

Ukiah Community Edition #4 QUARTERLY

A free Willits Weekly special featuring community info and events for the Ukiah area





Return of the Rink UKIAH ON ICE BACK DECEMBER 1 FOR 2018 SEASON

Get out your skates, and get ready to go for a spin on the ice when Ukiah On Ice returns to town for the 2018 season.

For just \$10 per session (including skates), skaters can come and enjoy the rink at Alex Thomas Plaza starting Saturday, December 1 and running through Sunday, January 6. From December 1 through 20, the rink will be open Monday through Friday from 3 to 8 pm, and opening an hour earlier, 2 pm, on Wednesdays. Saturdays will be 11 am to 8 pm, and Sundays 12 to 5 pm.

During Winter Break, December 21 to January 6, Saturday and Sunday hours will be 12 to 7 pm. Check the calendar on page 4 and 5 for more info and holiday hours, too.









2018 Ford F-150 Stock #JKE67207

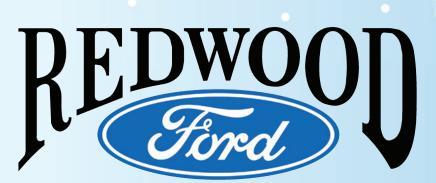
MSRP - \$35,660

Sale Price

29,941

2018 Ford Explorer Stock #JGB44815 MSRP - \$37,320 Sale Price \$32,734

2018 Ford Edge Stock #JBC38187 MSRP - \$32,305 Sale Price \$28,358



1170 S. State St., Ukiah, CA 95482 (707) 468-0091



See dealer for details. All advertised vehicle pricing and availability are subject to change at any time. Prices exclude all state and local government fees and taxes, vehicle registration fees, dealer documentation fees, and finance charges. Other charges may include but not limited to: emissions testing and certificate fees, any dealer-installed accessories and CA tire disposal fees if applicable. On approval of credit.

			Trolley	Time Tak	ole 2018			Noven	nber 23	Thru	Decemb	er 23,	2018
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Slam Dunk Pizza		The Works Inc.	Sunday's						during the 3:00				
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MTA's Holiday Trolley

IS AN ENDURING FAMILY FAVORITE

Submitted by Mendocino Transit Authority

For 21 years, Mendocino Transit Authority's Holiday Trolley has puttered around an hour-long circuit route through Ukiah, packed to the gills with children and parents, everyone singing along to Christmas carols broadcast on the trolley's sound system. Before the hour is up, many riders will have sung their hearts out, rung the brass bell, and called goodbye to the Santa-capped driver who gave them a candy cane as they stepped down to the pavement.

The 2018 Holiday Trolley has begun its annual embodiment of old-time Ukiah holiday cheer, following a loop route between El Azteca restaurant on South School Street to Walmart, downtown Alex

for the MTA trolley because we both free rides that bring people such joy and loved Mr. Rogers growing up, and the holiday spirit." trolley was always there to take you on The trolley holiday schedule is: weekday

a fun adventure," said James Snidow, a afternoons hourly beginning at Alex Thomas Willits radio deejay who has brought four Plaza at 3:15 through 5:15 pm; weekends generations of family to ride the trolley for hourly from 12:15 until 6:15 pm with an hour several years. "It doesn't really matter what break between 3:15 and 4:15 pm. is going by; the good energy is in the trolley. Check the trolley route and schedule There can be pressure around holiday time, so to do something that's pure fun like riding call MTA at 707-462-1422 or 800-696-4682. the trolley and singing Christmas songs

with the children, it's a celebration. It helps." The "antique" green and red trolley (it was purchased new in 1997) has big side windows, polished wood paneling, twinkling lights, and garlands of festive greenery. It

can be standing room only on board. Dawn time on the trolley," she added. White, MTA operations supervisor and former trolley driver, said the hardest part

Business sponsors include: Savings of driving the Holiday Trolley is sometimes Bank of Mendocino County, El Azteca, Holes in the Wall. Slam Dunk Pizza.

Power offers no-cost energy upgrades to eligible homes and

Sonoma Clean

businesses

Submitted by Sonoma Clean Power Sonoma Clean Power, the public electricity online at www.bit.ly/MTAHolidayTrolley, or provider for Sonoma and Mendocino

counties, is launching a new study on energy-saving technology and is currently Lisa Alexander, executive director of the recruiting participants to receive no-cost Chamber, said its membership is happy to upgrades and provide feedback.

bring back the trolley once again this year. The newly launched Lead Locally program, "We appreciate the generosity of our local funded through a grant from the California businesses most when we see so many people from near and far having a good Energy Commission with additional support from SCP, aims to develop strategies

to double energy efficiency in existing buildings. In this first phase of the program, the Lead Locally team is studying installing



Good Farm Fund

celebrates local food

AT DECEMBER 5 WINTER FEAST

The Good Farm Fund is pleased to announce its 5th Annual

Good Farm Fund Winter Feast at Barra Winery (7051 North

State Street) on Tuesday, December 4 from 5 to 9 pm.

This always-popular event includes a family-style farm-

to-table dinner from Black Dog Farm Catering and many

friends, featuring locally raised meat, fruits, vegetables, wild

mushrooms, artisan cheeses and grains; local beer and wine

available for purchase; a silent auction perfect for holiday

This year's event will also feature the announcement of Good Farm Fund grant award selections for 2018. Come help

shopping; and live music from the Gibson Creek Band.

the winners celebrate

Submitted by Good Farm Fund







At bottom, right: Tim Ward from the Anderson Valley Community Farm, one of the recipients of a Good Farm Fund Grant, talks to the supporters about his farm.

From far left: Arianna Chiechi from NCO was available to answer questions about the Good Farm Fund as well as sell hats and T-shirts at Winter Feast 2017. Bottles of wine and homemade preserves line the tables of the silent auction. The Winter Feast menu is laid

out on the tables. At left: Some of the event kitchen volunteers, some chefs. some farmers. and wait staff take a brief moment to gather for a group photo. Below: Two diners pass

around the salad bowl, while others read the menu to see what's coming next.

Below, left: Squash and Swee Potato Biscuits with Bone

Marrow Compound Butter are arranged on platters at Winter

At bottom, left: Diners enjoy

a farm-to-table meal and the

festive atmosphere at the 2017

Feast 2017.

Winter Feast.



Last year's Winter

Good Farm Fund, fiscally sponsored by North Coast Feast menu: Opportunities, Inc., is a volunteer-driven organization Family-style dinner: supporting local food and agriculture. Founded in 2015, the Roast Pork and Milk Good Farm Fund provides funding to support Market Match, Gravy a program that provides funds for EBT / CalFresh customers to increase their purchases of local fruits and vegetables at Apple-Pear Chutney certified farmers markets. **Quick-pickled Beets** Squash and Sweet

Good Farm Fund also provides economic development support to small farmers in Mendocino and Lake Counties in Potato Biscuits with Bone the form of small, capacity-building grants. This is the fourth Marrow Compound Butter year the Good Farm Fund is awarding grants, which are made Winter Vegetable Gratin possible by farm-to-table dinners like this one, as well as from Brussels Sprouts with the generous support of this year's foundation sponsors: Frey Winery and Sonoma Clean Power; and Harvest Sponsors: **Chanterelle Mushrooms** Ukiah Adventist Health and Flow Kana, Salad of Winter Greens and Roasted Pears

"These grants have a real, tangible impact for local farms," says Good Farm Fund Co-Founder Caroline Radice, a farmer herself. "As a kid, I used to go berry-picking with my mom and then she'd come home and make jam, which is how I learned about food preservation.

"My parents would stop at the farmers market or a roadside farm stand to pick up fresh green beans or corn for dinner. So many of us have wonderful memories like that, and Good Farm Fund is about honoring and continuing those traditions, about creating a community with economic opportunities for small farmers, with thriving farmers markets, and lots of delicious, nutritious food easily available to people who live here."

Tickets to the Winter Feast are available on a sliding scale from \$35 to \$50 in advance, \$45 at the door, \$15 for kids 12 and under. This event always sells out. Tickets are available on line at https://gffwinterfeast.brownpapertickets.com/, at the Westside Renaissance Market, Mendocino Book Company, and the Ukiah Natural Foods Co-op.







Thomas Plaza, and Raley's on the north end of town. Sponsored by Savings Bank of Mendocino County. Greater Ukiah Chamber of Commerce, Main Street Program, MTA and many businesses, it will run through Sunday, December 23.

"My wife and I have a warm feeling



www.willitsweeklv.com 707-459-2633; 707-972-7047

Maureen Moore, art director and editor / maureen@willitsweekly.com / 707-972-7047

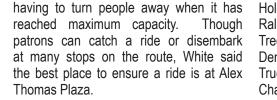
Jackie Cobbs, calendar editor and copy editor

Jennifer Poole, copy editor

Jenn Drew, advertising / advertising@willitsweekly.com / 707-354-1670

> 2018 editions include: February 8 | May 24 | August 30 | November 29

For advertising inquiries, please call 707-972-7047 or email advertising@willitsweekly.cor



"MTA is so happy to be able to celebrate the Course, Craftsman Estate Jewelry and holidays with our community Pawn, Little Brown Bear and Family Life through the trolley, and many Magazine. of our drivers look forward to

it," said Carla Meyer, general Mendocino Transit Authority provides safe, manager of MTA. "We low-cost, and convenient public bus service throughout Mendocino County. To learn applaud the generous local more, visit www.mendocinotransit.org. businesses who support the



innovative energy-saving equipment in Raley's Shopping Center, Walmart, Pear SCP customer homes and businesses.

Tree Shopping Center, Ukiah Family "SCP wants to build a cleaner energy Dentistry, Ukiah Periodontics, Pick Em Up future for our community. The Lead Locally Truck Store, Siderakis Family, The Works, program will evaluate the best technologies Chadwick Armory, Ramos the Realtor, to help meet our community's energy Cultivo, Mode Boutique, Ukiah Valley Golf efficiency goals, and now we're asking our customers to get involved," said Chad Asay, Lead Locally program manager.

> The upgrades studied under the Lead Locally program are valued at \$5,000 or more, and will be installed at no cost. The team is currently recruiting homeowners to receive upgrades to their attic insulation, or their heating and cooling system. In the future, SCP will recruit additional homeowners and businesses to test appliances, lighting and water heating.

To participate, customers can visit the Lead Locally program page: www. sonomacleanpower.org/programs/leadlocally to submit a participation request. This will be used to screen for technologyspecific eligibility criteria, and will be processed on a first-come, first-served basis. Participants must be willing to allow energy usage monitoring and to complete quarterly satisfaction surveys for 12 to 18 months.

Participant feedback will be used to

Finish "Upgrades" on page 6



····· Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com WW's Ukiah Community Quarterly #4 Pq.2

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November 29, 2018

Proceeds will support the Good Farm Fund's Farm Grant Program and Market Match Program. The event is sponsored by Sonoma Clean Power, Frey Winery, Flow Kana, Adventist Health, North Coast Opportunities, The MendoLake Food Hub, Black Dog Farm Catering, the Mendocino College Culinary Arts Management Program, Patrona Restaurant, Visit Mendocino, Ukiah Brewing Company, Ukiah Natural Foods, Cold Creek Compost, and Community First Credit Union. Through fundraising events like the Winter Feast, Good Farm Fund, and everyone who supports it, can continue to help local farms thrive.

For more information, visit www.goodfarmfund.org.





meaning.

Sitting meditation

Eating meditation

Singing/Chanting

Walking meditation





November 29, 2018 WW's Ukiah Community Quarterly #4

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katelynnnevill@gmail.com

Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com

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Contraction of

HOLIDAY MARKE **DECEMBER 1-DECEMBER 29**

Jewelry, Earrings, Silk Scarves, Gift Boxes, Paintings, Photographs, Pottery, Quilts Corner Gallery Art 15% Holiday Discount Thru December 29

ART CENTER UKIAH / CORNER GALLERY 201 S. State Street Ukiah 707.462.1400 Hours: Tuesday - Saturday 11am- 5pm



UPT's 'A Christmas Carol' NOVEMBER 15 THRU DECEMBER 16

The Ukiah Players Theatre presents "A Christmas Carol," based on the novel by Charles Dickens. The play, directed by Jenny Peterman, tells the story of Ebenezer Scrooge, a miser who is visited by the ghost of his former business partner Jacob Marley and the Ghosts of Christmas Past, Present, and Yet to Come. After their visits, Scrooge is transformed into a kinder, gentler man. Info and tickets at www.ukiahplayerstheatre.org/buy-tickets.

Cannabis Industry Supply Chain Mixer

NOVEMBER 30

Join the members of Mendocino County Growers Alliance, Sonoma County Growers Alliance, and Cannabis Distribution Association for "Farm to Market

A Cannabis Industry Supply Chain Mixer" from 2 to 8 pm at the Ukiah Valley Conference Center, 200 South School Street. This is an educational event and industry-networking mixer intended to connect the region's licensed cannabis producers with vetted licensed distributors, and to provide the tools and support to successfully contract with these distributors and compete within the regulated market. The event will feature up to 30 exhibitors, local food for purchase by Zocalo Collective, elixirs from the Mendocino Herb Guild, and local beer and wine. Speaker presentations at 3 pm cda CANNABIS DISTRIBUTION and educational workshops at 4 pm. Tickets are \$100. Members

of MCGA, SCGA and CDA may register for up to two complimentary tickets and are welcome to invite additional guests for \$25 per guest ticket. Register at www.eventbrite.com/e/farm-to-market-fall-2018tickets-51099260263.

BARRA Christmas Tree Lighting NOVEMBER 30

BARRA of Mendocino Winery will be ushering in the spirit of the holiday season at their Annual Tree Lighting Celebration from 5:30 to 8:30 pm. The festivities will begin with a sneak preview of "The Nutcracker" performed by the Mendocino Ballet, followed by live music from Ukiah's own Back Porch Project bandmates, Rosie and Steve. Sure to delight young and old alike, this evening features homemade goodies, spiced cider and craft activities for the kids, and complimentary wine tasting for the adults. This is a free event. The winery is located right off of Hwy 101 in Redwood Valley. Info: 485-0322. www.barraofmendocino.com.



THINGS TO DO, SEE AND ENJOY

Holiday Hope: Empty the Shelter DECEMBER 1

The Bissell Empty the Shelters event will take place at the Ukiah Shelter, 298 Plant Road, from 10 am to 4 pm (closed 1 to 1:30 pm). During this event pet adoption fees for cats, kittens, and dogs over 4 months old will be only \$20 (in addition to Mendocino County dog license fee). Info: 467-6453. www.mendoanimalshelter.com.

Holiday Market

DECEMBER 1 THRU 29

The Holiday Market at Art Center Ukiah and the Corner Gallery, 201 South State Street, starts Saturday, December 1 and runs through Saturday, December 29. Enjoy holiday refreshments while filling your holiday gift list with art created by local artists. There will be something for everyone: jewelry, silk scarves, gift boxes, paintings, photographs, pottery, quilts and more. The Corner Gallerv is offering a 15 percent discount.

Pet Photos with Santa Annual SNAP Fundraiser

DECEMBER 1

Santa will be at Rainbow Ag (235 Perkins Street) from 10 am to 3 pm! Bring any or all of your pets to take

photos with Santa. Festive holiday accessories for your pet to wear for photos will be provided. You're also welcome to bring your pets dressed up for the occasion. Suggested donation is \$20 and you get physical copies of photos or a disc to pick up at Rainbow the following week of the fundraiser. Goodies (such as necklaces and car magnets) will be available in

exchange for donations to SNAP. ŠNAP is 100 percent run by volunteers. Your donation will help to decrease suffering from Save the Date: Ukiah Parade of lights December 1, 2018 overpopulation.

2018 Ukiah Parade of Lights DECEMBER 1 The Ukiah Parade of Lights kicks

FARM TO MARKET

iday 11/30/18 - 2pm to 8pn

@ UKIAH VALLEY CONFERENCE CENTER

200 S. School Stree

MCGA

SUSA .

off at 6 pm and can be viewed on North State Street from Low Gap Road to Alex Thomas Plaza only. Please plan to be parked and in your viewing location before the parade begins

10th Annual Holiday Faire hosted by Girl Scouts of Ukiah

DECEMBER 1 The Ukiah Vallev Girl Scouts are

This coalition acts as a bridge between agencies and the community with the focus being to enrich the positive presence of Latinos, to serve as a non-bias platform for

information. and to build an environment of trust and positive relationships with other organizations. At the meeting, UVA will be discussing their two current projects: Community Market and Disaster Planning, with a focus on the Latino community. Info: 707-234-3300 or ukiahvecinosenaccion@gmail.com.

Good Farm Fund's 5th Annual Winter Feast DECEMBER 4

The Good Farm Fund's 5th Annual Good Farm Fund Winter Feast at Barra Winery (7051 North State Street) takes place from 5 to 9 pm. This always-popular event includes a familystyle farm-to-table dinner from Black Dog Farm Catering and many friends, featuring locally raised meat, fruits, vegetables, wild mushrooms, artisan cheeses and grains; local beer and wine available for purchase; a silent auction perfect for holiday shopping; and live music from the Gibson Creek Band. This year's event will also feature the announcement of Good Farm Fund grant award selections for 2018. Tickets to the Winter Feast are available on a sliding scale from \$35 to \$50 in advance, \$45 at the door, \$15 for kids 12 and under. Proceeds will support the Good Farm Fund's Farm Grant Program and Market Match Program. This event always sells out. Tickets at https://gffwinterfeast.brownpapertickets.com/, at the Westside Renaissance Market, Mendocino Book Company, and the Ukiah Natural Foods Co-op. Info: www.goodfarmfund.org.

2nd Annual Caminata de Luces!



The Caminata de Luces will be hitting the Rail Trail between Clara and Gobbi for a second year. The entirety of the rail trail will be lit with thousands of luminarias: paper lanterns decorated by kids and other community members. Enjoy live

music, food trucks, hot chocolate, and walking the scenic Rail Trail in the crisp fall air. Light up yourself, your bike, your scooter. your dog, and enjoy an evening of community.

December First Friday Art Walk DECEMBER 7

Join the community downtown for the First Friday Art Walk in downtown Ukiah from 5 to 8 pm. A fun game of Elf on the Shelf will be played. Fill a game card with stickers from participating merchants earned by finding

the elf. When your card is full, take it to the ice skating Holiday Craft Fair 75 Vendors - Saturday Dec 1 rink for a free pass. Pick up a game card at any participating merchant. Make sure to visit the ongoing Holiday Market at Art Center Ukiah and the

and open to the public. Brown will be discussing ideas for creating an "economy that supports a Ukiah Vecinos en Acción meaningful life for all people and where people can care for each other and the planet."

Holiday Dance Party DECEMBER 8

Bartlett Hall Holiday Dance Party will feature The Fargo Brothers. The Fargo Brothers have been burning up stages since 1979. These four seasoned professionals deliver a brand of blues and roots rock and roll with a fire and intensity that only three decades together can bring. Known for their The Ukiah Cemetery Wreaths Across America ceremony vocal harmonies and tight

The Fargo Brothers

ensemble playing, The Fargo Brothers always put on a show that is not to be missed! The Holiday Dance Party will be held at Bartlett Hall, 495 Leslie Street. Doors will open at 6:30, dance 7 to 10 pm. A wide array of gourmet served appetizers throughout the evening

included in admission. Tickets available at Ukiah Senior Center Administration (499 Leslie Street), Mendocino Book Company (102 South School Street), Creative Workshop & Printing (759 South State Street), and at www.ukiahseniorcenter.org. Non-members pay \$20 in advance, \$25 at the door. Members pay \$15 in advance. \$20 at the door.



December Ukiah Contra Dance DECEMBER 8

December Ukiah Contra Dance starts at 7:30 pm in the Ukiah Methodist Church Social Hall, 205 North Bush Street. This is the annual Holiday Dance with Dessert Potluck. Live music provided by the Upside Sound. All dances will be taught by Celia Ramsey. Class for beginners at 7 pm. All ages are welcome. No experience and no partner needed. These dances have been going on for 30 plus years and are always a great mix of ages. Info: 468-5008.

> Mendo College auditions for 'Once Upon a Mattress' DECEMBER 8

Auditions for the Mendocino College Theatre Arts Department's Spring 2019 production of "Once Upon a Mattress" will be held at 10 am in the dance studios (room 800 and 820 of the Athletic Building) of Mendocino College, located at 1000 Hensley Creek Road, Ukiah. "Once Upon a Mattress" is an exuberant family-friendly musical romp based on the classic Sugarplum Sangha is holding the third annual New Year's

Calpella Cubs Christmas Holiday and Craft Fair

DECEMBER 14

Shop for gifts at the Calpella Cubs Christmas Holiday and Craft Fair at Calpella Elementary from 6 to 8 pm. This fun event will include goodies, performances, and a visit from

Ukiah Cemetery Wreaths Across America

DECEMBER 15

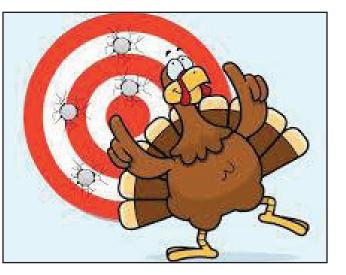
starts at 9 am. There are over 2,000 veterans buried in the Ukiah Cemetery. The goal is to place

a wreath on the grave of every local veteran. Wreaths may be purchased for \$15 at the Ukiah Cemetery, through local 4-H members, or at https://donate.wreathsacrossamerica.org/. Info 462-8012 or 463-0411

Ukiah Christmas Turkey Shoot

DECEMBER 16

Come on out to Ukiah Rifle and Pistol Club and compete to win a Christmas turkey. There will be Trap, Rifle and a fun Kid's .22 Shoot available. For \$5 you could win a whole turkey - or a sausage or ham! Registration starts at 8 am and shooting starts at 9 am and goes until around 4 pm. Competitors do not need to be members of the Ukiah Rifle and Pistol Club to attend and shoot at this event. All competitors must have a current NRA membership Spectators are welcome to come view the events. Everyone must have appropriate eve and ear protection. Juniors are welcome to participate (must be accompanied by a parent or legal guardian and must be able to demonstrate safe gun handling). Disclaimer: All turkeys will be frozen, no live turkeys will be harmed at this event.



Beginning Anew: New Year's Eve Retreat DECEMBER 28 THRU JANUARY



with thousands of luminarias Hot Chocola Friday December 7th, 2018, 5:00pm - 8:00pm Walk & Bike Parade at 6:30pm Meet at the Railroad Depot on Perkins Street

Ukiah on Ice

Hours of Operations December 1 thru December 20 Monday through Friday 3 pm to 8 pm (Wednesday open at 2 pm) Saturday 11 am to 8 pm Sunday 12 pm to 5 pm

Winter Break: December 21 – January 6 Sunday / Saturday 12 pm to 7 pm

Holiday Hours Christmas Eve 12 pm to 7 pm Christmas Day 12 pm to 4 pm

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New Year's Eve 12 pm to 7 pm New Year's Day 12 pm to 4 pm Info: 463-6231, www.cityofukiah.com/ukiah-on-ice/

Grace Hudson Museum Annual Holiday Open House and Craft Fair NOVEMBER 30 &

DECEMBER 1 The Grace Hudson Museum, located

at 431 South Main Street, will hold its Annual Holiday Open House and Craft Fair on Friday, November 30 from 5 to 8 pm, and Saturday, December 1 from 10 am to 3 pm. Visitors will find an array of local vendors selling arts, crafts, food treats and artisanal holiday wreaths. There will also be live seasonal music and refreshments and on Saturday, Santa will be there! The Sun House will be decorated for the season and tours will be available. In addition, the gift shop will offer a 15 percent discount to all shoppers. All proceeds benefit the museum. Info:

Ukiah on Ice Opening Day

DECEMBER 1

Street) or at www.ukiahsymphony.org. Info: 462-0236. The Ukiah ice skating rink will open Saturday, December 1 at Alex Thomas Plaza and will run through Sunday, January 6. In addition to public skating, there are fundraising, private parties, and field trip opportunities available. The opening day will include a demo by the Santa Rosa Flyers junior hockey Start the holiday season with a festive horse and carriage ride! club at 3 pm before the rink opens to the public at 5 pm. The Pear Tree Center is hosting free rides in the JCPenney Vendors will be selling coffee, hot chocolate and doughnuts. parking lot from noon to 4 pm. The Parade of Lights begins at 6 pm and will end at the plaza. Photos with Santa (free) follow at 7 pm. Prices are as follows: \$10 per skate day session (including skates) for unlimited skating; Skate Pass, \$85 for a 10-session punch card; Field Trips, \$8 per student for two-hour skate session. Field trip hours are 10 am to 3 pm. The rink is also available for private Ukiah Vecinos en Acción, (Neighbors in parties up to 100 people. Action), UVA, a Latino Coalition formed by the



hosting a free indoor event from 10 am to 3 pm at Carl Purdy Hall, Redwood Empire Fairgrounds. There will be crafts, vendors, food, Mrs. Claus, music. Kids Craft Corner, and so much more!

Ukiah Symphony

presents

'Vienna's Masters'

Free Carriage Rides

DECEMBER 2

Ukiah Vecinos en Acción

meeting

DECEMBER

The

Masters" takes



www.gracehudsonmuseum.org, 467-2836.





10a-3p

Corner Gallery. Enjoy holiday refreshments; fill your holiday gift list with art, jewelry and more created by local artists.

Annual Holiday Ceramics Sale at Mendocino College

DECEMBER 7

DECEMBER The Mendocino College Ceramics Club & 2 presents its Annual Holiday Sale, from 11 Ukiah Symphony am to 4 pm at the Lowerv Student Center presents "Vienna's Masters," on the Mendocino College campus. This featuring Mozart's "Overture annual sale features advanced ceramics to Don Giovanni"; Janice students' works, holiday wreaths, Culinary Hawthorne Timm conducting Club food and drinks, and live music. Info: the Mendocino College Choir 468-3087. in Haydn's "Paukenmesse;'

The Nutcracker and Beethoven's "Triple Concerto for Violin, Cello DECEMBER 7, 8 & and Piano" played by

the Milou Trio. "Vienna's America's favorite holiday classic comes place to life with a cast of nearly 100 dancers. Saturday, December 1 at 8 Don't miss this wonderful production of a pm and Sunday, December timeless ballet. It will be fun for the whole 2 at 2 pm at the Mendocino College Center Theatre. Tickets are \$30 for adults, \$25 for seniors age 65 and up, and free family. Advance tickets are \$20 for adults; \$18 for seniors over 65; and \$10 for kids for ASB card holders and everyone under 18. Tickets are under 18. Tickets available at Mendocino available at the Mendocino Book Company (102 South School Ballet, Mendocino Book Company in Ukiah, Mazahar in Willits, and online at

www.mendocinoballet.org (\$1 surcharge applied to online purchases). Tickets \$5 more at the door

'Buddhist Economics' scholar to speak at City of 10,000 Buddhas

DECEMBER 8 &

hosting a cookie exchange at 6 pm at The Dr. Clair Brown, economics professor River Ukiah, 195 Low Gap Road. This will and director of the Center for Work, be a wonderful evening of connection with Technology and Society at the University others, lots of different kinds of cookies, of California Berkeley, and author of some games, and the ever-so-fun gift "Buddhist Economics," will speak in exchange. Bring eight dozen cookies in the Buddha Hall at the City of 10,000 order to take a variety home. Bring a gift Buddhas in Talmage at 7:30 pm. A second if you would like to participate in the gift opportunity to meet Brown will be held at exchange (\$15 spending limit, but not Dharma Realm University on December required). Age limit: 13 years minimum. 9. from 9:30 to 11 am. Both talks are free

story of "The Princess and The Pea." Carried on a wave of Eve Retreat at Mariposa Institute from December 28 through wonderful songs, by turns hilarious and raucous, romantic and melodic, this rollicking spin on the familiar classic provides for some side-splitting shenanigans. Director Reid Edelman seeks a large cast of 25 to 35 singers, dancers and actors, ages 14 and up. No prior experience is needed, just a desire to perform and a love of musical theater! Performers will sing to the accompaniment of a live orchestra. The rehearsals will begin in mid-January and continue until the show opens on March 22, 2019. Performances will run through March 31.

should bring sheet music, as an accompanist will be provided. The song will be the initial acting audition as well as the singing audition, so choosing a character song with dramatic content will be helpful. Performers should also save Sunday, December 9 for call-backs from 1 to 5 pm. Info: 468-3172, redelman@ mendocino.edu. 5th Annual Ladies Cookie

Exchange

DECEMBER 9

The River Ukiah Women's Ministry is

Everybody who auditions will need to sing, dance and act. However, no previous training or experience in these areas is needed. For the dancing auditions, performers are asked to wear comfortable clothes and to be prepared to learn a short dance routine that will be performed with a group during the audition. Actors at auditions will also be asked to sing a song of their choosing. If possible, actors

January 1. Celebrate this time for beginning anew with community grounded in joy, kindness, compassion and peace. Connect to live with depth and meaning. The Mariposa Institute is located at 3801 Low Gap Road. Suggested donation is \$100. Register at www.sugarplumsangha.org.





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WW's Ukiah Community Quarterly #4

Ŵ November 29, 2018 November 29, 2018

WW's Ukiah Community Quarterly #4

New endowment fund will support Mendocino College Students enrolled in theatre arts

Submitted by Mendocino College Joundation

The Elwood Fund is a new open-ended memorial endowment fund established to provide scholarships for graduating theatre arts majors and to supplement the theatre department's operational budget. The Mendocino College Department Theatre students for prepares careers in theater. but also for other careers and for life. Students

20

gain organizational and Above: Donor Jim Williams, left, and Theatre Arts Professor Reid Edelman stand beside the original leadership skills which artwork from the 1982 production of Harvey transfer to any field

experience.

mendocino.edu or call 468-3164.

"They develop confidence in their abilities, and they become comfortable speaking and performing publicly," stated Theatre Arts Professor Reid Edelman. "They learn how to meet tight deadlines and operate within a budget. They learn teamwork and the ability to work creatively in collaborative relationships. They learn time-management, and the ability to read a text closely for nuance and detail.

"They experience the joy of

engaging in something for The end of "Upgrades" from page 2

the 'love of it' and thereby confirm that these technologies will work learn to value learning for its well for the SCP community, provide own sake! I can think of no insight into best practices for installers. better preparation for career and quide future energy-saving and personal success than a programs. In the future, the Lead Locally degree in theater!' program will open a physical Energy We invite you to support Marketplace in downtown Santa Rosa,

the fund today with a tax where the public will be able to learn deductible gift. Jim Williams about, test and purchase these energydevotedly established the saving technologies. fund and named it after his

About Sonoma Clean Power first principal role, Elwood

Sonoma Clean Power is proud to serve P. Dowd, in the Mendocino of the counties of Sonoma and Mendocino, College production Harvey, directed by Ellen as a self-funded, public electricity provider Weed in 1982. Williams Climate change affects everyone, so our is a retired educator whose programs are designed for everyone. been enriched SCP's services are practical, affordable life has by his participation in live and inclusive, inviting everyone to be theater. He invites others to part of the transition toward a clean join him in providing a long- energy future. To learn more, visit www.

term sustainable legacy sonomacleanpower.org or call 855-202-



Adventist Health Ukiah Valley installs state-of-the-art newborn safety system

Submitted by Willow Anderson, for Adventist Health Ukiah Valley

With the safety and security of families in mind, Adventist Health Ukiah Valley has recently installed a new and innovative Infant Safety System developed by CertaScan Technologies (www.certascantek.com). This new system allows the hospital to capture high-resolution newborn footprints, which can be used for precise identification in situations like an abduction, lost baby or natural disaster.

Implementation of CertaScan began this month and For more information about the Mendocino College includes the option for new parents to order customized Foundation or to donate toward any of their programs, footprint graphics in addition to the increased safety of this contact Katie Fairbairn, executive director, at kfairbairn@ system. "I think this is a wonderful blessing that Adventist Health Ukiah Valley has allowed us to adopt this program and provide for our families and newest little additions to our community. It just shows how committed this organization is to the safety and welfare of our littlest of patients - our newborns!" shares OB Director Heidi Willsher

> The Newborn Safety System — which uses LiveScan Technology — has garnered attention and praise from the National Center for Missing and Exploited Children and has been included as a recommendation for hospitals in the center's most recent Infant Security Guidelines.

> The system is entirely safe for use on babies and provides outstanding footprint quality. Nurses prefer the system because it is easy to use, seamless to adopt, and replaces the time-consuming and messy ink-and-paper method. The digital footprints and security photo can be stored efficiently in the newborn's electronic medical record. And, much like fingerprints, footprints are a biometric, unique to each baby, so they can be used for identification throughout a lifetime

Each new mom receives a beautiful certificate of her newborn's footprint during her stay. When she returns home, she can visit www.firstfootprint.com to enhance the certificate with colors, different fonts and borders. She can also download a digital copy of her baby's footprint. These additional benefits are provided as a gift from Adventist

Ukiah Vecinos en Acción meeting

TO DISCUSS COMMUNITY MARKET AND DISASTER PLANNING PROJECTS

Submitted by Healthy Mendocino

Ukiah Vecinos en Acción, (Neighbors in Action), UVA, is a Latino Coalition formed products by the community members in 2017. UVA consist of 12 members who are passionate and focused on taking action on issues affecting the Latino population.

This coalition acts as a bridge between agencies and the community with the focus being to enrich the positive presence of Latinos, to serve as a non-bias platform for information, and to build an environment of trust and positive relationships with other

organizations. UVA is currently housed at the ARC Family Resource Center, where it was first created. When the new presidential administration took office in January 2017, agencies and community members would contact the ARC Family Resource Center for information.

As a result, a community dinner was organized where people were invited to come and talk about their worries. ARC Family Resource Center staff went out, did research, conducted interviews, and was recognized and vocalized that there was a lack of Latino leadership; with a few

volunteers. UVA was created. It is very important for UVA to stay connected to the people and to take action on the issues affecting the Latino community. Therefore, UVA incorporated two things in the way we do our work: to host community gatherings and to take action. The purpose of the community gatherings is to hear directly from the people on what the issues are and what we should work on. In addition, it allows UVA to report back to the people on the issues, projects, and any information the people might have asked for.

The second is that UVA takes action by focusing on a project. The project ideas come directly from what we hear at the community gatherings. Currently UVA has two projects: the Community Market and Disaster Planning, with a focus on the Latino community.

Poverty is an issue that came up at a community gathering which led UVA to take action by partnering with Healthy Mendocino's Poverty Action Team. The goal increase their household income through the Community Market. This is a big project which takes a strong collaboration that includes: West Company, Economic Development Financial Corporation, Grace Hudson Language Academy, and the ARC Family Resource Center.

of a storefront. UVA's role is to recruit participants and to make the day of the market fun, exciting and family friendly for buyers to come and buy the participants'

The cohort that the participants will form will go through a series of workshops with West Company to gain skills on how to create and run a business. The benefit of going through this program is participants will get the opportunity to apply for microloans with EDFC for the startup of their business.

In addition, this will prepare participants to be a part of other community events where they can sell their products and as a result, increase their household income. The market will take place at the Grace Hudson Language Academy parking lot where venders will have their booths and entertainment will be welcoming buyers. The hope is that this additional income will assist in raising families and individuals out of poverty

The second project UVA is working on is enhancing communication with the Latino community during a natural disaster or during a state of emergency. According organized a second community dinner to to Healthy Mendocino, 35.73 percent of report back to the people. Out of this, it the county's population is composed of members from Hispanic / Latino decent.

During the devastating Complex Fires in October 2017, most of the communication was conducted in English. The first days of any disaster are the most crucial moments, where clear, fast and accurate information to all residents in their native language is very important.

During a community gathering, UVA received feedback from the people in regard to this issue. Community members stated during the time of chaos, families relied on the radio for news and updates. UVA is taking action by working on a collaboration with KZYX to add a Spanish translation after an emergency update.

addition, the Latino community In expressed interest in training to better prepare themselves and others for disasters. As part of this project, UVA is in contact with local agencies that already are doing disaster trainings to assist and ensure that our Spanish-speaking community is

not left out, especially during emergencies. We are working on researching different trainings and their ability to be offed in Spanish, allowing people to have the same is to decrease the poverty rate in our county information and trainings as the rest of the by giving people a creative opportunity to county, but in their native language. If you or anyone you know would like more information regarding UVA, the Community Market Project or the Project for Natural Disaster information in Spanish, please contact the ARC Family Resource Center at 707-234-3300, find us on Facebook, email us at ukiahvecinosenaccion@gmail.







pho-tog-ra-phress 707-972-7047



Lead Locally Program Manager Chad Asay wants Sonoma Clean Power customers to get involved in building a cleaner energy future.



complete their education while also supporting the ability

of the department to provide an enriched educational

that will help theater majors 2139.

PHOTOS WITH SANTA ment needed Starting at \$7.00

Saturday, December 1st 3-5:30 Thursday, December 13th 3-6

Saturday, December 15th 11-1

- Thursday, December 20th 3-6
- Saturday, December 22nd 11-1

CAMERA 260 S. School Street Ukiah 707-462-3163

IT'S TIME FOR OUR ANNUAL **Canned Food Drive!** Once a year we ask the community to help us by **DONATING HIGH QUALITY CANNED DOG FOOD** Food can be dropped off at the shelter in Ukiah: 298 Plant Road 🗰 Tues-Sat 10 a.m. to 4:30 p.m. 🗰 Wed till 6:30. OTHER DROP OFF POINT OTHER DROP OFF POINTS inbow Ag (Perkins St, Ukiah) Laytonville Laytonville Head JD Redhouse (Willits) elity National Title (Ukiah) 704 E. Perkins Street, Suite D

Pq.6



Saturday, December 8th SPACE Theater 508 W. Perkins Ukiah

Doors Open 7PM; Show Starts 7:30PM Advance Tickets \$25; At the Door \$30 Tickets Available at the Mendocino Book Company www.brownpapertickets.com/event/3817525 For more information, oakandthorn@kzyx.org

Holiday Open

Studio

Saturday

December 1, 2018

Jan Hoyman

Studio

323 N Main S

Health Ukiah Valley.

Adventist Health Ukiah Valley is among the first hospitals in Northern California to provide this innovative service to families. For more information, call 707-456-3213 or email willshhl@ah.org.

Adventist Health Ukiah Valley is part of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Seventh-day Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies, and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of 35,000 includes associates, medical staff physicians, allied health professionals, and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing.



www.savingsbank.com

November 29, 2018

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com, or come to our meetings. UVA meets The Community Market gives individuals every first Monday of the month at 5:45 pm and families the opportunity to take an idea, a skill, or a hobby and turn it into a at the ARC Family Resource Center, 1640 business without the overhead expenses South State Street, Ukiah.

THE ORIGINAL 32ND ANNUAL WILLITS HOLIDAY **CRAFT FAIR FINE ARTS & CRAFTS**

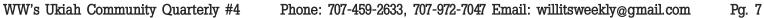
FRIDAY, DECEMBER 7 12:00 Noon - 7:00 P.M. Community Center 12:00 Noon - 9:00 P.M. WCA Upstairs Gallery SATURDAY, DECEMBER 8 10:00 A.M. - 6:00 P.M. SUNDAY, DECEMBER 9 10:00 A.M. - 4:00 P.M WILLITS COMMUNITY CENTER & upstairs at the WILLITS CENTER FOR THE ARTS LIVE MUSIC FRI., SAT. & SUN. **BOTH LOCATIONS KID'S CRAFTS FAIR** SAT. ONLY, 10AM-2PM **Classroom at WCA** OOD & BEVERAGES Willits Community Center **BY THE WILLITS** 111 East Commercial CHARTER SCHOOL Willits, CA A BENEFIT FOR THE Willits Center for the Arts,

71 E. Commercial St.

WILLITS CENTER

FOR THE ARTS

November 29, 2018

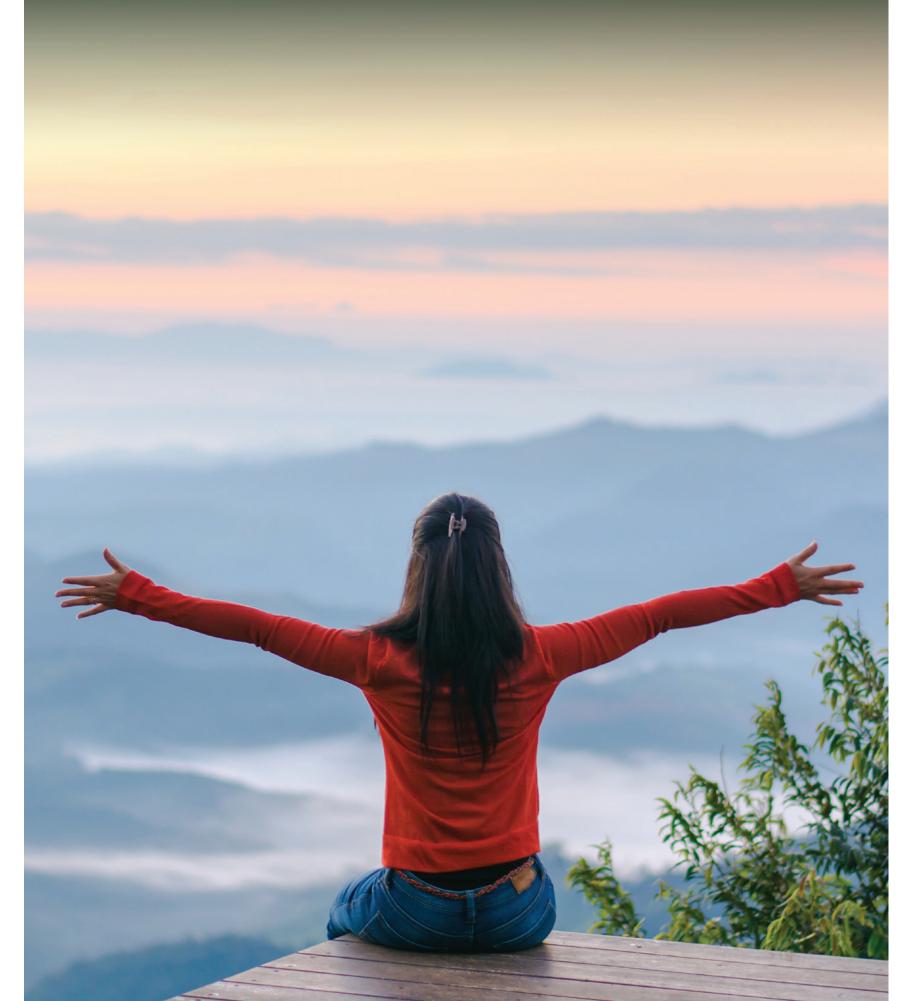


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WW's Ukiah Community Quarterly #4

Expert ear, nose and throat specialists

inspired to help you breathe without pain or pressure





Susan Cordes, MD, FACS



Gregory Porter, MD, FACS



Qi Zhang, MD

If you experience chronic sinus pressure, infections, sinus headaches, difficulty breathing through your nose, or you've been diagnosed with chronic sinusitis, we have good news. Our team of specialists are experts in helping patients to breathe easy with new minimally invasive treatment options including balloon sinus dilation. This procedure uses a small, flexible balloon catheter to open up blocked sinus passageways and drain mucus that builds up. Patients benefit from improved outcomes and can immediately breathe easy again.

TO SCHEDULE AN APPOINTMENT, CALL (707) 462-8855

www.AdventistHealthUkiahValley.org/ENT

1165 South Dora Street, Suite C-2 Ukiah, CA 95482



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