ice event. Below, left: Tiffany Gibson handed out 988 commemorative gloves to Adventist Health Ukiah Valley guests during the hospital's 60th anniversary party at the ice rink last year. Below, right: Adventist Health Ukiah Valley CEO Gwen Matthews joined skaters on the ice.



Ukiah kicks off the holidays

Skating rink, Parade of Lights, Christmas tree lighting, photos with Santa, and more this Saturday

Ukiah's 2017 holiday festivities kick off Saturday, December 2 in a big way, with the return of the "Ukiah on Ice" skating rink in historic downtown Ukiah, the Parade of Lights, combining the Truckers Light Parade and the Downtown Parade of Lights, the lighting of the Christmas tree in Alex Thomas Plaza, and photos with Santa, starting at 7 pm.

The parade starts at 6 pm on North State Street at Brush Street and follows North State Street south to Alex Thomas Plaza. Santa will get off the fire engine in the Plaza at the end of the parade, light the Christmas tree, and then sit in his chair for photos – and to hear what kids want for Christmas.

Lit vehicles of any kind are welcome to sign up for the parade, but the deadline to enter is November 30: Call 707-391-3664 for entry info. Some of the locations open for viewing the parade: Slam Dunk Pizza, Kasie Gray - W Real Estate, Ukiah Massage, Black Oak Coffee Roasters, and Paper Birds Boutique – or book a seat at one of the downtown restaurants.

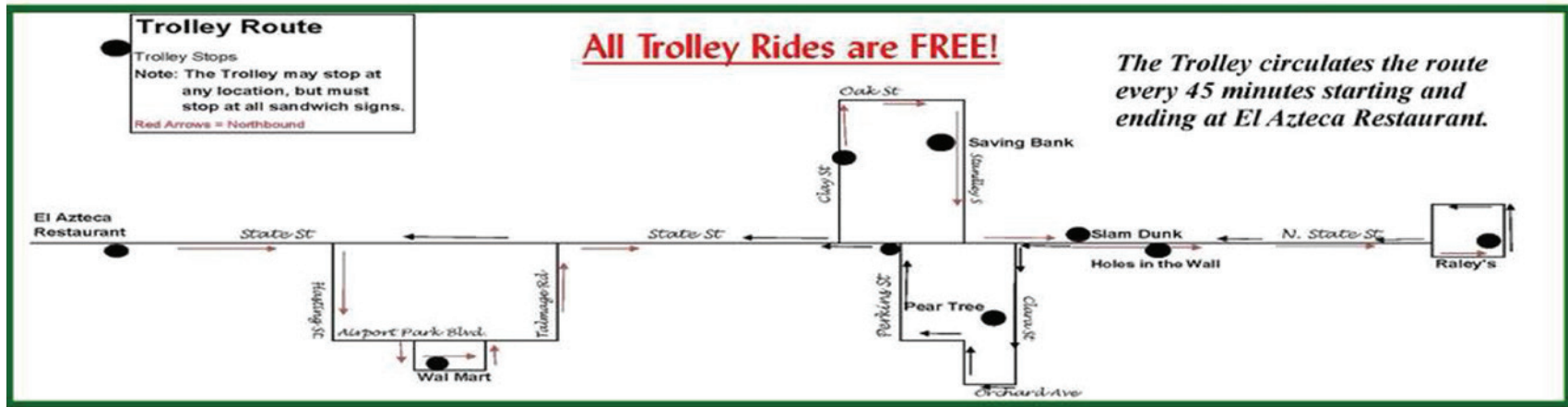
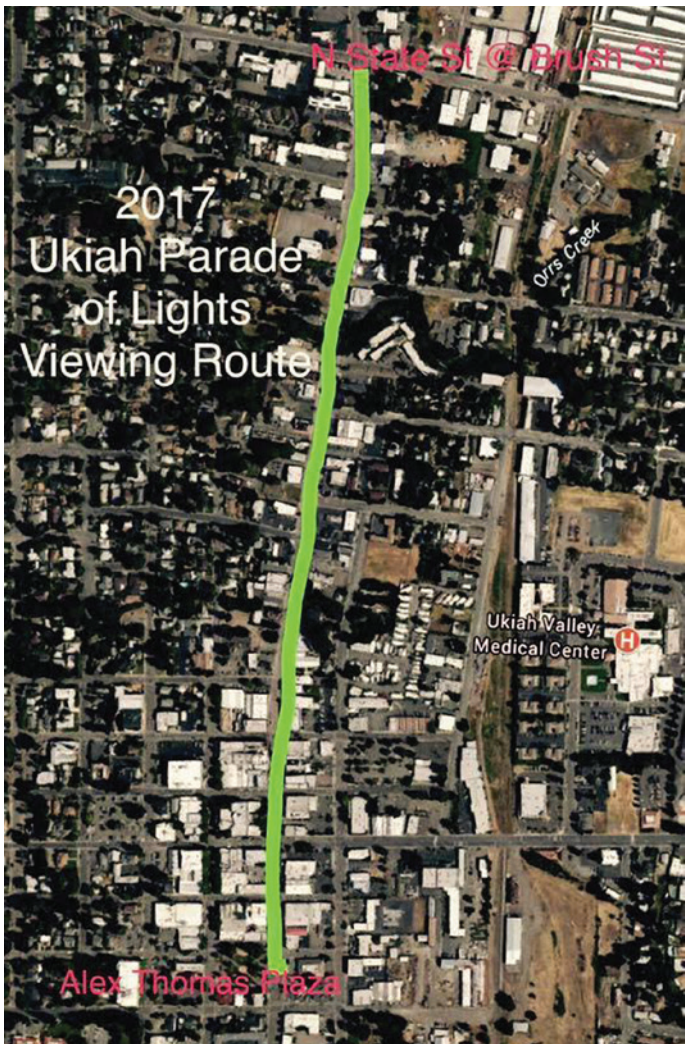
The ice rink opens at 3 pm on Saturday, with a hockey

demonstration by the Santa Rosa Flyers Youth Hockey Club, and opens to the public at 5 pm. Vendors will serve coffee, hot chocolate and donuts, and community non-profit groups will have tables – including holiday crafting – around the Plaza.

Skating rates are \$10 per skate day session or \$8 for a two-hour session for students (including skates), and the rink can be reserved for private parties, too. The ice rink will be open every day – including Christmas and New Year's Day – through January 7, 2018. Kids aged 6 to 18 are invited to free hockey instruction sessions on Saturday mornings from 9 to 10:15 am, starting December 9. Visit www.cityofukiah.com/ukiah-on-ice or call the City of Ukiah Recreation Department at 707-463-6231 for more ice rink info.

"Ukiah on Ice" is sponsored by The City of Ukiah, Adventist Health Ukiah Valley, and the Greater Ukiah Chamber of Commerce.

Check inside for more holiday events and activities throughout December, and a joyous holiday season to all!



Above: The 2017 Ukiah Parade of Lights viewing route, from North State Street at Brush Street to Alex Thomas Plaza.

Below: The MTA Holiday Trolley is giving free rides in downtown Ukiah until December 23.

MTA's Holiday Trolley is back for family fun in 2017

For 20 years, Mendocino Transit Authority's Holiday Trolley has offered free rides to shoppers and families celebrating the holiday season, and this year the trolley's sponsors anticipate that thousands of folks will hop aboard to enjoy the festive ride.

The 2017 Holiday Trolley began its annual run on Friday, November 24, and continues through Saturday, December 23.

"The trolley is a traditional part of Ukiah's holiday festivities and is a favorite with families and children," said Carla Meyer, general manager of MTA. "We applaud the many generous local businesses who support the free service and make it a wonderful success."

The "antique" Trolley (it was purchased new in 1997) is decorated with twinkling lights and garlands of festive greenery. It travels a 45-minute circular route that includes Ukiah shopping centers, the Ukiah on Ice outdoor skating rink downtown, and several popular restaurants. Travelers can get on at designated stops or simply flag the trolley for a ride at a safe pull-out along the route.

The trolley service is provided as a partnership between Greater Ukiah Chamber of Commerce, Ukiah Main Street Program and MTA, with major sponsorship

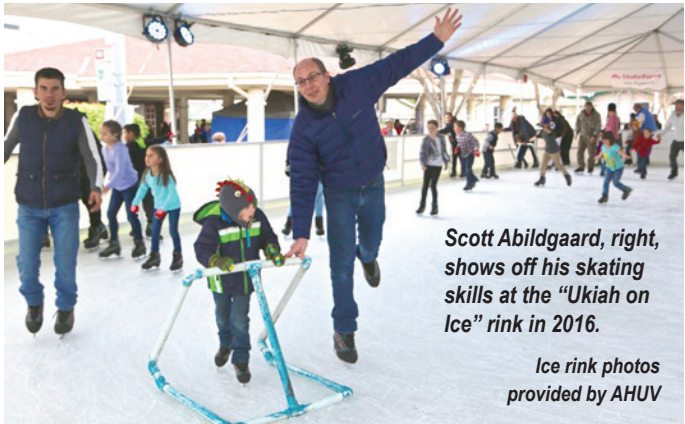
from Savings Bank of Mendocino County. Twenty local businesses provide the support necessary to bring the trolley and its "small town Christmas" cheer to Ukiah shoppers and visitors.

Trolley holiday hours until December 21 are: hourly from noon until 6:45 pm every Saturday and Sunday plus 3 pm to 5:45 pm Thursdays and Fridays. On December 22 and 23, the trolley will run between 3 pm and 5:45 pm.

Check the trolley route and schedule by calling MTA at 707-462-1422 or 800-696-4682.

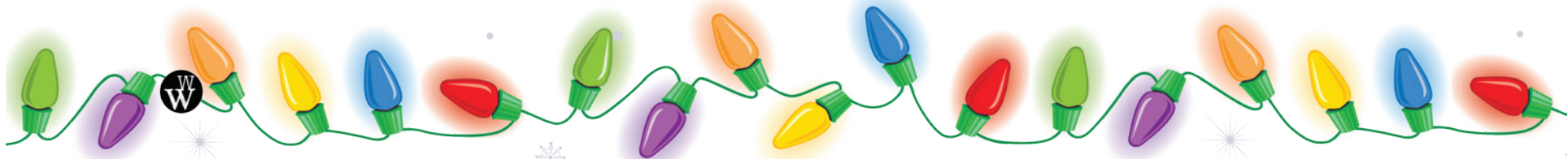
Business sponsors include: Savings Bank of Mendocino County, El Azteca, Holes in the Wall, Slam Dunk Pizza, Riley's Shopping Center, Walmart, Pear Tree Shopping Center, Ukiah Family Dentistry, Gregg Simpson Trucking, Baskin Robbins, Community First Credit Union, Kiwanis, Pick-Em Up Truck Store, Ukiah Garden Café, Mayacama Industries Rural Adult Programs, UVAH, Center for Spiritual Living, Thompson's Party Rentals, Redwood Empire Lions Club and Larsen's Photography.

Mendocino Transit Authority provides safe and convenient public bus service throughout Mendocino County. To learn more, visit www.mendocinotransit.org.



Scott Abildgaard, right, shows off his skating skills at the "Ukiah on Ice" rink in 2016.

Ice rink photos provided by AHUV





Above, left: The crowd at Barra Winery enjoys wine while waiting for dinner at last year's Winter Feast, a fundraising event with a silent auction and live music that supports the Good Farm Fund. Above, right: The kitchen crew at the Good Farm Fund dinner poses behind their delightful banquet.



Good Farm Fund celebrates food and farmers at 4th Annual Winter Feast

The Good Farm Fund is pleased to announce its Fourth Annual Good Farm Fund Winter Feast at Barra Winery, located at 7051 North State Street, on Tuesday, December 5 from 5 to 9 pm. This always-popular event includes a family-style farm-to-table dinner with locally raised meat, fruits, vegetables, wild mushrooms, artisan cheeses and grains. Local beer and wine will also be available for purchase. A silent auction, perfect for holiday shopping, and live music from the Back Porch Project will provide entertainment.

This year's event will also feature the announcement of the Good Farm Fund grant award selections for 2017. Come help the winners celebrate!

The Good Farm Fund, fiscally sponsored by North Coast Opportunities, Inc., is run entirely by volunteers who care about supporting local food and agriculture. Founded in 2015, the Good Farm Fund provides direct support to small farmers in Mendocino and Lake counties in the form of small, capacity-building grants.

This is the third year the Good Farm Fund is awarding grants. In 2015, \$7,000 was given; in 2016, the amount grew to \$20,000; this year, grants will total \$30,000. The grants are made possible by farm-to-table dinners like this one, as well as from the generous support of this year's foundation sponsors: Ukiah Natural Foods, Frey Winery and Ukiah Adventist Health.

"These grants have a real, tangible impact for local farms," says Good Farm Fund Co-Founder Caroline Radice, a farmer herself. "As a kid, I used to go berry-picking with my mom, and then she'd come home and make jam, which is how I learned how to can."

"My parents would stop at the farmers' market or a roadside farm stand to pick up fresh green beans or corn for dinner," Radice remembered. "So many of us have wonderful memories like that, and the Good Farm Fund is about honoring and continuing those traditions, about

creating a community with economic opportunities for small farmers, with thriving farmers markets, and lots of delicious, nutritious food easily available to people who live here."

One grant recipient is Carson Elmer of Carson and Bees, a Ukiah-based honey producer who received \$1,500 in 2016. The joyful addition of a new baby to his family meant that there weren't finances available to continue expanding his honey business. A Good Farm Fund grant purchased new hives, allowing the business to stay on track, which means more honeybees pollinating fruits and flowers at local farms where Carson keeps his hives, and more honey available for local customers.

"I was looking at my five-year business plan thinking, 'this isn't going to work,' and then the grant came through," explains Elmer. "Thanks to the Good Farm Fund, we're right on schedule."

Tickets to the Winter Feast are \$30 in advance, \$40 at the door, \$15 for kids 15 and under. This event always sells out. Tickets are available online at www.goodfarmfund.org, at the Westside Renaissance Market, the Ukiah Natural Foods Co-op, and J.D. Redhouse.

Proceeds will support the Good Farm Fund's Fire Recovery Fund and Farm Grant Program. The event is sponsored by North Coast Opportunities, Ukiah Natural Foods Co-op, Adventist Health, Frey Winery, Thompson's Party Rentals, the MendoLake Food Hub, First Five, Cold Creek Compost, Flow Kana, North Coast Brewing Co., Community First Credit Union, Yokayo Ranch, The Savings Bank of Mendocino County, and Black Dog Farm & Catering.

Through fundraising events like the Winter Feast, the Good Farm Fund and everyone who supports it can continue to help local farms thrive.

For more information, visit www.goodfarmfund.org.



At right: Adventist Health Ukiah Valley maternity staff pose with holiday baby program leader and AHUV RN, Liza Thompson, in red, including, back row, from left: Ashley Fernandez, Brenda Derickson and Agnes Calumpang. Front row: Jacqueline Graumann, left, and Missy Wilhelmsen, right. This crew makes a handmade stocking and a knit hat for every child born in December at Adventist Health Ukiah Valley.

Far right: Baby Sam was born at AHUV on December 20, 2015 and came home to Willits with a red stocking and knit hat from the maternity ward.

Far right, below: Suni Smith, local harpist, plays therapeutic music at AHUV during the holidays, to make each patient's stay more enjoyable and relaxing.

Photos provided by AHUV



Photo by Maureen Moore

Adventist Health Ukiah Valley spreads joy this holiday season

Ukiah – Your local hospital might not be what comes to mind when you think of the holiday season, but Adventist Health Ukiah Valley (AHUV) knows how important it is to make the holidays special for those in their care.

One of the many holiday activities happening within the hospital is music therapy. Suni Smith, local harpist, fills the hospital hallways and the Cancer Treatment & Infusion Center with therapeutic music during the month of December, making each patient's stay more enjoyable and relaxing.

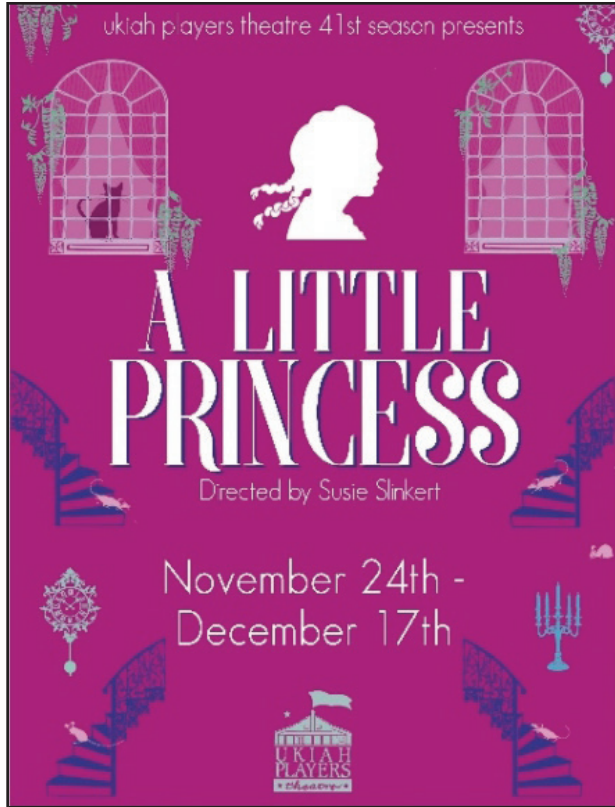
Music therapy is a proven way to reduce the stress and pain of many medical treatments. AHUV's patients have reported music helping them manage pain after surgery and during cancer treatments as well as the pain of labor.

Patients in Obstetrics are in the hospital for a much more joyous occasion. Welcoming a new child into the world during the holiday season is something special. Each child born during the month of December receives a handmade stocking and knit hat. Liza Thompson, RN, leads this program. Thompson, along with a few other staff members, makes each item with the hope that it will be filled with cheerful memories for many years to come. A basket filled with goodies is also given to the first baby born on Christmas Day, as well as the first baby born on New Year's Day.

AHUV also focuses its efforts on helping families in need during the holiday season. With the recent fires, many families need a little extra to make the holidays special this year. AHUV's staff has come together to support families this year, offering a holiday meal and gifts for young children.

"It takes an entire community to come together and support each other during the holiday season," said Erica Tyner, AHUV marketing and communication manager. "We are proud to be one of the many local businesses that are in the position to give back to our community, which we love so dearly."

Adventist Health is a faith-based, nonprofit integrated health system serving more than 75 communities in California, Hawaii, Oregon and Washington. Our workforce of 32,900 includes more than 23,600 employees; nearly 5,000 medical staff physicians; and 4,350 volunteers. Founded on Seventh-day Adventist heritage and values, Adventist Health provides compassionate care in 20 hospitals, more than 260 clinics (hospital-based, rural health and physician clinics), 15 home care agencies, seven hospice agencies and four joint-venture retirement centers. In addition, the Adventist Health Plan serves patients in Kings County. Visit AdventistHealth.org for more information.



Come for the train, surprise them with Santa!

Every child gets a special visit from Santa on this ride through a storybook about the giving spirit, friendship, and tradition.

Rides Dec 2 through Dec 23
SkunkTrain.com
707.964.6371



~ SAVE THE DATE ~ For 2018 Fun at the Redwood Empire Fair & Event Center

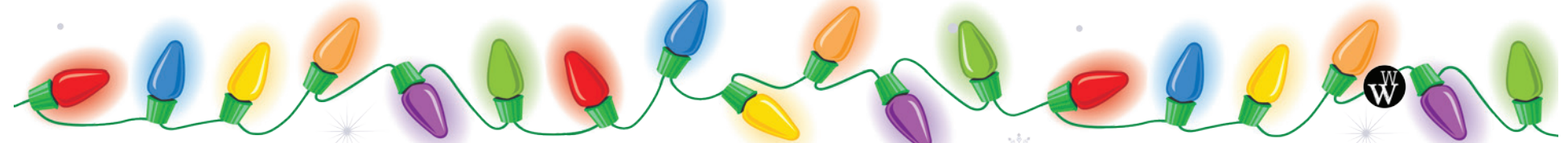
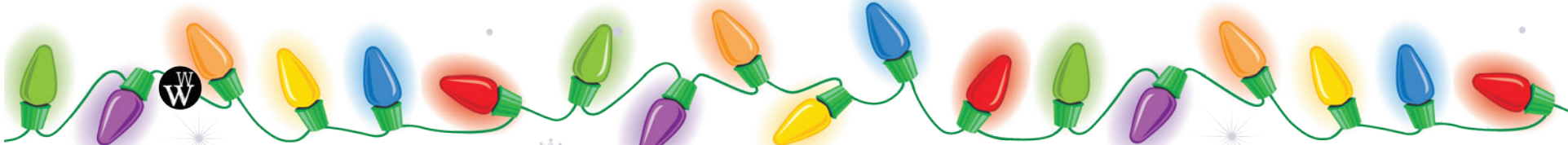
SPRING FAIR June 1, 2 & 3
AUGUST FAIR August 2, 3, 4 & 5

JUNIOR LIVESTOCK AUCTION
August 4



1055 North State Street
Ukiah, CA 95482
Phone: 707-462-3884 • Fax: 707-462-2641
info@redwoodempirefair.com

Like Us On Facebook



DECEMBER CALENDAR

MONDAY

POINTS DAYS 3X POINTS

All Players Club members will earn 3X Points from 10A to 10P on the days of the promotion!

Monday Night BINGO!
6pm-9pm
\$100 FREE PLAY
up to \$200 Cash!

LET'S MAKE A DEAL HOT SEATS!

TUESDAYS 12pm-10pm
2X PER HOUR!
\$50 free play or pick a case to win anywhere from
\$25-\$100 IN CASH
ENDING BEFORE 10PM

WEDNESDAYS

Roosters and OWLS

TWO SESSIONS:
MORNING SESSION: 8A TO 12P
PLAYERS CLUB CUSTOMERS THAT PLAY \$50 WILL RECEIVE \$10 IN FREE PLAY VIA THE PLAYERS CLUB (ONCE PER SESSION)

EVENING SESSION: 6P TO 10P
PLAYERS CLUB CUSTOMERS THAT PLAY \$50 WILL RECEIVE \$10 IN FREE PLAY VIA THE PLAYERS CLUB (ONCE PER SESSION)

RANDOM HOURLY HOT SEAT DRAWINGS
9A TO 12P - 2 WINNERS/HOUR
EACH WINNER WILL RECEIVE \$50 CASH
7A TO 10P - 2 WINNERS/HOUR
EACH WINNER WILL WIN \$75

Scratch Card Sunday!
10am-10pm!

Players Club members that earn minimally 40 points on each specific Sunday, will receive one (only one) Scratch Card (via the Players Club). Each Scratch Card will have a prize (cash or free play), which will be;

\$10 Free Play	\$20 Free Play	\$50 Free Play
\$75 Free Play	\$100 Free Play	
\$20 Cash	\$50 Cash	\$100 Cash

Customers may receive only one Scratch Card each Sunday for this promotion. All Free play that is won via the Hot Seat drawings must be used by 2am on the same gaming day, or the winnings (Free Play) will be removed from the customer's account.

Sherwood Valley Rancheria Smokeshop

100 Kawi Place • Willits
Hours: Monday-Friday 10am to 6pm
Saturday 11am to 5pm • Closed on Sundays

SUPER SENIOR DAY BINGO

FRIDAYS
11am
12pm
1pm
and 2pm
GAMES

50 points for bingo card and 50% off meal coupon

BINGO! THURSDAY

12PM	\$100 FREE PLAY
1PM	\$125 FREE PLAY
2PM	\$150 FREE PLAY
3PM	\$150 CASH (2ND CHANCE \$50 CASH)
7PM	\$125 IN FREE PLAY
8PM	\$150 IN FREE PLAY
9AM	\$175 IN FREE PLAY
10PM	\$300 CASH (2ND CHANCE \$100 CASH)

Players Club members must have earned minimally 50 points to receive a bingo card for the 12P, 1P, 2P & 3P bingo games.
-Bingo at 12P for \$100 Free Play, 1P for \$125 Free Play and 2P and 3P for \$150 free play for each game winner.

Players Club members must have earned minimally 80 points (throughout the day) to receive a bingo card for the 8P, 9P & 10P bingo games.
Bingo at 7pm and 9P for \$150 in Free Play, the 9P game \$175 Free Play and and \$300 in cash for the 10P game.

Bingo Cards can start being issued at 11A for the 12P game, and 6P for the 7P game. The 1P, 2P, 3P, 8P, 9P & 10P cards will be issued after the earlier game has ended. If two customer's claim the win together, the prize amount is "split" between the two winners.

For the 3P and 10P, there will be a "Second Chance Win". After a confirmed bingo for these three games (and the winning customer has been processed), the game will continue until a second "Bingo" is won, and the "Second Chance Win" customer will win \$50 Cash for the 3P game and \$100 free play for the 10P game. The "Second Chance Win" opportunity will be announced before each of the specific games.

FRIDAY NIGHT

Collect Entry Drawings - 20 Points/Entry
May start by redeeming points for entries starting at 11A
Each drawing time has a prize value for it!

PAYDAY!

8:00PM	\$100	9:00PM	\$150
10:00PM	\$200	10:30 PM	\$250
		11:00PM	\$300

At each drawing (except the 10:30 & 11P drawing), an entry will be drawn from the Raffle Barrel. The winning customer will have access, one minute to claim their prize. If the number is not claimed the money for the specific drawing will be forwarded to the next drawing for the night. For example, if the 8P drawing has no winner, the \$100 will be forwarded to the 9P drawing and will be worth \$250.

For the 11P drawing, if there is no claim on the drawing, there will be an additional drawing. This process will continue until a winner has claimed the cash prize.
Customers may win up to 2 times each week of this promotion.

DECEMBER 22 BIG WINNINGS!

8pm - \$100	9pm - \$150
10pm - \$200	10:30pm - \$300
11pm - \$500	

HOLIDAY BINGO!!
MONDAY DECEMBER 25TH

10am-12pm
AND 8pm-10pm
CASH PRIZES FROM
\$100 UP TO \$500

SATURDAY FUN
December 2ND-23RD • HOT SEAT DRAWINGS!

Round #1:
11 AM to 12 PM - 2 random winners per hour (6 winners total)
Each winner will win \$50 in Free Play. Customers will have to play a minimum of \$20 to be eligible for Round #1.

Round #2:
6 PM to 8PM - 3 random winners per hour (6 total winners)
Each winner will win \$75 in Free Play. Customers will have to play a minimum of \$30 to be eligible for Round #2.

Round #3:
9 PM to 10 PM - 3 random winners per hour. Each winner will win \$100 in Free Play. Customers will have to play a minimum of \$40 to be eligible for Round #3.

Round #4:
10 PM to 11 PM - 3 random winners per hour. Each winner will win \$150 in Free Play. Customers will have to play a minimum of \$50 to be eligible for Round #4.

All winner(s) must use their promotional "Free Play" by 2AM the night they won, or the Free Play will be removed from their account. Customers may win up to two (2) times each Saturday of this promotion.

SATURDAY NIGHT CASH BINGO
DECEMBER 30TH

7PM Game - \$150 Cash	10:00PM Game \$250 Cash
8PM Game - \$200 Cash	11:00PM Game \$300 Cash



100 Kawi Place, Willits 707-459-7330 www.svrcasino.com
Management reserves all rights to cancel or alter any promotion with little or no notice.



Holiday Open House at Grace Hudson Museum

December 1 and 2

Grace Hudson Museum's Annual Holiday Open House takes place on Friday, December 1 from 5 to 8 pm (part of its monthly First Friday program), and Saturday, December 2, from 10 am to 3 pm. Both days will feature lots of great local art, crafts, specialty foods, and holiday wreaths for sale from your favorite local artists and artisans, as well as the ever-popular "Museum White Elephant Sale" in the Gift Shop, where items will be discounted at 15 percent. Saturday's event will feature visits with Santa, carolers, refreshments, and tours of the Sun House, which will be all decorated for the holidays. Admission on both days is free.

Visitors can also tour the museum's latest exhibit, "Mastering the Molten: Mendocino County Art Glass," featuring amazing original glass artwork from ten local artists.

The Grace Hudson Museum is at 431 Main Street in Ukiah. For more information call 467-2836 during museum hours (Wednesday through Saturday from 10 am to 4:30 pm, and Sunday from noon to 4:30 pm) or visit the website at www.gracehudsonmuseum.org.

THE ORIGINAL 31TH ANNUAL

WILLITS HOLIDAY CRAFT FAIR

FINE ARTS & CRAFTS

FRIDAY, DECEMBER 8
12:00 NOON - 7:00 P.M.

SATURDAY, DECEMBER 9
10:00 A.M. - 6:00 P.M.

SUNDAY, DECEMBER 10
10:00 A.M. - 4:00 P.M.

WILLITS COMMUNITY CENTER
& upstairs at the **WILLITS CENTER FOR THE ARTS**
LIVE MUSIC FRI., SAT. & SUN. BOTH LOCATIONS

KID'S CRAFTS FAIR SAT. ONLY, 10AM-2PM

FOOD & BEVERAGES BY THE WILLITS CHARTER SCHOOL	Willits Community Center 111 East Commercial St. Willits, CA.
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For more information call Bonnie at 707-459-4792

A BENEFIT FOR THE WILLITS CENTER FOR THE ARTS

Willits Center for the Arts, 71 E. Commercial St.

TREE LIGHTING CELEBRATION!
FRIDAY, DEC 1 5:30-8:30 PM

BARRA
MENDOCINO

California Cowboys at Coyote Valley Casino

A benefit for fire survivors

The Rotary Club of South Ukiah presents a benefit for Redwood Valley fire survivors at the Coyote Valley Casino, Friday, December 8 from 7 to 11 pm. The benefit features music by country music favorites, the California Cowboys, out of the Bay Area, who "deliver a powerful sound, with the clear punch of tight three-part harmonies and such rowdy, foot stompin' original songs as 'The Party's Over' and 'Timberline.'" Tickets, \$50, include appetizers and are available online at www.coyotevalleycasino.com, Mendocino Book Company and Dig! Music in Ukiah. 21 and over. Doors open at 7 pm. Coyote Valley Event Center, 7751 North State Street, in Redwood Valley.

Rotary Club of South Ukiah PRESENTS

A BENEFIT FOR REDWOOD VALLEY FIRE SURVIVORS

FRIDAY, DECEMBER 8TH
7-11 PM
COYOTE VALLEY CASINO

WITH MUSIC PROVIDED BY LOCAL FAVORITES!

California COWBOYS

Come Support a GREAT Cause!
\$50 admission
Includes free appetizers and great music.
Celebrate our wonderful community while doing good!

TICKETS AVAILABLE AT: www.coyotevalleycasino.com
Mendocino Book Company, and Dig! Music in Ukiah

2017 UKIAH PARADE OF LIGHTS

DECEMBER 2nd • 6:00 PM
North State Street
from Brush Street to Alex Thomas Plaza

Closed route, lit vehicles of all types welcome.

Santa will get off of the fire engine in the Plaza at the end of the parade, light the Christmas tree and then sit in his chair for photos. The Ice Rink opens the same night and there will be vendor booths open in Alex Thomas Plaza.

City of Ukiah, Steve's Towing & Storage, Gregg Simpson, Ukiah Valley Recycling Agency

For entry info call Mo at 707-391-3664. Deadline to enter November 30, 2017
Find us on Facebook @ukiahparadeoflights

Mendocino Ballet presents

The Nutcracker

Trudy McCreanor, Director

Mendocino College Center Theatre, Ukiah

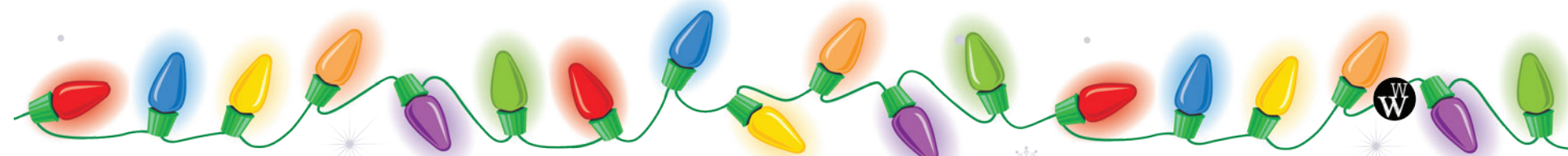
Dec. 15 at 7 pm	Available at:
Dec. 16 at 2 pm & 7 pm	Ukiah:
Dec. 17 at 2 pm	Mendocino Book Co & Mendocino Ballet
	Willits:
	Mazahar

ADVANCE TICKETS:
\$20 Adults
\$18 Over 65
\$10 Under 18

Purchase online at:
www.mendocinoballet.org
(A \$1 surcharge is applied to all online & credit card purchases.)
Tickets \$5 more at the door

463-2290 for more information
mendocinoballet.org

Mendocino Ballet is a non-profit 501(c)3 corporation dedicated to excellence in the Dance Arts





We've got your family covered this flu season

It's no secret that the flu season can hit children the hardest. Our expert team of providers are ready to serve your family this winter, accepting new and existing patients for sick visits, flu shots and other health concerns.

OUR SERVICES INCLUDE:

- | | |
|--------------------|-----------------------|
| Sick visits | Annual check-ups |
| Immunizations | Sports physicals |
| New born check-ups | Other health concerns |

MEET OUR PEDIATRIC TEAM



Thomas Csanadi, MD



Brynn Stirling, MD



Tracy Burris, FNP



Medie Jesena, PNP



Lisa McCurley, FNP



260 HOSPITAL DRIVE, SUITE 204, UKIAH, 707.463.7459