

Donations Accepted Edition No. 280

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Read the rest of  
**Cannabis**  
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**Mike A'Dair**  
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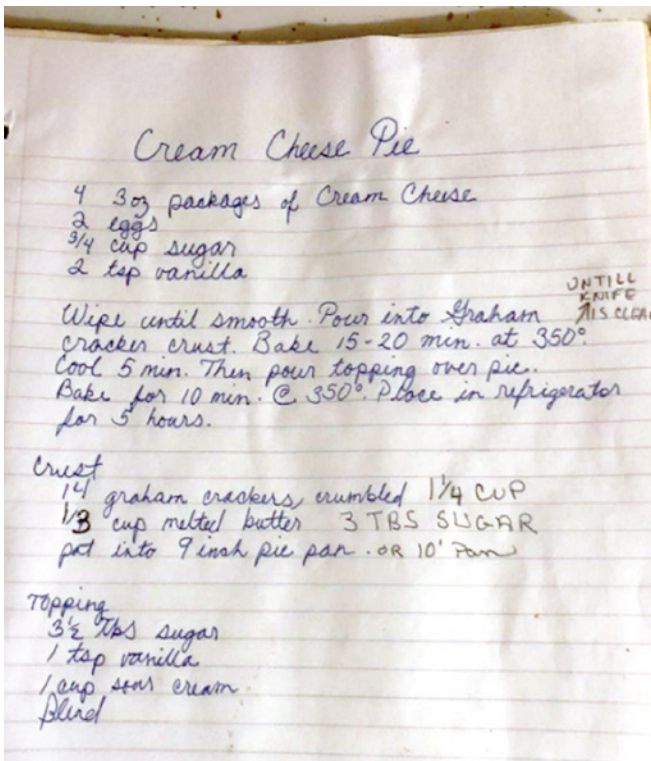
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**Sherwood**  
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Deputies transported the  
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**Caldwell**  
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**Photos by  
Maureen  
Moore**

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**Pie** | *Over on Page 10*



*At top: Joyce Neitz's creamy and dreamy Cream Cheese Pie is like getting to enjoy a cheesecake with seemingly less effort, but still the luxurious payoff. Above: Hand-written recipes are always something to treasure as they pass down through the generations. Below, from left: Ingredients and a plan to make the Cream Cheese Pie. Graham cracker crust sweetened with sugar and stuck together with Irish Kerrygold butter makes the base. First layer set, and cooling before topping with sour cream. Topped, set, and ready to enjoy!*



Read the rest of **Bridge** | *Over on Page 5*



**Above: This long view of the bridge project is stitched together from several photographs. Below: A mobile truss helps fine-tune the leveling of concrete for the upper deck as it is poured.**

*Photos by Michael Hackleman*

**Mike A'Dair**  
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**Forrest Glycer**  
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**Measure J**  
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**Dan McKee**  
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**Settler**  
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# What do YOU think?

Opinions, thoughts and thank you letters from our readers

### Boosters Drive-Thru Dinner

To the Editor:  
I would like to thank the wonderful people who barbequed at all the Willits High home football games in the Willits High School Boosters snack shack: Jim Brackett, Paul Riley, Marie Blancas, Annette Pinon, Dan Pinon, Gerry Gonzalez. Also all the wonderful people who came and helped work in the snack shack: Hailey Riley, Carrie Oliver, Kelley Brackett, Katie Hageman, Rachel Hageman, Mariah Escobedo, Alicia Mehtlan.

We could not have done this without all of you wonderful people donating your time to help boosters. The Booster Club buys new uniforms for the sports teams at WHS. WHS sports teams include football, volleyball, girls soccer, boys soccer, cross country, boys wrestling, girls wrestling, boys basketball, girls basketball, swimming, tennis, golf, track, softball, baseball and cheerleading.

It is with your continued support that we hope to continue this for many years to come. Annually we spend between \$12,000 and \$18,000. This could not be done without our community's help.

This year we are trying something new, and we are having a Drive-Thru Tri Tip Dinner. We would appreciate your support by purchasing a ticket. You can find them at Cat's Meow or Tangles hair salon, or you can contact one of our Boosters members: Jessica Branscomb, Melissa Coughlin, Shailyn Brewer, Santa Calderon, Stan Cooley or Bonnie Riley. The dinner is Friday, November 9 from 4 to 6 pm. Pick up is at the WHS Ag Farm. Dinner feeds four people for \$60. It includes a whole tri tip, beans for four, Caesar salad for four, rolls from Emandal, cookies, and a flower from Flowers By Annette. Thank you for your support, and thank you WHS Boosters.

Bonnie Riley, Willits

### Pinches for supervisor

To the Editor:  
When I was working on the Willits City Council, I worked with John Pinches on many different occasions. He is a hard worker who always listens to views from all sides. He knows the procedures and laws to foster positive progress.  
He is especially proactive and thorough in matters of infrastructure. He was instrumental on projects such as the Willits bypass realignment for the Brooktrails/Highway 101 intersection. This will make the intersection much safer and move traffic through more efficiently. The current lack of an alternative access into and exit from Brooktrails is one of his primary concerns. John is committed to making the solution to this problem one of his primary projects.  
John implemented the Eastside Road Pine Mountain bridge project and many others throughout Mendocino County. He is committed to maintaining repair of the more than 1,000 miles of county roads in Mendocino County which are in constant need of repair as well as ensuring that the citizens of Mendocino County have an ample supply of clean water.  
John Pinches has always had a detailed knowledge of the county budget, finding large sums of money that others had overlooked. In my opinion, John has the knowledge, energy and common sense needed to move our county in a positive and prosperous direction. Please join me in voting for John Pinches for Third District supervisor. Thank you.

Victor Z. Hanson, Willits

### Haschak for supervisor

To the Editor:  
As I have campaigned this past year for Third District supervisor of Mendocino County, I have had the great privilege of meeting many amazing people with a wide range of talents and opinions, discussing with them key issues facing our district and county, and sharing our dreams and visions for a better future. I am constantly in awe of this place we call home.  
I believe we have many strengths to face the daunting challenges ahead. As a public school teacher for 28 years, I look at what we are doing well, what needs fixing, and always how can we do things better. Our economy, emergency preparedness, and governance are areas where we can do much better. You can find my specific platform positions on these issues at haschakforsupervisor.org.

I believe that when we work together, we are better, stronger, and can do so much more. At this time of limited county revenues, I will work with the other supervisors to figure out creative ways to do more with less and deliver improved public services to all the residents of Mendocino County. My experience chairing the Budget Committee of the California Teachers Association's \$200 million budget will serve me well in prioritizing how taxpayer dollars are used.  
My opponent has attacked me for being supported by the working women and men of the in home health care, county employees, and teachers unions. Of course these rank-and-file workers support me. I have pledged not to take the 40 percent raise the supervisors voted for themselves while raises for 80 percent of the county employees who actually deliver county services have been repeatedly put on hold. The Ukiah Daily Journal has endorsed me, recognizing my union connections as a positive that could be a healing force on the board of supervisors.  
My promise to the voters of the Third District is to listen to your concerns and to work as hard as I can to act for the benefit of all. Together we can strengthen our communities. I have been endorsed by Congressman Jared Huffman, State Senator Mike McGuire, State Assemblyman Jim Wood, Willits Mayor Madge Strong, Brooktrails board President Rick Williams, Richard Wilson of Covelo, Dennis Hogan of Laytonville, and many others because they all see me as honest and sensible, a hard worker, and ready to take on the responsibilities of this position. I ask for your vote on November 6.

John Haschak, Willits

### Pinches for supervisor

To the Editor:  
John Pinches' campaign for Third District supervisor is about representing the men, women and children in Brooktrails, Covelo, Laytonville, Willits and all of the outlying areas. It's not about how much money you can donate to his campaign. If people care to donate, the campaign only accepts \$49 or less from any individual or business entity.  
John believes that you have to represent everyone on an even playing field. John's campaign contributions have ranged from \$3 to \$49 for a grand total of \$6,221 and another \$2,000 loan to the campaign from John himself. The total amount raised for the campaign is \$8,221 and the expenditures are \$5,818.94. If the campaign has any funds left over, those funds will be donated to a youth organization.

On the other hand, John Haschak's campaign has taken in \$32,975 from out-of-county donations, \$22,750 from the unions from Sacramento, Los Angeles, Alameda, San Jose and Santa Rosa. John Pinches will not be swayed by the special interest groups. John Pinches will represent everyone fairly and openly. John Pinches will treat people justly and impartially.  
John Pinches' campaign only buys campaign materials, such as signs, handouts, flyers, business cards, balloons, yard posts, and ads from local vendors. He does not shop outside of Mendocino County. The campaign committee has not spent thousands of dollars on numerous flyers that are mailed out targeting various communities, only to end up in the recycling or the garbage.

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**Letters** | Over on page 11

## Vehicle vs. deer collisions on the rise

Submitted by Caltrans District 1, Eureka

Autumn is deer mating season – which means deer are on the move and less cautious about darting out into the road. For example, in the past two weeks, Caltrans crews in Ukiah and Lake County have seen an increase in deer collisions.

"This happens every fall, but it catches drivers off-guard, especially at dusk and right before dawn," said Caltrans Maintenance Manager Marty Sills. It is also mating season for elk, which are less numerous than deer, but just as hazardous to motorists here in northern California.

Drivers should be extra vigilant this time of year and follow these tips for driving in deer country:

- Be particularly attentive between sunset and midnight, the hours shortly before and after sunrise, and in foggy conditions. Most deer vs. vehicle collisions occur during these times.
- Drive carefully in areas known to have high deer populations. Places where roads divide agricultural fields or streams from forestland are particularly dangerous.
- If you see a deer, slow down. Others are probably nearby.
- Use high-beam headlights when there is no oncoming traffic. The high beams can reflect off animal eyes and warn you of their presence.
- If a deer is in your lane, brake firmly but stay in the lane. The most serious crashes occur when drivers swerve.
- Don't rely on deer whistles, deer fences, or reflectors to deter deer.
- If your car strikes a deer, don't touch the animal. If the deer is blocking the highway, call 911.

For more safety information and the latest updates, follow "Caltrans District 1" on Facebook.

## MCOG to tour Willits, Laytonville

Submitted by Mendocino Council of Governments

The Mendocino Council of Governments will meet in Willits on Monday, November 5 for its annual tour of transportation plans and projects in local communities. Council members will take a bus tour of downtown Willits plans and projects at 9:30 am, led by Caltrans staff. Another tour segment will start at approximately 11 am in Laytonville, led by county staff.

There will be stops for brief walks at project locations. After lunch at the Laytonville Fire Department, MCOG will hold its regular meeting there, at 44950 Willis Avenue.

Interested community members are welcome to join the tour on a space-available basis. While seating on the bus is limited, those interested may contact MCOG at 463-1859 for a reservation, subject to availability.

All are invited to attend the council meeting at 1 pm for discussion, public expression and reports. The agenda, which will also have details about the tour itinerary, may be viewed at Laytonville Fire Department or online at <https://mendocinocog.specialdistrict.org/>. All MCOG meetings are open to the public.

MCOG formed as a joint powers agreement in 1972, as mandated by state law, to disburse state and federal funds for transportation, to provide regional planning, and to serve as a regional forum. MCOG is overseen by a board consisting of two county supervisors, a countywide public appointee, and one council member from each of the four incorporated cities. For more information, call the MCOG office at 463-1859 or consult the agency's web site at <https://mendocinocog.specialdistrict.org>.

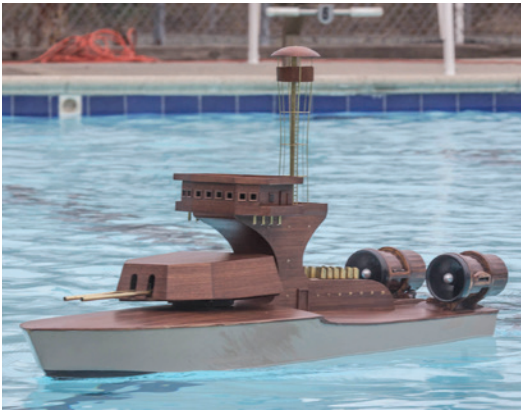
## Willits receives PG&E grant for Emergency Operations Plan update

The City of Willits has received a generous \$5,000 donation from the Pacific Gas and Electric Company to assist with the city's Emergency Operations Plan update work. The donation is part of PG&E's Better Together Giving Program, which is designed to ensure that the neighborhoods that PG&E shares with its customers are great places to live and work.

In 2017 PG&E provided 1,728 local donations to organizations supporting education and workforce development, economic and community vitality, the environment, and emergency preparedness and safety across Northern and Central California.

"The Emergency Operations Plan update is an important part of the city's public safety infrastructure. It helps local officials to prepare for natural disasters and other emergency situations," said Willits Police Chief Scott Warnock.

– Submitted by the City of Willits



Above, from left: Blaine Russell shows Gabby how to work the remote controls. Randy Smith, commander of the Redwood Empire Model Shipwrights Club of Rohnert Park, came up with this concept boat based on a patrol torpedo boat, named "Whynameit." Randy Smith and Blaine Russell pilot their boats. Captain Doug pilots the Monterey fishing vessel with some liquid refreshment.



Above, left: Blaine "Buzz" Russell inspects his fishing boats. Above: Marcus and Gabby look carefully over the details of Captain Doug's vessel. Below, left: Robert Ireland, commander of the American Legion Post 174, looks over one of the battleships. Below, right: Battleships and fishing boats share the waters of the City Pool on a foggy morning. Below, right, at bottom: The Kingston Point and the Southampton show off at the City Pool.

## Model Regatta

### American Legion hosts demonstration of radio-controlled model ships at City Pool

Captain Doug plied the calm waters on his Monterey fishing boat, the type of boat that used to work the ocean out of San Francisco. Doug took over the piloting of the craft when the original captain fell overboard and was lost at sea. Now Doug deftly runs the boat with a smile, one hand on the wheel and the other on his ever-present bottle of beer.

Mathew Caine  
Features Writer  
mathew@willitsweekly.com

His boat rocks easily in the wake of the turn of the 20th century British and German battleships vying for position in preparation for conflict. Captain Doug is unconcerned, knowing he is safe in the pristine blue waters. His small craft is not the target today.

He passes tugs and sailboats out for pleasure cruises on this foggy cool morning. He is forced to turn the wheel quickly to avoid a boat he has never seen before, a boat with a PT base but with a bridge configuration previously unknown and sporting two huge propellers on its aft. The "patrol torpedo" boats were torpedo-armed fast attack patrol craft used by the U.S. Navy in World War II.

The "Whynameit" as it is called commands the entire scene with its raw power and speed. The other boats must stay out of its path.

This was the scene at the Willits High School City Pool mid-morning on Saturday. The boats were miniature,

Read the rest of  
**Regatta** | Over on Page 13



## Inspired by your inner child.

We are on this earth for a reason. You look at life with a child's sense of wonder, eager to learn and willing to love unconditionally. And the way you find joy in even the smallest of things brings a smile to us all. You, and everyone with a youthful heart, inspire us to do more than practice medicine. You inspire us to transform lives.

See inspiration in action at [AdventistHealth.org](http://AdventistHealth.org).

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The Rules: **LETTERS**

Letters & Commentaries: Email letters to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com). Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willits Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits letter publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.

**Willits Weekly**  
A Nostalgic & Modern Record of Community and Life in Willits

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president, Sisemore was elected vice president, Menesini became secretary, and Ray van Pelt was elected treasurer, Menesini told Willits Weekly.

The election ends a bizarre chapter in local history, in which Jennings used unpaid association road assessment fees to levy liens against nine Sherwood Ranch property owners. This occurred after Jennings had failed to send out road assessment statements to SRPOA property owners for the years 2014, 2015 and 2016.

In October 2017, a large majority of property owners on the ranch held a general meeting at the Willits Center for Arts and elected a new board of directors. In that election, Jennings failed to win a seat on the board.

Jennings claimed formation of the new board was illegal and the state's Davis-Stirling Act prohibited the board of directors of any homeowners association in California from removing him from the board. In effect, there were two competing SRPOA boards.

In November 2017, Neary – who had already sued Jennings and the SRPOA in April 2017 on the behalf of a client – sued again, asking the court to recognize the legitimacy of the new board, to remove Jennings as board member and as secretary and treasurer of the organization, and to prohibit Jennings from representing himself as a board member or official of the association.

In April 2018, Mendocino County Superior Court Judge Ann Moorman presided at a trial to determine the facts of the case. After two and a half days of testimony, Moorman halted the proceedings and ordered an election of a new SRPOA board of directors. Moorman herself would supervise the election.

On June 25, she ruled the Davis-Stirling Act did not apply in the instance of the governance of the Sherwood Ranch Property Owners Association. She also ruled the covenants, conditions and restrictions adopted by the SRPOA's then-board of directors in 1975 had expired and therefore no longer provided legal authority for some of the actions taken by the old board of directors.

Details of how the election would be run and how many members would be elected took some time to iron out. On July 2, Moorman ordered the election to begin in mid-August and conclude on August 30. Subsequently, Moorman changed the election dates. Ballots were to be mailed out on August 29, and the deadline for ballots to be postmarked was moved to September 28. Results were announced on October 5, and the first meeting of the new board took place October 10.

In an October 5 scheduling order issued by Moorman, she directed Neary and Jennings' attorney Andrew Cantor to appear in court to "address the relinquishment by prior directors and agents thereof all records of SRPOA business, including but not limited to banking records."

Asked for a comment on the recent proceedings, Jennings emailed the following: "The election just completed was the same as my board unanimously authorized at its July 2017 public meeting. It was conducted in accordance with the rule of law and the SRPOA's governance documents.

"This was all I and the board I served wanted [from] day 1, and I am pleased the court strictly enforced the process.

"Three members were properly elected by written ballot, in an election held with proper public notice to all members. The SRPOA has thus successfully defended itself against hostile takeover by an illegitimate five-member board and prevented the stripping of the liens placed against debtor landowners."

Contacted after Willits Weekly received Jennings' comments, Menesini confirmed that the nine liens are still in place but added that the SRPOA board of directors has requested that Neary act soon to have the court void them.

During a post-election interview, Neary complimented Moorman for her work in supervising the election. He also commented on the outcome of the episode.

"A road association like the Sherwood Ranch association is a basic unit of democracy," Neary said. "The entire dispute, which took two years to resolve, has brought the community out there together. There is a functional board and there is widespread participation by members. This is an outstanding outcome."

## Felony domestic violence arrest in Covelo

Sheriff's deputies arrested Kenneth Whipple, 43, of Covelo, on October 26 after he allegedly repeatedly assaulted his 43-year-old girlfriend at a home in the 76000 block of Henderson Lane.

The woman told investigating deputies Whipple had attacked her physically "numerous times" during an early morning altercation at their home, according to sheriff's Sgt. Quincy Cromer.

"Whipple had also threatened the [woman] during the incident," Cromer said.

The woman suffered multiple injuries to her face and leg which

required medical treatment.

When deputies contacted Whipple, they learned he was on post-release community supervision and probation. Whipple's probation officer issued a hold for his arrest.

Whipple was arrested on suspicion of felony domestic violence battery, making criminal threats, violating his probation, and violating post-release community supervision.

Whipple taken to county jail, where he is being held without bail.

*This report was based on a press release from the Mendocino County Sheriff's Office.*

## The rest of Cannabis | From Page 1

be charged based on gross receipts.

Outdoor cultivation is still banned in city limits.

According to estimates by consultants from HdL Companies, hired by the city earlier this year, the tax ordinance could bring in \$250,000 to \$400,000 per year in revenue for the general fund.

In her written argument in the voter information pamphlet in favor of the measure, Willits Mayor Madge Strong states the tax money would "ensure the city has the resources to support and regulate the cannabis industry without impacting core city services, such as maintaining neighborhood infrastructure, public works and public safety."

Strong also points out the city is not permitted to collect sales tax for medical cannabis, and that, currently, the city's cannabis ordinance only allows for medical business permits for cannabis, not recreational.

"Unlike other consumer sales, the commercial sale of medical cannabis does not produce any sales tax revenue for the city," states Strong.

The maximum annual rates set forth in the ordinance are \$10 per square foot for indoor cultivation with artificial lighting, 6 percent gross receipts for retail dispensaries, 4 percent for manufacturing and processing businesses, 3 percent for distribution companies, and 2.5 percent for testing laboratories.

Cultivation using mixed lighting (artificial and natural) would have a \$7 per square foot maximum, while nurseries with only immature plants for sale would see a maximum of \$2 per square foot.

The "initial" rates in the measure are \$7 per square foot for artificial lighting cultivation, 4 percent for dispensaries, 2.5 percent for manufacturing, 2 percent for distribution, and 1 percent for testing. If Measure I is approved, the city council can choose to either raise those initial rates or leave them as they are before setting them. The rates will then remain in place for a minimum two-year period .

In discussions at council meetings during the planning stages of the excise tax, much higher maximum rates were considered, including a suggested \$25 per square foot for cultivation. However, HdL, which specializes in consulting with cities on cannabis matters, recommended the rates be lowered to improve the chances of success for the new city businesses in the already highly taxed and competitive cannabis industry.

"You want [the tax rate] to be high enough to generate proceeds that are going to help the city out, and low enough that you avoid overtaxing and ensure sustainability," said HdL representative Tim Cromartie at a June council meeting. "You cannot overlook the fact that you are extremely close to ground zero in California for cannabis cultivation. We have a thriving multi-billion-dollar black market right here, and for that reason you want the tax to be low and reasonable."

Cromartie also said at that meeting the cumulative California cannabis state taxes were effectively around 25 percent. Currently, the state charges a tax of \$9.75 per ounce of dried flower for cannabis cultivation, as well as a 15 percent special sales tax for retail purchases.

Councilman Gerry Gonzalez, who was previously on the council's cannabis ad hoc committee along with Strong, feels the city struck a good balance with the rates that ended up in Measure I.

"I think the belief like anything else was we don't want to kill the businesses while they're starting out by overtaxing them,"

## Willits man held on felony warrant

An October 25 traffic stop landed a 50-year-old Willits man in county jail after deputies discovered there was an outstanding warrant for his arrest.

A deputy on routine patrol in downtown Willits noticed a southbound vehicle committing a traffic offense shortly before noon, according to sheriff's Sgt. Quincy Cromer.

After stopping the vehicle on South Main Street and West Valley Street, the deputy contacted the driver, Stian Schwindt, and provided his name to MCSO dispatch for a records check, Cromer said.

It turned out Schwindt had a felony warrant issued for his arrest by Mendocino County Superior Court for drug offenses.

Schwindt was arrested and taken to county jail. Bail was set at \$60,000.

*This report was based on a press release from the Mendocino County Sheriff's Office.*

said Gonzalez, who was mayor at the time the city cannabis ordinance was enacted. "And that's what the consultants kind of wanted to bring into perspective.

"I think that everyone thought that marijuana would be this cash cow, including some of the folks who lobbied us to pass [the cannabis ordinance] ... and I think reality has set in. And so, we want to be fair with those businesses and realistic on our end.

"I think what we weren't necessarily counting on was that everybody and their mother got kind of into the whole taxation thing," Gonzalez continued. "The state kind of jumped in there.... That may make it onerous for the consumer down the road, which means the business may have a harder time getting started. But we want to make sure these folks pay their fair share as far as for some of our infrastructure in town that may be affected, whether it be police or code enforcement – things not necessarily covered in our cost-recovery process."

Gonzalez said he personally would likely support leaving the lower initial rates in place rather than raising them immediately.

The council and city staff have been talking about a cannabis excise tax since they first began city cannabis ordinance discussions, and Gonzalez said they've been honest about that to those considering seeking permits.

"Originally, a lot of the folks came to me [and said], 'Hey thank you very much for passing this.' And I was really up-front saying: 'You know we'll be back with an excise tax in a couple months or a year or so when we get our stuff together. We just want to make sure we lay the path so you can do this legally under the law.'"

Little Lake Fire Department personnel have been inspecting the new businesses for fire code safety, and Fire Chief Chris Wilkes said he supports Measure I, agreeing that funding from the excise tax is fair considering the effects the new cannabis businesses will have.

"Every community, as far as the fire department goes, has target hazards," he said. "And when you have a facility that is using, as an example, ethanol to extract oils from a product, there's a distillation process and it's quite a process. Those are target areas.... I think it's important for Measure I to pass here and make sure the facilities producing those products pay their fair share back into the community. I'd like to see that happen."

The city already charges permit fees for cost-recovery related to cannabis businesses, but council and staff have argued they don't provide enough to mitigate the total impact the new legal industry will have on Willits.

While no cannabis businesses are officially up and running yet, City Planner Dusty Duley said Willits has officially received applications for 12 cannabis activity permits which have brought in over \$155,710 in application fees. Five business licenses have been issued to those permit holders, while seven others are still going through the process of inspections or making construction upgrades.

The 12 permits consist of five for distribution, four for manufacturing, two for cultivation, and one for packaging and processing. One of the cultivation permits is for a 22,000-square-foot facility, while another is for 10,000 square feet.

Duley noted "applicants estimated a total of 72 new jobs will be created to support the 12 new businesses."

Dispensary applications will also soon begin getting processed, according to Duley, with a maximum of three allowed in the city limits.

"Staff has completed a new application for medical cannabis dispensary permits along with guidance documents and is contacting the individuals that have noted interest in applying for a dispensary permit," said Duley in an email.

"There will be a limited timeframe to submit dispensary applications," he added, "so those interested in establishing a medical dispensary should contact the Community Development Department at their earliest convenience."

If there are more than three applicants for dispensaries, a city-appointed committee will decide which applicant receives a permit based on a comparative analysis of the quality and feasibility of their business plans. That committee will include the chief of police, code enforcement officer and community development director.

Gonzalez said from what he's hearing things are going relatively smoothly for the cannabis applicants so far, although some are finding it easier than others to get through the multi-faceted regulation and tax system with state, county and city agencies all involved.

"What I've got from Dusty is I think things are moving along on our end, but the biggest challenge is a lot of the businesses are having to navigate all the state regulations.

"I think some folks are discovering there's a lot of paperwork. Plus, I don't think the state was geared up like they said they were going to be. I think they missed some deadlines, and things kind of dragged out, or there was a lot of unknowns still.

"I think the bigger folks that are capitalized correctly and have done the research," Gonzalez continued, "I think they're able to not only meet our requirements but all the state requirements. Albeit things might drag out at the state level in some ways."

While the city's ordinance doesn't allow for recreational cannabis permits, Gonzalez said that may be something the council will look at in the future. He personally hadn't decided whether or not to support it and is waiting to see how it continues to play out on the state level.

"My opinion is that everything at the state [level] seems like it's not moving along as smoothly as possible.... I'm of the mind that we have to kind of weigh everything out and see what the state's doing before we just jump in."

"I've said all along as mayor, and even now, that we still have to finish birthing this baby," said Gonzalez of the current city cannabis ordinance. "Once we're done with this one, and we can show the people of Willits and even ourselves that we've got this thing running smoothly, then I think we can introduce something else, if it's something we think is good for Willits. Because what might be good for Ukiah or LA may not necessarily be good for Willits."

Gonzalez, Willits chief of police for 12 years, spoke of how his outlook on legal marijuana has changed over the years. He said he became more accepting of legalization as state laws changed, and as acquaintances told him of the health benefits they've seen regarding medical cannabis, such as for preventing seizures.

However, he did warn the town should not become too dependent on the economic benefits of cannabis alone.

"I believe in a diverse economy," he said, "so this is just one aspect of what we want to see happening in town.... A lot of folks who were in the cannabis business were basically trying to tell us this is going to be your next major crop and you should all bank on this.... I don't think that's wise to do that. Having a diversified economy in town is better for the community."



Here and below and at bottom: The state of the work on the infrastructure on the East Hill Bridge on October 7 before the concrete was poured.

Photos by Maureen Moore



## The rest of Bridge | From Page 1

Creek itself with culverts, sand and gravel. Crisscrossing rows of massive wood beams on top of that to support the heavy pile-driving derrick, loaders, and crane to position the steel beams. Pouring 600+ yards of concrete.

After the top deck cured for a week, the forms and supports are beginning to come off. In a few more weeks, his crew will pack up and begin working on another bridge.

"How is it going?" I asked. "The project has gone well," Lepe said. "We have a few weeks to go." Anything special about this project? "I've got three sons working on it. Two are journeymen and one is an apprentice. I'm hoping they will take over the business when I retire in a year." How long has he been building bridges? "Thirty-one years." I told him I liked the graceful curves. "It is beautiful, isn't it?" Lepe said with a big smile.

Jason Wise, the Mendocino County civil engineer overseeing the East Hill bridge project, agrees. "The project has gone well," he said. "I've really enjoyed this crew. They've been easy to work with."

Wise was able to enlighten me on the funding for the bridge. "About 88 percent of the funds come from the Federal Highway Bridge Program, which is administered through Caltrans. The remainder comes from toll bridges and roads in California."

When will the new bridge open? "Near the new year," Wise said. "Another company has the contract to finish the bridge: grading the approaches, adding guard rails, and the changeover of traffic from the old to the new bridge."

What will happen to the old bridge? "It will be removed. A water conduit has been installed inside the new bridge. We are just now plumbing it to intersect the old line on each side of the bridge."

Above, far left: The suction end of the concrete pumping rig.

Above, left: A pump moves concrete from the truck to wherever the deck crew wants it.

At left, from top: The Viking Construction crew works on last of the deck pours.

The fresh-poured upper deck is ready for treatment and a week-long cure.

The top deck of the bridge is poured and leveled.

Photos by Michael Hackleman



## PAID POLITICAL ADVERTISEMENT

ELECT  
**HASCHAK**  
FOR SUPERVISOR

BUILDING STRONGER COMMUNITIES TOGETHER

The Ukiah  
Daily  
Journal

"In the end we are endorsing Mr. Haschak because we think he will represent the City of Willits and North County residents best. Mr. Haschak is an educator and a union leader which ought to make him valuable as the county deals with the increasing tension with its own employees. .. [A] big part of the constituency of the 3rd District has clearly made him their guy and we support that."

## We all support John Haschak for 3rd District Supervisor

### Group Endorsements

Mendocino County Democratic Party  
Inland Mendocino Democratic Club  
North Bay Labor Council  
Operating Engineers Local 3  
SEIU 1021, representing County Employees  
SEIU 2015, representing Longterm Caregivers  
Mendocino Women's Political Coalition  
Mendocino County Democratic Central Committee  
North Bay Labor Council  
National Association of Letter Carriers  
Willits Teacher's Association

### Elected Officials

Jared Huffman, Congressman  
Mike McGuire, State Senator  
Tom Torlakson, California Superintendent of Public Instruction  
Jim Wood, Assembly member Dist. 4  
Madge Strong, Mayor of Willits  
Ron Orenstein, Willits City Council  
Chris Neary, WUSD Board of Trustees  
Marty Clair  
Hal Wagenet, Former 3rd District Supervisor  
Rick Williams, President, Brooktrails Township Community Services District Board  
Tony Orth, Brooktrails Board member, Brooktrails  
Ed Horrick, Brooktrails Board member, Brooktrails  
Debra Broner, Democratic Regional Director  
Dennis Hogan, President of Long Valley Health Center  
Kenny Jowers, Chair Mendocino Democratic Party  
Jim Mastin, Chair Mendocino Democratic Party  
Jenny Nelson, President Brookside PTO  
Karen Oslund, Executive Director, Cancer Resource Center  
Ralph Santos, Brooktrails Township Community Services District Board Member  
Paul Tichinin, Retired Superintendent of Schools  
Tina Tyler-O'Shea, Brooktrails Township Community Services District Board Member  
Annie Waters, President Willits Grange  
Richard Wilson, Past Director of California Dept of Forestry and Rancher

### Individual Endorsements

#### Willits Endorsers

Nathaniel Florez  
Tessa Ford  
Sarita Franklin  
Jane Fletcher  
Beverly Galten  
Allen Garcia  
Leta Garman  
Sharen Garman  
Cathy Garrity  
Ed Garrity  
Dr. John Glyer  
Karen Gridley  
Michael Harrison  
Elizabeth Hart  
Diane Heath  
Baltazar and Aida Hernandez  
Paloma Hill  
Ed Horrick  
David Hughes  
Elizabeth Hughes  
Dina Hutton  
Steve Keyes  
Dori Kramer  
Mont and Kayo Levenson  
Roz and Rick Lina  
Freddie Long  
Yolanda Luque  
Linda MacDonald  
Randall MacDonald  
Jim Marill  
Chris Martell  
Karina McAbee  
Jane McCabe  
Lisa Meya  
Betha Cristina Mora  
Michael Moreno  
Chris Neary  
Jenny Nelson  
Nancy New  
Gerardo Nieto  
Jennifer Nunez-Ward

#### Ron Orenstein

Janet Orth  
Tony Orth  
Carol Orton  
Karen Oslund  
Gary Owen  
Glenn Panella  
Dave Parmenter  
Rick and Kris Pierce  
Angelina Potter  
Eugene Potter  
Mary Reznar  
Jeffrey Ritchley  
Dan Roberts  
David Robinson  
Louis Rohlicek  
Wolfgang Ronnefeldt  
Laura Rowland  
Nancy and Ron Runberg  
Ralph Santos  
Greg and Donna Schindell  
Malakai Schindell  
James Schroeder  
Ed Schuman  
Henry Sheblitz  
Sue Short  
Laura Sleeper  
Dennis Slota  
David Smith  
Tobin Steiskal  
Divora Stern  
Madge Strong  
Lyn Talkovsky  
Ed Tepas  
Steven Thomas  
Tina Tyler-O'Shea  
Paul Uebelhart  
Jennifer Venzuela-Watkins  
Anne and Monte VanderHorck  
Hal Wagenet  
Susan Walz

#### Tom Walz

Annie Walters  
Mara Welker  
Mark Westerburg  
Barbara Willens  
Rick Williams  
Buffey Wright  
  
**Laytonville Endorsers**  
Margaret Bender  
John Bradley  
Susan Bradley  
Dennis Hogan  
Jeffrey Konick  
Daniel Kvaka  
Mare Murphy  
Diane Schankie  
Jon Spitz  
Atta Stevenson  
Kent Westwood  
Lynne Whiting  
Tim Blake  
Nikki Lastreto

**Covelo/Dos Rios Endorsers**  
Wendall Brown  
Kris Brown  
Gus Evans  
Greg Kanne  
Mary Kanne  
Ron Lincoln  
Linnet Lockhart  
Mo Marie  
John Marshall  
Joe Russ  
Hannah Scherzer  
Pat Sobrero  
Richard Wilson

Paid for by Elect John Haschak Supervisor 2018, 19200 Shafer Ranch Rd., Willits, CA 95490, 707-513-6166, Email: supejh2018@gmail.com. Treasurer: Marc Komer, FPCC ID# 1400083 haschakforsupervisor.org



Thursday, November 1

**“The Cannabis Hour”:** “Until last year, the Mendocino County Sheriff’s Office ran and enforced the county’s permitted cannabis program and sometimes shut down black market operations. Now that county and state laws have changed and the county Ag Department and Planning & Building oversee the program, what role does the sheriff play? Mendocino County Sheriff Tom Allman will tell us how he’s busting and why.” Thursday, November 1 at 11 am on the special KZYX Pledge Drive show on KZYX Radio, 91.5-FM. Find the archived show at <http://jukebox.kzyx.org/>.

**Willits Farmers Market:** The market moves indoors to the Little Lake Grange, 291 School Street for the winter, Thursday, November 1, 3 to 5:30 pm. The last of the summer veggies, fresh salad greens, local meats, sausage and eggs, local grains, and savory and sweet baked goods, including handcrafted bread. More: gift items, dog treats, jams and jellies and savory preserves, olive oil and balsamic vinegar, fair trade chocolates, Willits-roasted coffee, tea, fire cider, crafts, knitted goods and jewelry, live music, the new edition of Willits Weekly, and more.

**The Dumb Supper:** “In many cultures, ancestor worship is an ancient practice. The Day of the Dead, or All Souls Day. The Dumb Supper is a silent (a.k.a. ‘dumb’) sharing of food with the dearly departed. Bring small remembrances to honor your dear ones. Build family altars. Share any favorite food of your departed, simple as a bar of chocolate, cookies, a bottle of beer, or as delicious as homemade cornbread.” Thursday, November 1, 6:30 pm at The Muse, 30 San Francisco Street. Suggested donation \$5 to \$20.

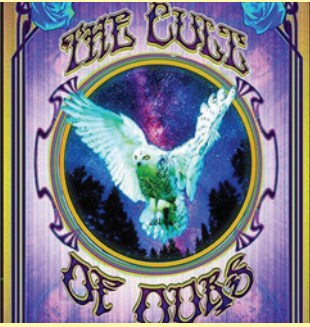
**November Open House:** Thursday, November 1, 6:30 to 8:30 pm, North Street Collective, 350 North Street. Featuring the work of November artist residents, writer Suzanne Rivecca, and painter Peter Makela, and Program Director, Noel Woodhouse. “Meet the artists, explore the works in progress, enjoy the last offerings from the fall garden and savor the culinary offerings from Ashleigh Nahreini.”

Friday, November 2

**Soup & Dessert Luncheon:** Friday, November 2, 11 am to 2 pm. \$7 per person. Enjoy soup and dessert, along with handcrafted items for sale. Drawing for a one-night stay at Benbow Inn with a gift card for meals, painting by Margaret “Peggy” Hebrard, award-winning afghan, and other items. At the Fellowship Hall of Saint John Lutheran Church at 24 Mill Creek Drive. Info: 459-2988.

**Senior Center Annual Potato Bar:** Enjoy baked potatoes loaded with all the fixins’ of your choice, dessert and beverage included, at the Harrah Senior Center, 1501 Baechtel Road. Friday, November 2 from 5:30 to 7 pm. \$10; \$9 for center members; \$5 for kids. Tickets at the senior center; 459-6826

**Shanachie Pub: The Cult of Ours:** “brings a tribal grooveman vibe through a mix of skillful electric improvisation and the blending of energies between the audience and the band.” Friday, November 2, 9 pm. 50B South Main Street.



Saturday, November 3

**Bake Sale:** Willits High School Academic Decathlon team sells baked goods in front of ER Energy (next to Safeway), Saturday, November 3, 9 am to 2 pm. Proceeds to help fund students’ trip to the state competition in March. Donations accepted at PayPal. me/ADecathlon2018.

**Fundraiser Dinner for Khadijah Britton:** To benefit the continuing search for Khadijah Britton. Frybread dinner with vendors and silent auction. Local musician John Perez and award-winning blues artist Tracy Lee Nelson (formerly of Redbone). Tacos \$7, frybread only \$3. Saturday, November 3, 5 to 9 pm at the Willits Community Center, 111 East Commercial Street.

**Prints Art Opening:** Local artist Jazz-minh Moore opens her print show at a reception at ReEvolution Gallery, 15 West Mendocino Street, Saturday, November 3, 5 to 8 pm. Works range from portraits to non-figurative collages and tiny musician drawings, framed and unframed, made to order. Includes works from her recent show at the Willits Center for the Arts. Exhibit through December 31. [www.jazzminh.com](http://www.jazzminh.com).

**Willits Photography Club Opening:** the 17th annual Willits Photography Club show at the Willits Center for the Arts opens Saturday, November 3 with a members only reception at 6 pm; the public is welcome at 7 pm. Show runs through November 24 at WCA, 71 East Commercial Street. Gallery hours: 11 am to 5 pm. Info: 459-1726.

**“Being Still” Opening Reception:** Paintings by Judy Chance Hope at Brickhouse Coffee, 3 South Main Street. Saturday, November 3, 6 to 9 pm. Exhibit through December 31.

**Shanachie Pub: The Self Fulfilling Prophecies:** “This local group features Morgan Stocker (nacho the stockrocker), Buckminster West and Bodhi Idarius, who all grew up in Ukiah.” Saturday, November 3, 9 pm. 50B South Main Street.

Sunday, November 4

**Last Chance for “Out of the Ashes”:** Featuring more than 30 pieces by local artists, this exhibit celebrates the indomitable spirit of the Redwood fire survivors. The Mendocino County Museum is open 10 am to 4:30 pm, Wednesday through Sunday. Last day of the exhibit Sunday, November 4. Info: [www.mendocinocounty.org/government/museum](http://www.mendocinocounty.org/government/museum) or 459-2736. 400 East Commercial Street. Free museum admission with your Mendocino County Library card.

Monday, November 5

**Transportation Project Tours:** Mendocino Council of Governments (MCOG) will meet in Willits on Monday, November 5 for its annual tour of transportation plans and projects in local communities. A bus tour of downtown Willits

Ongoing Events

**Friday Potluck Bingo:** Harrah Senior Center presents Potluck Bingo on Friday nights. Doors open at 5 pm; games begin at 5:30 pm. Minimum bingo buy-in \$5. 1501 Baechtel Road. Info: 459-6826.

**Weekly Parkinson’s Discussion and Support Group:** Every Thursday, 10:30 to 11:45 am. In the Conference Room at Willits Senior Center, 1501 Baechtel Road. Info: 459-1941.

**German Conversation Class:** Ongoing non-denominational German conversation/book reading class is open to new members (middle to advanced German speakers). No charge, but donations gladly accepted. St. John Lutheran Church, 24 Mill Creek Drive. Mondays from 7 to 8:30 pm. Info: Doris Wier, 456-9246.

**Tibetan Buddhist Meditation Group:** Meets every Tuesday at 6:30 pm, at the Muse, 31 East San Francisco Avenue. Info: 456-9425 or [honemann@yahoo.com](mailto:honemann@yahoo.com).

**Willits Community Drum Circle:** 7 to 10 pm at the Saint Francis in the Redwoods Episcopal Church, 66 East Commercial Street. Every 2nd and 4th Friday. Free. Everyone is welcome. Info: 459-4932.

**Willits Library Activities:** Wednesdays: 11 to 11:30 am “Play Group,” and 3:30 to 5:30 pm “Lego Day” (bring your imagination and start building); Thursdays: 11 to 11:30 am “Story Time.” Willits Library, 390 East Commercial Street. Info: 459-5908.

**Willits Seed Lending Library:** Offering information on seed saving and gardening. Seeds of flowers, herbs, and vegetables are free to seed library members, and seed donations are gladly accepted.

**Al-Anon Meeting:** Thursday nights from 6:30 to 6:30 pm at the Baechtel Creek Village Community Room (behind Rite-Aid) at the Evergreen Shopping Center. Saturdays at 10 am at St. Francis Episcopal Church Fellowship Hall, 66 East Commercial Street. “Al-Anon Family groups are a fellowship of relatives and friends of alcoholics who share their experience strength and hope to solve their common problems. We believe that alcoholism is a family illness and that changed attitudes can aid recovery.

**Drop-In Knitting Circle:** Every Saturday of the month, from 2:30 to 4:30 pm at the Willits Branch Library, 390 East Commercial Street. “Bring your own projects or your yarn and needles; we have

What’s Happening Around Town

plans and projects at 9:30 am, led by Caltrans staff. Another tour segment will start at approximately 11 am in Laytonville. Those interested may contact MCOG at 463-1859 for a reservation, subject to availability. Open to the public.

**“V For Vendetta” Screening:** Monday, November 5, 7 pm, Little Lake Grange, 291 School Street. “There are few movies that catch the tenor and danger of modern political times as brilliantly as the Wachowskis’ ‘V For Vendetta’.” It resonates like few other dystopian films can. It is a graphic novel nightmare of what is hovering over the horizon.”



Tuesday, November 6

**Election Day:** Polls open from 7 am to 8 pm. Exercise your constitutional right in two locations: Willits Community Center, 111 East Commercial Street; Brooktrails Community Center, 24860 Birch Street. Check your sample ballots for your location.

**Twining Time:** Join Twining Time – John Wagenet and Anita Blu – on the first Tuesday of every month.

November 6, 12:30 to 3 pm at Brickhouse Coffee, 3 South Main Street. “Folk/ Country/Americana Roots, plus new and old favorites as well as original music. Polished two- and three-part vocal harmonies, acoustic guitar and keyboard.” Info: 459-1598. Visit <https://twiningtime.weebly.com>, “Twining Time” on Facebook, or [www.reverbnation.com/johnwagenet](http://www.reverbnation.com/johnwagenet).

**Election Night Party:** John Haschak, candidate for Third District supervisor is hosting an election party at Brickhouse Coffee, 3 South Main Street, Tuesday, November 6, 6:30 to 10 pm. Live music by the Dorian May Trio and special guests. Food and beverages available. Open to the public.

**Tightwad Tuesdays at the Noyo Theatre:** All 2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week’s Tightwad movie, “A Star is Born.” For showtimes: [www.noyotheatre.com](http://www.noyotheatre.com). 57 East Commercial Street. 459-6696.

Wednesday, November 7

**North County Women in Business:** Kitty Norris and Chrystina Lynette Patterson (managing director of the Willits Community Theatre) speak at the Wednesday, November 7 meeting at the Willits Center for the Arts. Discussion of the history of the theater, current happenings, and how it all comes together. 8:15 to 9:30 am. 8 am for networking and coffee. First-time attendees and Willits Chamber members, free. \$5 for returning non-Chamber

members. Please RSVP by November 4 for food planning purposes.

**Willits Intentional Community:** “Senior-friendly, multi-generational intentional community. We are forming a vision statement and are clear that we want our community to be rural and close to Willits,

have a community garden, a vegan kitchen and dining hall, movement spaces (yoga, meditation, dance, etc.), visual art studio and more. To help us form the community, please join.” Wednesday, November 7, 7 pm at the Willits Hub, 630 South Main Street. Contribution \$1 to \$3 to help pay for the space. Information: [MendoIntentionalCommunity@gmail.com](mailto:MendoIntentionalCommunity@gmail.com)

Thursday, November 8

**Willits Farmers Market:** The market is now indoors at the Little Lake Grange, 291 School Street for the winter, Thursday, November 8, 3 to 5:30 pm. The last of the summer veggies, fresh salad greens, local meats, sausage and eggs, local grains, and savory and sweet baked goods, including handcrafted bread. More: gift items, dog treats, jams and jellies and savory preserves, olive oil and balsamic vinegar, fair trade chocolates, Willits-roasted coffee, tea, fire cider, crafts, knitted goods and jewelry, live music, the new edition of Willits Weekly, and more.

**Open Studio Empowerment Event:** Learn Kinesiology – self testing. November 8, 6 to 7:30 pm. Guest speaker, Debbie Fry. Cultivate Wellness Studio, Little Lake Grange, Room #4, 291 School Street. RSVP Michelle 707-972-1601, Claudia 707-354-3111. Monthly series.

**Brooktrails Fire Route Meeting:** Hosted by Sherwood Firewise Community to discuss recent unanimous approval by the supervisors to direct county staff to research and pursue funding for additional evacuation routes for the Sherwood Corridor. Thursday, November 8, 7 to 9 pm. Brooktrails Community Center, 24860 Birch Street.

Friday, November 9

**Tri Tip Drive Thru Dinner:** The Willits High School Boosters, whose fundraising activities buy uniforms for the sports teams and other needed equipment, is putting on their first drive-through tri tip dinner, Friday, November 9, 4 to 6 pm at the Willits High School Ag Farm, 299 North Main Street. \$60 buys dinner for four persons, including tri tip, beans, Caesar salad, rolls from Emandal, cookies and a flower from Flowers By Annette. Tickets available at Cat’s Meow, 29 South Main Street, Tangles hair salon, or call Jessica 707-489-1478 or Bonnie 707-272-6262.

Willits Garden Club Meeting

November 12

The Willits Garden Club’s next monthly meeting is on Monday, November 12 at the Clubhouse of the Golden Rule Mobile Home Park, 16100 Highway 101 (five miles south of Willits at the Seabiscuit Ranch turnoff). Visitors welcome. Sarah Foley of the Mendocino Herb Guild will provide handouts with her demonstration, with questions after. Refreshments and social time at 12:30 pm; short business meeting at 1 pm before the program, which generally wraps up by 2:30 pm. Meetings are every second Monday. Information: [willitsgardenclub.org](http://willitsgardenclub.org), club president Scott Bryant, 760-963-6248, or vice president Shannon Furr, 707-321-8760.

Willits Center for the Arts  
Art Talks  
with  
George O’Hanlin  
of Natural Pigments, Willits, CA  
The Fascinating History of Color

November 9th at 6:30 pm.

Origins of Colors

Where did the colors used by the old master originate? How did they achieve the luminous and beautiful colors we see in their paintings? George O’Hanlin has traveled the world in search of unique sources of pigment. As founder of Natural Pigments, an artists’ materials company, he brings his expertise to focus on the origins of pigment used by medieval and Renaissance artists as well as their revival by contemporary artists. He will discuss the physical and visual characteristics of many common and exotic pigments and show how these masters used them to create their masterpieces. The lecture will be accompanied by digital image projection. His lecture was first presented in 2006 at the National Gallery in Washington, DC. The presentation will be followed by questions and answers and is designed for painters of all mediums and anyone interested in pigments.

WILLITS HARRAH SENIOR CENTER  
INVITES YOU TO AN ANNUAL  
**BAKED POTATO BAR**

FRIDAY, NOVEMBER 2, 2018  
5:30-7:00 PM  
YOUR CHOICE OF TOPPINGS  
DESSERT & BEVERAGE INCLUDED

MEMBERS -- \$9  
(MOST MONTHLY MEETING ONLY)  
ADULTS -- \$10  
CHILDREN -- \$5

TICKETS ARE AVAILABLE AT  
WILLITS HARRAH SENIOR CENTER  
1501 BAECHEL ROAD  
WILLITS, CA 95440  
707-459-6826

Candidate forums available online

Make sure to vote on Tuesday, November 6!

If you missed the October 4 candidate forums for Willits City Council candidates and for Third District supervisor candidates, videos of the forums are online on WCTV’s YouTube channel: [www.youtube.com/user/WillitsCommunityTV](http://www.youtube.com/user/WillitsCommunityTV). And also broadcasting on Channel 3 Comcast TV.

**“The History of Color”:** Art Talk with George O’Hanlin, founder of Natural Pigments,

**Fascinating of Color”:** Art Talk with George O’Hanlin, founder of Natural Pigments,



Friday, November 9, 6:30 pm. How did the old masters achieve the luscious and luminous colors we see in their paintings? O’Hanlin brings his expertise to focus on the origins of pigments used by medieval and Renaissance artists and their revival by contemporary artists. Free event at the Willits Center for the Arts, 71 East Commercial Street.

**Shanachie Pub:** Jon Gonzales: “Jon Gonzales weaves ukulele folk-hooks with lyrical psychedelic satire.” Friday, November 9, 9 pm. 50B South Main Street.

Saturday, November 10

**Veterans Day Breakfast:** Willits American Legion Post 174, Saturday, November 10, 8 to 11 am. 191 North Main Street. Free to all veterans, military and emergency response personnel, fire fighters, law enforcement officers, Boy & Girl Scouts.

**Sing Out! For Cancer:** Community sing-along, Saturday, November 10 at the Willits Center for the Arts from 5:30 to 8:30 pm. Fundraiser for the Cancer Resource Centers of Mendocino County. Sweet and savory pie and non-alcoholic beverages included. Beer and wine available at an extra cost. Richard Jeske, Don Willis, and Cherie Sheraque will play live music, with the crowd singing along to ‘60s and ‘70s rock and soul hits. \$10 in advance, at Cat’s Meow and online at [www.crcmendocino.org](http://www.crcmendocino.org), or Cancer Resource Centers’ Ukiah office at 590 South Dora Street, or by calling the CRC, 707-937-3833. \$15 at the door.

**Shanachie Pub:** Michael Trew: “Michael Trew is a songwriter, native to the Pacific Northwest. He formed art-rock group Autumn Electric, releasing five albums and touring nationally from 2008-2015.” Saturday, November 10, 8 pm. 50B South Main Street.

Sunday, November 11

**“Honor and Remembrance Flag” Dedication Ceremony:** Sunday, November 11, 2 pm. Mendocino County Vietnam Veteran’s Memorial, 400 East Commercial Street (Mendocino County Museum). The American Legion Willits Post 174 and Vietnam Veterans Memorial benefactor Denis Miner are sponsoring the placement of an Honor and Remembrance Flag at the memorial acknowledging all Mendocino County veterans.

**Dirty Cello Concert:** “The San Francisco band, Dirty Cello, brings its high-energy blues, bluegrass and rock with a unique spin” to the Willits Community



Theatre on Sunday, November 11 at 2 pm. Advance tickets are \$20 and available in person at Mazahar, 38 South Main Street; online at [brownpaperickets.com](http://brownpaperickets.com); or by phone 24/7 at 800-838-3006. Tickets available at the door until sold out. 37 West Van Lane (behind Shanachie Pub).

Willits FFA  
**Apple Pie Sale**

HOME MADE APPLE PIE FUNDRAISER  
*\$15 each*

Contact Marcy at (707)272-5395 to reserve your pie.

Pies will be available  
November 19th - 21st

Local apples grown in the Willits FFA orchard.  
Pies will be available to take & bake or we can bake for you!

Senior Center Lunch

Week of November 5 through November 9

**Monday:** Carnitas Pork Burrito, wet with Green Sauce

**Tuesday:** Spaghetti with Meat Sauce

**Wednesday:** Ham & Beans

**Thursday:** Biscuits & Sausage Gravy

**Friday:** Chiles Relleno Casserole

Harrah Senior Center serves lunch five days per week from 11:45 am to 1 pm. \$6.50 for those 55 and older; \$8 for those under 55. Includes soup, salad, entrée, vegetable, dessert, and drink. Salad Bar available all year. 1501 Baechtel Road. Info: 459-6826.

Transportation Project Tours

November 5

Mendocino Council of Governments (MCOG) will meet in Willits on Monday, November 5 for its annual tour of transportation plans and projects in local communities. Bus tour of downtown Willits plans and projects at 9:30 am, led by Caltrans staff. Another tour segment will start at approximately 11 am in Laytonville, led by county staff. There will be stops for brief walks at project locations. After lunch at the Laytonville Fire Department, MCOG will hold its regular meeting, at 44950 Willis Avenue in Laytonville. Community is welcome to join the tour on a space-available basis. Contact MCOG at 463-1859 for a reservation, subject to availability. All invited to attend the MCOG meeting at 1 pm for discussion, public expression, and reports. The agenda may be viewed at Laytonville Fire Department or online at <https://mendocinocog.specialdistrict.org/>. Open to the public.

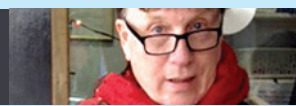
Willits Toy Run

November 25

The 26th Annual Willits Toy Run takes place Sunday, November 25, 12 to 3:30 pm. Live music by King Snake’s Blues Band. No bike needed. Come and join the party. Admission is one unwrapped toy (for ages 1 to 17 years old). Benefits the Willits Children’s Christmas Program, sponsored by the Willits Rotary Club with thanks to Willits Lions Club and Little Lake Fire Department. Run starts at noon at the Evergreen Shopping Center, party at the Little Lake Grange, 291 School Street. Info: [roadgildebandit@gmail.com](mailto:roadgildebandit@gmail.com).

**Send in your calendar listing to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com)**  
**Deadline is Monday for Thursday publication!**

AT THE MOVIES



‘A Star Is Born’

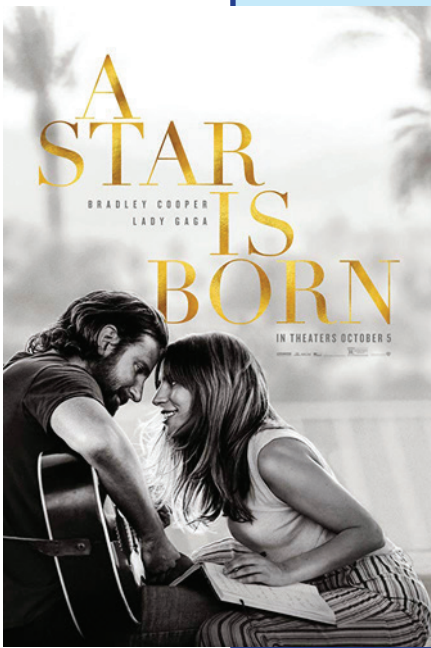
**The Story:** A new version of the classic drama with musical performances. It is a fourth remake of “A Star is Born,” and Hollywood loves a remake ... with stars. The first featured Janet Gaynor and Fredric March; the second featured Judy Garland and James Mason; the third featured Barbra Streisand and Kris Kristofferson. In this latest version, an immensely successful musician (Bradley Cooper) who boozes to excess and snorts coke meets a gifted singer-songwriter (Lady Gaga/Stefani Germanotta) and helps her achieve her dreams. They fall in love.

**My Thoughts:** This version of “A Star is Born” has everything: glamour, beautiful women and handsome men, cute kids and a dog; it is emotionally pure and musically and dramatically compelling; it has Oscar written all over it. Bradley Cooper wrote and directed and starred. He’s a fine actor, and this flick is his first directing effort ... and what a debut! He nails it! Also,

Cooper’s singing and guitar picking are solid. As for Lady Gaga, her on-screen image and acting stunned me. She appears without the distracting Gaga mask, and she’s magnetic. Her powerful gorgeous emotional crooning is thrilling, it fills the theater. Such beautiful love songs, such beautiful heartbreak. Note: bring tissues.

**Parents:** There’s sex, drugs, booze and despair ... not for children. Teens and up.

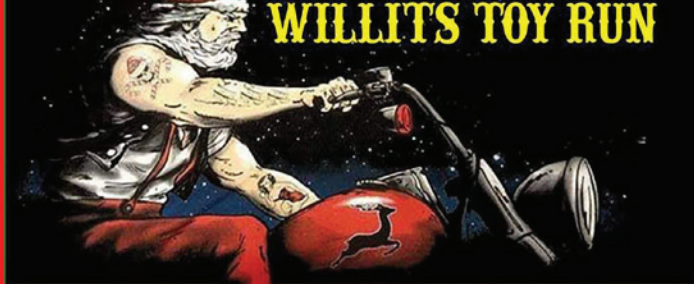
*Willitsian Daniel Essman prefers his reality attenuated by the wisdom of the imagination.*



SUNDAY, NOVEMBER 25, 2018

THE WILLITS WILD BUNCH PRESENTS THE 26TH ANNUAL

WILLITS TOY RUN



**Food & No Host Bar  
Great Raffle Prizes  
Live Auction  
Rain or Shine**

Everyone Welcome! - No Bike, No Problem—Join the Party!

Run leaves Evergreen Shopping Center, Noon  
Party at Little Lake Grange  
291 School Street, Noon to 3:30 pm  
Admission: One Unwrapped Toy (for ages 1 to 17)

Benefit for the Willits Children’s Christmas Program  
Sponsored by the Willits Rotary Club  
Special thanks to Willits Lions, Little Lake Grange, and Little Lake Fire Dept.  
Information: [roadgildebandit@gmail.com](mailto:roadgildebandit@gmail.com)

St. John Lutheran Church welcomes the community to attend a

Soup & Dessert Luncheon



on Friday, November 2  
from 11 a.m. - 2 p.m.

**\$7 per person**

Wonderful handcrafted items for sale!

- A one-night stay at Benbow Inn with gift card for meals
- Painting by “Peggy” Margaret Hebrard
- Award-Winning Painted Rose Afghan
- Thanksgiving and Tea Party Baskets - and other items

Event to be held at the Fellowship Hall located at  
24 Mill Creek Drive in Willits  
707-459-2988

Apple Pie Fundraiser

November 19 – 21

“Do you love apple pie but wish baking wasn’t so much work? Willits FFA has you covered – homemade apple pie just in time for your Thanksgiving meal. Supply is limited, so reserve your pie now!” The Willits FFA is offering pies for \$15 each, made with local apples grown in the FFA orchard. Take and bake, or they will pre-bake. Call Marcy at 707-272-5395 to reserve your pie.



Willits Rotarians Jolene Carrillo and Mike Smith, at left, present "the big check" to Erin Holzhauser and Christine Dill of the Seabiscuit Therapeutic Riding Center.

Photo by Jennifer Poole



**SPIRITUAL PATHWAYS**

**Amazing Grace Assembly of God Church**  
803 Coast Street  
P.O. Box 489, Willits  
Sunday School - 9:30 a.m.  
Morning Worship - 10:30 a.m.  
Pastor, Bill Nobles  
Information: 456-9668  
EVERYBODY IS WELCOME

**Eckankar: The Path of Spiritual Freedom**  
• Sound of Soul events  
• Membership Discourses  
• Spiritual Discussions  
• ECK Light & Sound Services  
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**Grace Community Church**  
Celebrating Life In Christ  
25 Hazel Street, Willits  
Adult Sunday School - 9:30 a.m.  
Coffee Fellowship - 10:30 a.m.  
Worship Service &  
Children's Church - 11 a.m.  
Mid-week Bible Studies  
**Potluck every 2nd Sunday**  
Alan Klier, Lead Pastor  
459-3106

**St. Anthony of Padua Catholic Church**  
61 W. San Francisco Ave.  
Willits, CA 95490  
Father Aaron Bandman  
Mass times:  
Saturday confessions - 4:45 p.m.  
Saturday Vigil - 5:30 p.m.  
Sunday Mass - 9:00 a.m. English  
10:30 a.m. Spanish  
We welcome All Walks of Faith

**St. Francis Episcopal Church**  
1 North Main Street, Willits  
707-459-3066  
Church Services / Communion &  
Sunday School - 10:00 a.m.  
Healing Prayer 3rd Sunday  
**ALL ARE WELCOME**  
The Rev. Betsy Bruneau

**St. John Lutheran Church**  
Karl Bliese, Pastor  
Church Service:  
Sunday 10:00 to 11:00  
Bible Study / Sunday School  
following the service.  
(707) 459-2988  
24 Mill Creek Drive  
**ALL ARE WELCOME**

**Willits Seventh-Day Adventist Church**  
399 W. Mendocino Avenue  
707-459-5714  
Sabbath School - 9:15 a.m.  
Worship Service - 10:45 a.m.  
1st Sabbath of every month  
family potluck at the school.  
22751 Bray Road, Willits

**Willits United Methodist**  
A Christ centered, progressive church  
**ALL ARE WELCOME**  
286 School St. (at Pine)  
Rev. Rosemary Landry, pastor  
Worship Celebration  
Sundays - 11:00 a.m.  
Children's Sunday School - 11:15 a.m.  
459-2855  
Facebook: www.facebook.com

— Jennifer Poole

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Fax: 707 459-6369

Do You Have A  
**Covered Riding Arena?**  
The Seabiscuit Therapeutic Riding Center  
A Non Profit 501(C)(3) at Ridgewood Ranch Is Looking To Buy A New or Existing Structure To Cover Their Arena  
If YOU Have an Existing Arena Roof Structure Which You would like to Sell or Donate and It Can Be Disassembled and Moved Please Call John at (707) 485-2274 or Diane at (707) 489-8372

## All-season arena

Willits Rotary's Claws for a Cause raises \$54,000+ for Seabiscuit Therapeutic Riding Center

The Willits Rotary Club's annual fundraising dinner at Ridgewood Ranch, Claws for a Cause, netted a whopping \$54,159.18 for the Seabiscuit Therapeutic Riding Center. Rotary has been putting on the fancy filet mignon and Maine lobster dinner to benefit STRC for "four and a half years," event chair Mike Smith said, explaining that the first dinner was "sort of a trial run, to see if the concept worked."

Funds raised by the successful event, including silent and live auctions, have helped to support the program in general and to provide scholarships, but \$20,000 of this year's total went into a special fund to buy a covering for the horse arena which would allow the program to help clients all year-round.

"It's too hot for the kids in the summer, and the arena is unusable in the winter," Smith told fellow Rotarians at their fourth-Thursday lunch meeting catered by Roots Cafe at Adventist Health Howard Memorial. The Rotarians meet and eat in the hospital's Seabiscuit Conference Room.

The cost to buy a covering would be between \$60,000 and \$140,000 – "depending on if we cover half of the arena or the whole thing," Smith said.

Smith and fellow event organizer Jolene Carrillo presented "the big check" to Erin Holzhauser, director, and Christine Dill, board member, of STRC at last week's meeting.

"Thanks to Mike, Jolene and Ann [Alumbaugh] for their hard work putting on this event," Holzhauser said, "and thanks to all of you for your support. A lot of exciting things happen with our program because of your help."



THANK YOU FOR LETTING ME SERVE AS YOUR 3RD DISTRICT SUPERVISOR. I WOULD SINCERELY APPRECIATE YOUR CONTINUED SUPPORT AND VOTE

PAID FOR BY THE COMMITTEE TO ELECT JOHN PINCHES FOR SUPERVISOR 2018 • ID # 1402574

**ELECTION DAY IS NOVEMBER 6, 2018**

**VOTE PINCHES**

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Starts Friday, Nov. 9th:  
**THE GRINCH**

**BOHEMIAN RHAPSODY**  
(PG13) 2 hrs 15 mins  
Fri: 5:00 & 8:00pm  
Sat: 2:00, 5:00 & 8:00pm  
Sun: 1:00, 4:00 & 7:00pm  
Mon-Thurs: 4:00 & 7:00pm  
Movie Times for 11/2 thru 11/8

**NUTCRACKER & THE 4 REALMS**  
(PG) 1 hr 39 mins  
Fri: 6:00 & 8:15pm  
Sat: 1:30, 3:45, 6:00 & 8:15pm  
Sun: 12:30, 2:45, 5:00 & 7:15pm  
Mon-Thurs: 5:00 & 7:15pm

**A STAR IS BORN**  
(R) 2 hrs 15 mins  
Fri: 5:30 & 8:30pm  
Sat: 2:30, 5:30 & 8:30pm  
Sun: 1:30, 4:30 & 7:30pm  
Mon-Thurs: 4:30 & 7:30pm  
This Week's Tightwad Tuesday Titles are in RED - All tickets: \$5

The rest of Reports | From Page 1

According to the "California Form 460s" – cumulative reports for multi-month reporting intervals during the year – for the period from September 23 through October 20 the Haschak campaign took in \$6,348 while the Pinches campaign took in \$635. During the same period, the Haschak campaign spent \$6,875; the Pinches campaign spent \$200.

According to Schedule A, which details Form 460 contributions and expenditures for the period ending October 20, Willits businessman Rich Padula gave \$500 to the Haschak campaign, making his total contribution for the year \$1,500.

Sacramento-based SEIU Chapter 1021, which represents the majority of workers for the County of Mendocino, contributed \$3,000 and the United Food and Commercial Workers, Local 5 Political Action Committee contributed \$1,000 to the Haschak campaign during the same period. Ryan Henson contributed \$250.

Lynn and Roy Williams, Jean Kaplan, Bruce and Dina Hutton, the Inland Mendocino County Democratic Club, Dennis Slota, Alan Nicholson, Dan Antonoli and Judith Popowski each contributed \$100 to Haschak's campaign during the period September 23 through October 20.

A closer look at the 460 reports filed with the county throughout the year shows similar spending and contribution trends for the two candidates.

The "Calendar Year Summary" on the 460 report for the period May 20 through July 31 indicates the Haschak campaign accepted contributions worth \$11,566 and spent \$11,438 from January 1 through June 30. During the same period – mostly before the June 5 primary election – the Pinches campaign took in \$5,586 and spent \$4,189.

From July 1 through October 20 – the part of the year applicable to November's general election – the Haschak campaign took in \$35,248 and spent \$21,415 while the Pinches campaign took in \$1,635 and spent \$1,630.

Haschak started his campaign in October 2017 with a personal \$5,000 contribution. The campaign also began accepting donations at that time. By December 31, 2017, the Haschak campaign had collected \$8,805 and had spent \$4,225.

Altogether, according to the 460 forms, the Elect John Haschak Supervisor 2018 campaign collected \$55,621 from October 10, 2017, through October 20, 2018, and spent \$41,553 during the same time period.

From January 1, 2018, until October 20, 2018, the John Pinches for Supervisor Committee received a total of \$8,221 in contributions and spent \$5,818. The contribution side of the Pinches campaign included a \$2,000 loan Pinches made to his campaign in March 2018.

The Haschak campaign has spent roughly half of its funding on two businesses: Green Dog campaign consultants (\$10,400) and Santa Rosa Printing (\$10,674). The campaign also spent \$801 on information technology consultant Leo Buc and paid Mendocino News Media of Ukiah \$455.

The reported expenditures for the Pinches campaign include \$1,796 to Ukiah Signs, for signage, and \$1,555 to campaign treasurer June Sizemore for campaign materials and office expenses. The Pinches campaign also donated \$200 to Healthy Start in Laytonville.

Throughout the run-up to the primary election and the general election, the Haschak campaign has received four large contributions from the Service Employees International Union, which represents 70 percent of all county government employees at the contract negotiating table. Including both the primary and the general elections, SEIU contributed to the Haschak campaign in three ways: as the SEIU Local 2015 State Political Action Campaign, as the SEIU Local 1021 Candidate Political Action Campaign, and as SEIU Local 1021.

On May 14, the Haschak campaign received a contribution of \$5,000 from SEIU Local 2015 State Political Action Committee. Two weeks later, on May 28, the Haschak campaign received a contribution of \$5,000 from SEIU Local 1021 Candidates Political Action Committee.

For the general election, the Haschak committee received additional SEIU contributions. In September, SEIU Local 2015 State Political Action Committee gave the campaign \$8,000. In October, SEIU Local 1021 gave the campaign \$3,000. From May 14 to the present, various chapters of, or committees within the SEIU donated \$21,000 to the Haschak campaign.

Elect John Haschak Supervisor 2018

Treasurer Marc Komer sent Willits Weekly the following statement explaining the campaign's perspective on SEIU contributions.

"As the treasurer of the Elect John Haschak for Supervisor Committee I wish to dispel any mis-characterization of general election campaign contributions. To date, the campaign has received the largest share of its contributions (in the \$5 to \$500 range) from over 200 donors. In addition, the campaign has received donations of \$8,000 from SEIU In-Home Healthcare Workers and \$3,000 from SEIU Mendocino County Workers. The union contributions are pooled small donations. The campaign is proud to receive the donations from the hardworking men and women of Mendocino County," Komer said.

In a letter to Willits Weekly, Pinches campaign treasurer Sizemore writes: "On the other hand, John Haschak's campaign has taken in \$32,975 from out-of-county donations, \$22,750 from the unions from Sacramento, Los Angeles, Alameda, San Jose and Santa Rosa. John Pinches will not be swayed by the special interest groups. John Pinches will represent everyone fairly and openly."

In addition to the SEIU donations, Haschak's campaign has received contributions from more than 200 other individuals and organizations since October 2017. Those who contributed \$100 to the campaign included Michael Haschak, Terry Popowski, Jerry Eaton, Jeannie and Glenn Wylie, Karen and Steven Schuett, David and Ellen Drell, Angela Jensvold, G.A. Young, Rachel Binah, Gary Malaret, David Goldberg, Laura Gonzalez, Judith Ahem, James Rathe, Rachel Yusen, Judith Bagley, Freddie Long and Brian Weller, Dean Vogel, Jim Morgan, Leo Buc, Bruce Alfano, Gene and Carolyn Stewart, Tony Orth, Lyn Talkovsky, Eric and Alison Glassey, Ed Dick, Daniel Kayaka, Joann Rosen, Richard Johnson, Karen and Gordon Oslund, Jed and Carlin Diamond, Leonard Bowers, Lee Edmundson, David Robinson, Linda Baker, Lynn and Roy Williams, Jean Kaplan, Bruce and Dina Hutton, the Inland Mendocino County Democratic Club, Dennis Slota, Alan Nicholson, Dan Antonoli, Anne and Monty VanderHorck, Melinda Clarke, Henry Shebitz and Rosalie Anchordoguy, Terry Popowski and Karen Popowski, Alan Nicholson, Bill Barksdale, Julie Finnegan, Janet Orth and Fred Mervine.

Those who contributed between \$200 and \$299 included Kayla and Joe Wildman, Rosamund Crowder, Helen Green, Sheila Bell, Carole and Ted Hester, Barbara Kerr, Orval Garrison, Gary Owen, Patricia Sabo, Dixie Johansen, Gregory Bonaccorsi, Kirk Lumpkin, Ellen Drell, Monty Kayo Levinson, Salvatore Marriaci, Jane McCabe, Mark Mitchell, the North Bay Labor Council AFL-CIO COPE, Ralph Bostrum, Kathryn Black, John and Susan Bradley, Ryan Henson, Steve Antler, David Taxis, Sovereign and David and Ursula Parth.

Those who contributed between \$300 and \$499 to the John Haschak campaign included Carol Clarke, Hal Wagenet, Cassandra Andich, Carol Orton, Judith Popowski, Kim Bancroft and Operating Engineers Local Union No. 3.

Those who contributed between \$500 and \$1,000 to the Haschak campaign included Carolyn Doggett and Roger Severin, Art Haschak, United Food and Commercial Workers Local 5 Political Action Campaign, the Mike Maguire for State Senate Campaign and the Democratic Party.

As noted earlier, Willits businessman Rich Padula contributed \$1,500 to the Haschak campaign. The Democratic Party of Mendocino County contributed \$500 to the Haschak campaign in late August and another \$2,000 in early September, bringing its total contribution to \$2,500.

Haschak himself contributed \$6,000 of his own money to the campaign, a \$5,000 donation on October 10, 2017, and \$1,000 given as a loan to the campaign in June 2018.

In addition to the above-mentioned people and organizations, there were about another 100 people who contributed less than \$100 to the Haschak campaign.

The five Form 460 reports for the Pinches campaign – those filed in April, May, July, September and October – are devoid of the names of contributors to Pinches' campaign. This is because state campaign finance law requires political campaigns must report the names, addresses and occupation of people who contribute \$100 or more to any campaign, and Pinches limited the amount of campaign contributions he would accept to no more than \$49.

Pinches campaign treasurer June Sizemore told Willits Weekly that 164 people contributed money to the Pinches campaign. Donations ranged in size between \$3 and \$49.

The rest of Measure J | From Page 1

the backs of volunteers who give up their incomes, their time, many many things," Vice Mayor Saprina Rodriguez said. "To not at least offer a firehouse that's safe and appropriate, that just seems like a slap in the face to those folks who show up at our door to rescue us."

Mayor Madge Strong pointed out the extra \$78 per year property tax which would be charged for a typical lot with a house on it comes out to only about \$6.50 per month.

"[Compared to] the cost of replacing your house, the cost of your insurance, not to mention your lives, that's really not very much money. And the fire department is our lifeline. It is absolutely essential to this community.... It's absolutely imperative that we support Measure J."

Wilkes recounted the history of the old Commercial Street firehouse, built for city purposes in 1952 and later converted to a firehouse.

Back then, he said, the call center received about 50 emergency calls per year – this year, Little Lake already has received around 550 calls.

There have been discussions to replace the firehouse since the early 1990s, but previous attempts to obtain grants and pass a tax measure have failed.

If Measure J doesn't pass, Wilkes said, the firehouse on Commercial Street will be shut down since it has too many structural and compliance issues to continue to function. The department would then operate entirely out of the substation on Baechtel Road on the south end of town which, Wilkes said, would impede the department's emergency response abilities.

He replied to a query from Councilman Gerry Gonzalez about emergency response time by discussing "echo response" for those in need of CPR.

"We get dispatched automatically to all echo responses," said Wilkes. "For most CPR calls ... every minute you go down in response time, the odds of survival exponentially fall. And not having apparatus on the [north] side slows that process down completely."

He also told Gonzalez fire insurance premiums for properties in the area could conceivably increase at some point if fire protection ratings decrease due to a lack of emergency fire services in proximity.

"For us to keep the level of service, the level of preparedness that we all know and enjoy as a community, this firehouse project has to happen – and I think it will," Wilkes said.

Rodriguez concluded her statement by saying: "I want to show my appreciation to those men and women who are going out there and give all that they give every day. We do value our fire department. We can't just talk about it, we've got to put our money where our mouth is and show the fire department that we value all that they do. And this is not much to ask."

### Police chief report

The council received a public safety update from Willits Chief of Police Scott Warnock, who reported WPD has had a high call volume this year, with a particular spike in the preceding couple of weeks.

Warnock said as of October 24, the police department had received 10,150 calls during 2018, an average of around 34 calls per day.

He noted that during the last couple of weeks there were a couple of days consisting of around 60 calls, during which they had to "stack the calls," making some people wait for service.

"Some people have been upset about it, but we have to triage the calls to deal with life and limb before we deal with property," he said. "A couple days we actually called extra people in to try to get the calls, and I'm actually taking calls now, too."

At the October 10 council meeting, Warnock had reported a great many calls were coming in related to panhandling and other incidents involving "transients."

"We've had close to 600 police calls related to travelers or transients during the year so far," said Warnock, using the slang term referring to out-of-area people looking for cannabis trimming work who often come to Willits this time of year. "That

includes trespassing, shoplifting, unwanted subjects, suspicious persons, panhandling and camping calls. It's quite a drain on us."

He gave a summary about panhandling to the council at that meeting noting that "in the city of Willits it's not illegal to panhandle."

"There are restrictions," he noted. "It's against the law to aggressively panhandle or to follow someone to try to ask for money, or to ask to provide services for money. It's illegal to panhandle within 20 feet of an entrance to a store or an ATM. It's illegal to panhandle to anyone in a motor vehicle entering or leaving a highway. And it's illegal to panhandle in public transportation.... This mimics most city ordinances."

He added those breaking the panhandling rules are only given infraction tickets for a first offense, which are generally ignored, especially by those from out of town, and no real punishment occurs.

Warnock also said Willits has developed a reputation as a place that is generous to panhandlers. He said officers have seen some people give money to panhandlers while they're in the middle of getting an infraction ticket.

"We've talked to some of the travelers that have come through here – they feel that Willits is a very transient-friendly city, that people easily give them money and so they stick around. One of the things to discourage them from sticking around would be to encourage people not to give them money."

He told the council about a tactic used by the city of Marysville which has deployed devices similar to parking meters that instruct people to insert money rather than hand it out. The inserted money then goes to organizations helping the homeless and others in need.

### Building and code enforcement

Newly hired code enforcement and building official Christopher Morgan told the council he's had a smooth transition into the new job and has seen some busy work days already.

"I've been here one month, and I'm settling in quite nicely," he said. "Building activity-wise, we've got a lot of activity going on right now. I'm covered up with inspections on the daily, in the morning and afternoon."

"And I would like to compliment the contractors and engineers I've worked with so far," he continued. "I've been really impressed. My expectations of what I was going to find have been exceeded. So, we've really got a good group of contractors I've met so far, and we've got some pretty intelligent owner builders as well."

"Currently I'm practicing building relationships with contractors and the public, and I think I've been received quite well. I think we're going to have a good continued relationship on both sides of that hat."

City Engineer Andrea Trincado said the engineering department had received a lot of positive feedback about Morgan thus far.

"We deal with a lot of encroachment permits, and I just wanted to share that Chris Morgan has been getting a lot of praise from local contractors in our office," she said. "He's been praised, and they really like working with [him]."

### Visit Willits report

Vice-Mayor Rodriguez reported to the council the first annual Wild Willits Festival hosted by the Visit Willits tourism board on the weekend of October 20 was a great success.

"We had over 140 paid runners from all over, which was really nice," she said. "That exceeded expectations. In addition, approximately another 40 youth ran. So, it was great for the first year."

"I spoke to security at the event, they said they had never been at an event where there has been so much local safety support."

"It was a good first event, and we're going to have many more to come," she said. "And anybody that wants to be a part of it can come to the Visit Willits meeting the third Wednesday [of every month] at 4 pm right here in the council chambers."

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The recipe easily doubled, and filled two 9-inch cake tins beautifully, although it did take a bit longer to bake than the written recipe's instructions.

Enjoy making this recipe! Willits Weekly looks forward to sharing additional foodie feasts with you soon.

### Cream Cheese Pie

*Makes one 9-inch pie*

#### Crust:

1 1/4 cups crumbled graham crackers  
1/3 cup melted butter  
3 tablespoons sugar

#### Filling:

12 ounces cream cheese  
2 eggs  
3/4 cup sugar  
2 teaspoons vanilla

#### Topping:

3 1/2 tablespoons sugar  
1 teaspoon vanilla  
1 cup sour cream

Preheat oven to 350 degrees. Combine all ingredients for crust and mix. Pat crust into a 9-inch cake pan, making sure crust extends up sides of pan.

Whip all ingredients for filling together until smooth, and pour into unbaked crust.

Bake until knife comes out clean from the center of the pie (this took about an hour for two pies).

When set, but not brown, remove from oven and let cool for 5 minutes.

While cooling, combine all ingredients for the topping and whip until smooth. Pour over pie, leaving an edge of the filling exposed.

Place back in the oven for another 10 to 15 minutes or until lightly set.

Refrigerate for 5 hours prior to serving.

pot was stolen from the shed where Settler was killed.

The seven were arrested following a nationwide manhunt and returned to Mendocino County for trial.

The first of the seven, Michael Andrew Kane, was sentenced October 26 after admitting he struck Settler with a hatchet and took part in robbing an inhabited dwelling in concert with others.

Kane surrendered to Customs and Border Patrol officers at the California-Mexico border on January 16, 2017.

He had been hiding in Mexico but became "tired of running" and wanted to surrender, according to sheriff's Detective Lt. Andrew Porter.

The sentence imposed by Judge John Behnke "was the maximum allowed by law given the crimes for which [Kane] was convicted," said Mike Geniella, spokesman for the Mendocino County District Attorney's Office.

"Because Kane's crimes are deemed violent under California law, any good or work time credits the defendant may attempt to earn in state prison in an effort, if any, to decrease his prison stay cannot exceed 15 percent of the overall sentence," said county DA David Eyster, who prosecuted the case.

Settler's father, mother, sister, and brother traveled to Ukiah from Texas to attend the proceedings.

Kane's remaining six co-defendants – Jesse Wells, 33, of Laytonville; Gary Blank III, 34, of Garberville; Abdirahman Mohamed, 28, of San Diego; Gary Lynn Fitzgerald, 23, of Roanoke, Illinois; Zachary Ryan Wuester, 24, of Haskell, New Jersey; and Frederick Gaestel, 27, of Clifton, New Jersey – will appear for sentencing before Judge Behnke on Friday, November 2.

Each will "receive a state prison sentence," Geniella said.

*This report was partially based on a press release from the Mendocino County District Attorney's Office.*

## Thanks to the Willits Wild Bunch

I would like to thank the Willits Wild Bunch for not only sponsoring me through the 2018 Willits Horsemen's Gymkhana Series, High School Rodeo and the Willits Frontier Days Pole and Barrel series, but also for supporting me overall in my horse adventures. Thank you.

– Submitted by  
**Danielle Barry**

*At left: Danielle Barry poses with several of her belt buckles and ribbons won under the sponsorship of the Willits Wild Bunch.*

victim to Howard Hospital where "a sexual assault examination was conducted and biological evidence obtained," according to sheriff's Lt. Shannon Barney.

"Even though the attack happened in darkness the victim was convinced" that Caldwell was her attacker, Barney said, "due to physical characteristics she noted during the assault."

The two had known each other before the assault.

When investigators contacted Caldwell about the incident, "he denied being involved in the attack," Barney said. He also volunteered to give detectives a sample of his DNA, saying the sample "would clear him of any wrongdoing."

However, on October 24, the California Department of Justice Laboratory notified investigators the DNA comparison had been completed and the results matched Caldwell's DNA, Barney noted. The case was reviewed by the Mendocino County District Attorney's Office, and a warrant was issued for Caldwell's arrest.

On October 30, Caldwell was arraigned in the Mendocino County Superior Court. Bail was set at \$500,000, and Judge Ann Moorman issued a no-contact restraining order prohibiting Caldwell from having any contact with the victim in the case.

*This report was based on a press release from the Mendocino County Sheriff's Office*

## Caltrans accepting applications for \$40 million in transportation planning grants

Caltrans is accepting applications for \$40 million in transportation planning grants for fiscal year 2019-2020 to support local agencies' efforts to plan more sustainable communities, reduce transportation-related greenhouse gases, and adapt to the effects of climate change. A significant portion of these grant funds is available thanks to Senate Bill 1—the Road Repair and Accountability Act of 2017.

"These grants are important to communities in California as we address the effects of climate change and extreme weather," said Caltrans Director Laurie Berman.

The available transportation planning grants include:

- \$29.5 million in Sustainable Communities Grants: to encourage local and regional planning that furthers state goals and helps achieve California's greenhouse gas reduction targets.

- \$4.5 million in Strategic Partnerships Grants: to identify and address statewide, interregional, or regional transportation deficiencies on the state highway system in partnership with Caltrans. The transit component will fund planning projects that address multimodal transportation deficiencies with a focus on transit.

- \$6 million in Adaptation Planning Grants: to support planning actions at local and regional levels that advance efforts to ensure the transportation system is resilient in the face of climate change and extreme weather events.

The fiscal year 2019-2020 Grant Application Guides, application forms, and required templates are available at [www.dot.ca.gov/hq/tpp/grants.html](http://www.dot.ca.gov/hq/tpp/grants.html). Grant announcements are anticipated in spring 2019.

Applications are due by November 30, 2018, at 5 pm.

Grant applicants are encouraged to contact Caltrans district staff to ask questions and receive help developing applications.

Senate Bill 1 invests approximately \$54 billion over the next decade to fix roads, freeways and bridges and puts more dollars toward transit and safety. Caltrans is committed to conducting its business in a fully transparent manner and detailing its progress to the public. For complete details on SB 1 visit [www.rebuildingca.ca.gov](http://www.rebuildingca.ca.gov).

– Submitted by **Caltrans Sacramento**



### Congrats Hosfords celebrate 41st wedding anniversary

"Cheers to Paul and Diana Hosford on their 41st wedding anniversary which they celebrated on October 29, 2018. They set the example of true love!"

– Submitted by **Laurin and Andrew Hosford**

*At left: Diana and Paul Hosford and their pups, Lacey, left and Gunner, right.*

### Friendly Scooby

Scooby is a great-looking dog. He was appropriate and well-mannered when he attended our off-leash, multi-dog play group. Unfortunately, Scooby tested positive for heartworm, and we will treat him at the shelter. During heartworm treatment, a dog's activity level is restricted to slow, calm walks.

Scooby is a 2-year-old neutered male mixed-breed dog who currently weighs 71 pounds. This captivating comedian had us jumping for joy – what a goofball! Scoobs was pretty easy to leash and walk. Once in the play yard, he had to sniff every nook and cranny. Scooby is a friendly, playful and fun dog.

The Ukiah Shelter is located at 298 Plank Road in Ukiah. Adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4:30 pm, and Wednesday from 10 am to 6:30 pm. To view photos and bios of some of the other wonderful adoptable animals here, please visit at: [www.mendocinanimalshelter.com](http://www.mendocinanimalshelter.com). More info about adoptions: 707-467-6453. Help get every dog at the Ukiah shelter out for some exercise at the



"Empty the Shelter" pack walk every second Saturday of the month, coming up on November 10.

### Furry Friends Hoping for a Home Wonderful Winston

This handsome little dynamo is Winston! He's one of the last of the dogs found after the recent fires, and has so much to offer the right family.

He's about 2 years old, weighs 35 pounds, and is an Australian Kelpie mix with beautiful tri-color markings. Winston has only been here a short time, but we do know he's good with other dogs, loves to play ball, and enjoys splashing in the pools! Stay tuned, and we'll keep you informed as we learn more about this fun-loving little guy!

The Humane Society for Inland Mendocino County is located at 9700 Uva Drive, Redwood Valley. Open hours: 1 to 5 pm, Wednesday through Friday; and 11 am to 3 pm, Saturday and Sunday. Please give us a call at 707-485-0123 if you have questions. You can view all our adoptable dogs and cats on Petfinder or through our website: [mendocinohumane.org](http://mendocinohumane.org). To volunteer or help take the dogs for a walk, please join HSMC on Sundays at 11 am for an orientation.

Haschak has spent \$32,370 with vendors outside of Mendocino County. His campaign has spent \$16,275 with the Green Dog Campaign consultants from San Rafael. They have also spent \$11,676 with Santa Rosa Printing from Santa Rosa. These purchases could have been made in Mendocino County. Each candidate has to file 460 forms and also 497 forms when they have donations over \$1,000. It is public knowledge and is available to be viewed at the Mendocino County Elections Office or online. I have copies of these documents.

Haschak has taken in \$54,971 since October 2017 through October 2018. Haschak's expenditures total \$41,563 and most of these funds were spent outside of the county and some outside of the state. Haschak himself loaned \$1,000 and contributed \$5,000 to his campaign.

Haschak says that he is going to give out scholarships from the 40 percent raise that he won't take. In order to do that, you would have to, in fact, take the raise.

John Pinches was on the board of supervisors for 12 years, and he never voted to give himself a raise. John voluntarily took a 10 percent pay cut.

John Pinches has lived his entire life in Mendocino County, in the Third District. He understands this county and the people that live here. John is familiar with road systems, our mountains, our water, our rivers, the cannabis industry, libraries, county budgets, water rights, personal property rights and more. John's knowledge of this county and this district is endless.

John has donated four decades of volunteer service to numerous community groups and regional organizations, Sober Grad, senior centers, FFA, 4H, youth soccer, Little League, community park associations, and other youth groups. I have seen him take families in when they had no place to live and were down on their luck. He has given them jobs, helped to feed them and found them places to live until they were able to get back on their feet.

One winter evening at 11 pm, John was coming back from a meeting in Covelo when he stopped at the rest stop in Longvale and discovered three teenage boys freezing in the restroom. John took them and got them food and a warm place to stay for the night. The next day he gave them spending money and made sure that they made it home to the Bay Area. John always tries to help people out and make things better.

Haschak has been in Willits for most of his life. He has only been going around the Third District for the past year. The Ukiah Daily Journal writes that he has done a lot to educate himself on county issues since the June 6 primary. So for the past four months he has worked to educate himself on county issues.

The next Third District supervisor will be the chair of the board. John Pinches is the only candidate with the experience to do this job. John has three years' experience as chair of the board and has served on over 18 government agencies, boards, commission councils and districts. As your supervisor, John worked full-time, only missing one meeting in 12 years. He never took a vacation. Most Sundays John spent reading and researching the many issues he faced weekly. John returned 15 to 20 phone calls per day. John was always there in emergencies.

I have been to every campaign debate and have great respect for all the candidates and their families. I wish all of them the very best in life.

It takes a special kind of person to represent the Third District. Every issue affects people differently, and every person has different priorities. John Pinches has the compassion, commitment and dedication to lead us forward. Thank you to our supporters. I am extremely proud of my brother. Hold your head up high, John Pinches, you are loved.

### Haschak for supervisor

June Sizemore, Willits

### Haschak for supervisor

To the Editor:

I have been a resident of Willits, property owner, and business owner since 1970. My wife, Kayo, and I have raised four children at our rural homestead, all of whom were educated in the public school system and have gone out into the world to do important socially productive work.

The diverse community of Willits is our home and an anchor in this time of uncertainty, to which we have developed a profound sense of place. It is the source of our deeply held values that have matured and evolved over many years.

Indeed, all of us residing in this part of Mendocino County, regardless of

our various backgrounds, lifestyles, or political orientations are blessed to be part of such a remarkable and inclusive community. An attitude of "live and let live" and appreciation for individual differences pervades, allowing us to interact on a daily basis with acceptance and respect for each other as we go about the business of living our lives.

If community can be viewed as an extension of family, then it makes the upcoming election for Third District supervisor all the more of a challenge as we seek to chart the best course for the future. I personally have the utmost respect and appreciation for John Pinches' 12 years of community service and governance, as I do for all public service staff and workers at every level who look out for our well-being and safety. Notwithstanding, I do believe the time has come to break with the past and move ahead in making a significant change in the way that the Third Supervisorial District is represented.

For this reason, both Kayo and I strongly endorse the candidacy of John Haschak as our next Third District supervisor. With the election only two weeks away, much of the electorate has already voted, and many have publicly expressed their preferences via letters to the editor.

I won't be redundant or waste your time reiterating arguments pro and con. Only to add that I have known John Haschak for much of the time I've lived in the community and cannot say enough about his integrity, intelligence and character, not to mention his phenomenal work ethic and commitment to making our community a better place to live for all of its members.

For this reason, I urge you not to take my word in the matter, but to look closely and critically at the detailed platform John's campaign has put forward before making a final decision in casting your vote. It can be viewed in its entirety at [https://haschakforsupervisor.org/wp-content/uploads/2018/10/Haschak\\_Platform.pdf](https://haschakforsupervisor.org/wp-content/uploads/2018/10/Haschak_Platform.pdf)

Monty H. Levenson, Willits

### Pinches for supervisor

To the Editor:

John Pinches reminds all of us who live in the Third District that "On my worst day I'll be your best representative!" From his 12 years as our supervisor previously, he learned the ropes – how to deal with local and state entities and agencies, where to go to solve problems constituents bring to his attention, how to get things done.

While he is cognizant of the needs of Willits residents, our largest population, he also understands the ranch land, farm land, timber land, and watersheds that make up almost all of the Third District, and works to support a fair balance of all our needs.

Pinches' experience is vital. People who have asked John to help them resolve issues with the county or state all say he is persistent, doesn't give up until the issues are resolved. He understands that supporting the people of our widely diverse district is not easy, but that it is the most important part of the job. By not taking any larger donations than \$49, he is taking a stand against large interests. He is a true conservative – determined to do the best for our district with the least government interference. This county makes it difficult to get anything done without going through innumerable hoops. Pinches wants to use regulations already on the books, instead of just adding to the paperwork load for business people, farmers, growers. Please vote!

Carolyn Carpenter, Laytonville

### Haschak for supervisor

To the Editor:

There are so, so many reasons I am voting for John Haschak and doing volunteer work for his campaign. I have read numerous letters in this and other publications each listing the many great reasons these folks are supporting John Haschak.

Instead of duplicating these lists I will, instead, encourage you to visit his website at <https://haschakforsupervisor.org>. There you will be able to read his many forward-thinking and exciting plans for our county.

I echo Willits Mayor Madge Strong's endorsement of Haschak: "[John Haschak is] a strong advocate for the best interests of our community. He would be an excellent board member." I couldn't agree more! I urge you vote for John Haschak for supervisor in the Third District.

Reddie Long, Brooktrails

### Haschak for supervisor

To the Editor:

We are current and retired Mendocino County teachers and staff members who support John Haschak for Third District supervisor. We have known and worked with John Haschak for many years. John has worked successfully with teachers, staff, administrators, and the school board as well as with students at all grade levels.

The teachers in the Willits Unified School District elected John as president of the Willits Teachers Association seven times, and we relied on him to represent our diverse interests fairly and effectively. This, coupled with his involvement on the California Teachers Association's budget committee over the past 13 years, makes him highly qualified to tackle some of the pressing issues facing Mendocino County today, such as transportation, employment, infrastructure and advocating for fiscal responsibility.

John is hardworking, sincere and ethical. He will be the kind of supervisor who studies and understands the facts before making decisions. He is humble and has a balanced approach to issues. He will listen to opposing sides, stick to his principles, and strive to do what's right for the people of the Third District. He has the strength of character to handle adversity and not cave in when the going gets tough.

We admire him for pledging not to take the pay raise that the current board of supervisors voted for themselves. John understands the needs of the various communities in our district and will serve all of us with his energy, honesty, foresight, balanced views and fiscal experience.

Allan Garcia, Marna Garcia, Susan Walz, Alex Carlson, Barbara Carlson, Carolyn Bakewell, Nancy Runberg, Lynne Robertson, Robert Chavez, and Susan Short, Willits

### Pinches for supervisor

To the Editor:

The recent comments and recommendations being published in the papers seem to overlook what should be the central issue in the present Third District supervisor's race. That is pension obligations, or pension debt, however you describe it. Simply put, our elected officials have signed contracts with present and former employees which necessitate prioritizing pension funding over all other expenses. Investments of retirement capital even at present returns are not enough to offset the increasing obligations.

The only practical solution may be to re-open the contracts in place and decrease retirement benefits and going forward provide only defined contributions. Clearly this is not an acceptable outcome to the unions and therefore their support of John Haschak.

In our supervisors race, we have a rancher versus a teachers union leader. Rarely will the voters have a clearer opportunity to express their concerns and priorities.

It is simply too risky to send John Haschak to the board of supervisors. It is unrealistic to expect he will make the hard decisions which are necessary to address this issue. Haschak will already be receiving his pension, perhaps he should be satisfied with that and not burden the taxpayers further.

John Pinches has proven himself as an independent thinker with a strong working knowledge of county government. Our chances of forging workable solutions on this thorny issue are vastly enhanced by his presence on the board. This is why I am voting for John Pinches, and I encourage the rest of the Third District voters to do the same.

Linda Buletti, Willits

### Haschak for supervisor

To the Editor:

"Building Stronger Communities Together" is John Haschak's motto for his campaign to become your Third District supervisor.

This motto appropriately describes Haschak's personal style and work ethic. As soon as John made the decision to offer his talents to the people of Mendocino County's Third District, he began to explore the entire district, researching the needs and concerns of people, businesses, organizations and institutions in Laytonville, Covelo and Willits. Healthy Start meetings, the water board, the Long Valley Health Center, the Grange breakfast have all been visited by John several times over in some cases.

John has included as many people and groups as possible in his explorations, from Laytonville and Covelo tribal lands where he attended meetings and ceremonies to large community events such as Oldtimers at Harwood Park and the Kate Wolf Music Festival at Black Oak Ranch. Apart from his teaching responsibilities, John spent most of his time last year investigating serious issues which affect the entire county as well as locally. Ask John Haschak about the proposed bridge across Ten Mile Creek or Measure V, the measure to end the killing of trees by the "hack and squirt" method, not yet enforced by the current board of supervisors. Ask John what he thinks about the Laytonville Book Room and the effort toward establishing a library in Laytonville. John has visited the Book Room several times and attended the Friends of the Long Valley Public Library fundraisers.

Ask Haschak about the critical situation in which the cannabis growers in Mendocino County find themselves, and he will hand you a list of proposals he drew up after consulting with leaders and others in the cannabis community.

John has been gathering information about what he considers the three most significant issues facing Mendocino County: disaster preparation, local economic development, and the governance of our county.

Many of John's days begin with a 5-mile run and perhaps a second run in between driving to a meeting in Covelo which includes Congressman Huffman or a gathering in Laytonville for the showing of a film, "A River's Last Chance." Fish ecologist Patrick Higgins remarked "I can't go anywhere without meeting up with John Haschak!" John's wife of 18 years, Janice Haschak, tells me "he has always been this way."

Constituents in Laytonville and Covelo need not fear any lack of representation. As an officer of the California Teachers Association, (managing a \$200 million budget) John attended meetings in Burlingame and San Diego. Not only are Laytonville and Covelo a lot closer to Willits, John will be as close as his phone which he carries with him.

Haschak has met with and been endorsed by Congressman Jared Huffman, State Senator Mike McGuire and State Assemblyman Jim Wood. John's honesty, work ethic, great listening ability and more have earned him a following made up of people with a variety of political affiliations. I believe we are incredibly fortunate to have someone running for Third District supervisor who has already shown he is working hard for us! Be certain to vote and vote for John Haschak November 6.

Susan Bradley, Laytonville

### Pinches for supervisor

To the Editor:

There is no other candidate who even comes close to bringing the wealth of experience, understanding, compassion, and fair dealing to this office than John Pinches. He is a lifelong resident, former supervisor, rancher, farmer, husband, brother, and landowner. He is a dedicated citizen who has dealt with so many issues in our county that he knows them all by heart (or on the back of a napkin).

He is more than adequately aware of the issues facing the Third District and has common-sense solutions to the puzzle that may seem so perplexing to the current board of supervisors. He knows how to get the job done. His main goal is to serve all of us. His availability is unmatched by any other current candidate or supervisor. He is not about making enemies but about finding resolutions to meet the needs of our struggling community.

He is totally open to new ideas. He is a bottom-line kind of man. He is passionate about our community and wants only the best for the beautiful place in which we all live. As we grow he will guide us in a sensible, viable, well-thought-out plan. John has an agenda to make up for the last few years when the Third District was under-represented, not represented, or marginally represented. Time is up. Now is the time to bite the bullet and make good the changes we so desperately need.

My vote has been cast for John Pinches, and I hope yours will be also. The key thing is to remember to vote. It is our right and duty to do so. Grazie Et Caio.

Rio David Quale, Laytonville

### Haschak for supervisor

To the Editor:

I have been a Brooktrails resident for the last 23 years. As an active member of the Sherwood Firewise Communities Group I've noted that, since our inception in late April, John Haschak has attended most of our meetings and special events. John fully supports our work for safer communities through establishing more emergency evacuation routes and state-of-the-art communication systems.

At the board of supervisors' meeting on October 18, Haschak's endorsement of Sherwood Firewise Communities' work played a key role in securing the 5-0 vote for the county to pursue funding options for these evacuation routes. In effect, the Sherwood Firewise Communities will be a template process for other county communities with "one-road-in one-road-out" access.

A number of my local realtor friends see this as a big win for local home sales. With lower insurance premiums and greater safety for residents, more potential buyers will be attracted to our area. John Haschak understands this, represents our views, "thinks" solutions and then acts. Please vote John Haschak for Third District supervisor on November 6.

Brian Weller, Brooktrails





Above, from left: Isabel Young and Jade Arbayo lend their faces to the St. Anthony's Fall Fiesta tableau. The front entrance of St. Anthony of Padua Church. Diana Escareño offers conchitas, or "little seashell" pastries. Below, from left: Edie Caccarelli, 110, poses for a picture at St. Anthony's Fall Fiesta. Eddie Llamas and Ricardo Carlos Peña were in charge of the corn on the cob. Debbie Ghannadan tries to decide which items to go for in the raffle.



Above: Mariachi Tarasco de Lorenzo Sandoval was the live musical entertainment.



Above, left: Chris Horgor tosses the fajita veggies being charred on the grill. Above: Church members Annette Pinon, left, and Jill Persico.

Photos by Mathew Caine

### Christmas Store

Nov. 26 thru Dec. 8, 2018

1st Week: 9 a.m.-4 p.m.  
2nd Week: 10 a.m.-2 p.m.  
Closed on Sunday

Come see some of the fabulous finds in our Christmas Store! All proceeds go to senior center programs.

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# ATW: Food and Body

## Avenues to Wellness speaker looks at how biochemistry influences what we eat

Physical therapist and nutrition scientist Shannon Morris, who has been serving inland Mendocino County for the past 10 years, offered a talk on the dynamics between food and body earlier this month, through Avenues to Wellness; a Willits community program aligned with Howard Memorial Hospital.

Alyson Bailey  
Features Writer  
willitsweekly@gmail.com

As the lecture started, Morris acknowledged the sensitivity around the subject of food. She said she felt drawn to nutrition and pursued it academically before getting into physical therapy. When asked why she chose a different focus, she said it was due to her nutrition patients' responses. "They didn't like talking about food, and they wouldn't follow through with their treatment plans," she said. "With physical therapy, I can see the good I'm doing." Food is as emotional as it is scientific.

Morris delved into the hard sciences, framing biochemistry as "the thing that determines a person's food choices." The audience was immediately intrigued. How can chemical reactions in our bodies determine what we do or do not eat?

In answer, Morris highlighted three key hormones that deal directly with food. Hormones are substances created in living things that regulate specific cells or tissues. Ideally, they are meant to create balance. "Too much insulin makes you fat, leptin tells your brain when you're full (unless blocked by insulin), and cortisol triggers insulin." Insulin is the lynchpin of food biochemistry.

Insulin allows cells to absorb glucose (sugar) so that those cells can turn glucose into energy. Over decades, in addition to weight gain, excessive insulin causes "insulin resistance." When this occurs, the cells can no longer detect insulin, so insulin cannot introduce glucose into the cells. Since glucose cannot be converted into energy, it remains in the bloodstream. This leads to both prediabetes and Type 2 diabetes.

According to Morris, "insulin resistance is growing faster than obesity, and costs \$250 billion to treat annually." Morris suggests reading "The Diabetes Code" by Jason Fung, MD to understand more about this condition.

Insulin also blocks leptin from doing its job. Morris explained that "without leptin, your brain thinks you're starving! This pattern is what creates obesity. The brain tells us to eat so that it believes we are being fed, but without leptin it never gets the message."

In a statement that surprised the audience, Morris explained that "the manufactured or synthetic version of the cortisol [the third hormone] is prednisone: a commonly used steroid." Both natural and synthetic cortisol increases the glucose in our blood, triggering insulin. In this way,

cortisol and processed food affect us similarly.

At the completion of Morris' presentation, the attendees could see how each hormone affects the other. Insulin triggers leptin. Leptin cannot message the brain if insulin is always in the bloodstream, so the brain tells the body to eat more, which triggers more insulin. Cortisol triggers insulin, which triggers leptin, and on we go again.

- Avoid processed foods. Sugar and flour are the biggest offenders because they increase glucose more than other foods.
- Do not eat foods that claim to be "non-fat." Non-fat is code for more carbs.
- Eating less and moving more does not work! Eating whole foods (foods that are not unrecognizably processed) will regulate your hormones and lead to weight loss.
- Stop snacking. There is no "healthy snack." The healthy thing to do instead is allow your insulin levels to fall between meals. "If you keep snacking, your insulin levels remain high."
- Use fasting to lower insulin. It can be miserable to fast during the day. Morris suggests eating no later than 7 pm. When you eat breakfast the next morning at 6:30 am, you have accomplished 11.5 hours of fasting.
- Alternative sweeteners can be worse than sugar at spiking insulin. All of the "diet" sodas, energy drinks, and honey-sweetened beverages are all creating high insulin.
- Eating for health does not have to be expensive. Morris praised the Grocery Outlet with its fresh, inexpensive produce; our ongoing Willits Farmers Market, and the cafe at Howard Memorial Hospital, "Roots." Other local food information can be found through "Word of Mouth," a monthly magazine that shares information about local food, restaurants, and farming around Mendocino County – [www.wordofmouthmendo.com](http://www.wordofmouthmendo.com)



Above: Shannon Morris, physical therapist and nutrition scientist, at October's Avenues to Wellness presentation at the Arts Center.

Photo by Alyson Bailey

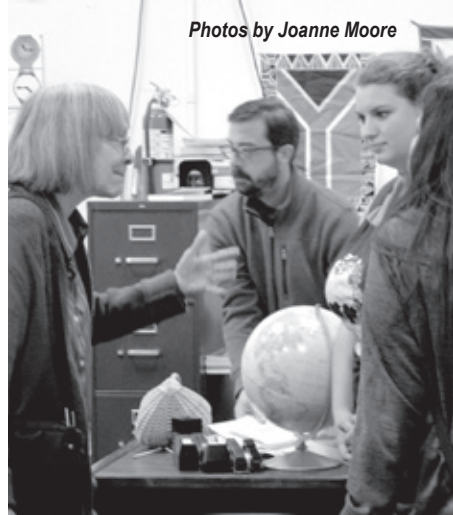
Mendocino County – [www.wordofmouthmendo.com](http://www.wordofmouthmendo.com)

If this article has inspired you to make some changes, consult with your doctor before beginning your new lifestyle. Everyone is different regarding their personal health and dietary needs, and it's important that you have your physician's support.

For more information on Avenues to Wellness and its monthly speaker series at the Willits Center for the Arts, go to [www.avenuestowellness.org](http://www.avenuestowellness.org) or call 456-9676.



Mayor Madge Strong talks to students at the Willits Charter School.



Photos by Joanne Moore

## City mayor visits Willits Charter to talk about government and elections

With the midterm elections on most everyone's mind, what better time for a lesson in the nuts and bolts of local democracy?

Willits Mayor Madge Strong, who has been on the city council for six years, was at Willits Charter School recently, to tell a packed classroom how it works in Willits. Who runs local government? What powers do they have? How long are they in office? How do you get to be on the council? How can citizens participate? What issues are hot at the moment?

As the subject matter is relevant to all of us, not just high school students, a quick content recap can't hurt.

You have to be over 21 and live in the city to vote for a city council candidate; there are five members who are elected (three at one election, and two at the next election two years later) at large for terms of four years; there are no term limits; every year the council votes to select a mayor; there are three candidates for two seats in this election; Willits has what Strong referred to as a "figurehead mayor."

"In some cities a mayor does have power and runs things," she said. In Willits, though, the mayor just "sets the tone" and is responsible for running meetings.

"I basically like being mayor," she said. "I think I'm fair-minded and treat everyone with respect."

So what authority does the city council have? What's its main job?

"We hire the city manager, and we adopt the budget, which is very important," said Strong. "And we set policy and pass ordinances ... about things like zoning."

Asked what students thought zoning meant, one astute young woman summed it up well. "Isn't zoning telling people what they can build where?"

That is the case – but there's a glitch in Willits at the moment, Strong explained.

"Zoning ordinances are guided by the general plan, and the city's general plan is from 1994," she said. "It's really really out of date."

She added that money to write a new general plan and to pay for implementation of the Downtown Main Street Plan will be coming from budget reserves this year.

When asked how much the "bypass [had] affected the economy," Strong responded "quite a bit."

"It's a pivotal year," she said.

Other council actions of note she mentioned included a new vacant commercial building ordinance designed to "try to encourage owners to do something useful with their buildings."

And there's Measure I on the upcoming ballot imposing an excise tax on cannabis businesses in the city, which will "really help the city's finances," she said. "There are now about 15 different businesses in the process of becoming legal" in the city.

More generally, Strong shared some thoughts on democracy.

She invited students to come on down to a city council meeting. "They're open to the public," she said, adding that usually "only a tiny minority shows up."

But a tiny minority, she pointed out in discussing the importance of voting, can be a critical number.

"I was only 40 votes ahead of the [next] person," she said, describing one of her runs to be on the city council.

"It's important to protect the right to vote for all, and suppression of voting is a troubling issue in this country," she told the students. "Democracy can be messy. It takes time. It's not efficient. But democracy works like that."

The rest of  
Regatta  
From Page 3

though not all to scale in relationship to each other. The detail and craftsmanship were much in evidence as the sailing and building club, the Redwood Empire Model Shipwrights, demonstrated their love of the hobby of model ship building for the benefit of a proposed program of the Willits American Legion Post 174 to create a much-needed activity for the youth of the town.

"This is a temperature check to see if the community would be interested in this fascinating field of radio-controlled boating. It does have a connection for the future. If we have a good enough turnout and interest, we would like to sponsor a radio-controlled sailboat regatta in August of next year, which is simply a sailboat race. We're prepared to have a first-, second- and third-place prize. Money prizes and trophies and medals. I believe this pool can accommodate 20 sailboats," posted George Froschl, Ret. MSgt., U.S. Air Force and a member of the Willits American Legion post. "I ran across the Redwood Empire Model Shipwrights in Rohnert Park."

Froschl proposes a mentor program in which young people in Willits will get together and build radio-controlled sailboats, mostly from kits, learn how to control them in concert with an awareness of how they operate in wind and nature, and race the craft for pride and prizes.

There are rules and regulations to this hobby. AMYA, the American Model Yachting Association, sets the standards, down to the size and materials of the race buoys. The participants will have to build and race within the parameters set by the organization in order to level the playing field (or waters) for all involved. According to Froschl, this is a good, creative outlet for the youth of Willits, one in which they can utilize their creativity and concentration on a positive pursuit.

The members of the Redwood Empire Model Shipwrights Club of Rohnert Park are seriously in it for fun. The club is about 40 years old, having started out as "a rigging club," explains Randy Smith, current commander of the club and builder of the enigmatic "Whynameit."

He went to see what the club was about some time ago. "They used to spend years building these beautiful old galleons and square riggers," Smith said. "I'm radio controlled. I'm a battleship and sailboat guy. I didn't fit their club. I was going to walk out, but they said: 'No, you're the commander now. Take over.' I blackmailed my wife into being treasurer. We do a club publication once a month. And we do field trips like this."

Smith would like to see more youth interest in the art. They have no one under 50 years old in the Rohnert Park club, although they are based in a toy store.

Although some of the boats can cost as much as \$2,000 and take months to complete, entry-level sailboats can be purchased for as low as \$60 for used radio-controlled sailboats, the type of boats Froschl would like to see in his regattas.

Unfortunately, this demonstration was in conflict with a very popular youth activity, the Willits Color Run, which took place at the Willits High School track and involved many of the children who might have been interested. However, the opportunity is still open. Any interested parents may contact Froschl at 707-463-4226. It would be good for the youngsters of Willits to take advantage of this offer, utilizing some of the assets that are available in order to give them a new, positive creative outlet.



At right, top: Students at Blosser Lane Elementary run before school starts as part of the new “Morning Mile” exercise program. At right, bottom: A student earns a straw for finishing a lap; after receiving 30 straws – an equivalent of five miles – she will receive a charm. Far right: Students show off the straws they earned for running laps before school.

# Morning Mile

New before-school exercise program aims to address childhood obesity

By Cici Winiger, for Adventist Health Howard Memorial

It’s a Friday morning at Blosser Lane Elementary School. Instead of the usual scene of children sitting around, waiting for the bell to ring, over 100 students are running and walking laps around the basketball court, all the while laughing and having fun.

Students are indeed off to a great and healthy start, thanks to a new before-school program called “Morning Mile,” sponsored by Adventist Health Howard Memorial.

A running / walking program originating in Florida, Morning Mile is designed to help tackle childhood obesity by giving kids the opportunity to be active every day. The challenge, of course, being how to motivate today’s youth to step away from the TV and go for an early morning walk.

But it’s easier than you might think. “Music, socializing, and a little bit of competition and something to show for their effort, and to get moving, that’s all they want,” said Tiffany Klee, physical education teacher, who spearheaded the effort, along with Tina Tyler-O’Shea, senior program specialist with the Mendocino County Health and Human Services Agency.

It was Tyler-O’Shea who came up with the idea of starting a morning exercise program. “I was at another school in Fort Bragg and saw the program for the first time. I saw how much the kids loved it and the teachers and parents too. I just thought: ‘We have to do this in Willits. We have to do this at every school!’”

She approached Blosser Lane Principal Nancy Runberg. “Anything to help us get students moving is a good thing. It really warms my heart to see so many kids, staff and community members participating. The other day, I saw kids rushing as the bus pulled up, and they were so excited to get their laps in. It’s really a wonderful program. Besides the health benefits, it also allows them to release all that energy and get them ready to learn. It’s a win-win for both teachers and students, that’s for sure.”

Adventist Health Howard Memorial donated funds to get the program running. Jason Wells, president, says it’s exactly the kind of program that the hospital is excited to support. “Childhood obesity is a growing problem, and anything we can do to help address it is a step in the right direction. And this ties perfectly with our mission of inspiring health in our communities.

“While we love taking care of kids when they’re sick,” continues Wells, “we would rather keep them healthy and well. Starting healthy habits while they’re young can set them up for a great future and better health outcomes for the community as whole. We hope more schools get on board and we will be happy to support them in any way we can,” he explains.

The statistics on childhood obesity – with nearly one in five school-age children in the U.S. being considered obese – is pretty grim. In Mendocino County, 45 percent of children are obese. But there’s also hope: Obesity is a preventable and curable disease, and programs like the Morning Mile are a step toward prevention,

especially right where the children spend the most time – in schools.

It’s not just students who participate in the program. Parents, teachers and even principal Runberg are having fun and walking as they funnel along the loop around the basketball court measured for distance. Six laps around the loop is exactly a mile, and students aim to get more than that. “They love the challenge. And it’s not even about the competition. It’s just about challenging themselves and getting better every day,” Tyler-O’Shea explains.

Each lap earns the prize of a straw, to be recorded and tracked for more incentives. Every participant receives a necklace, and a charm for every five miles.

Organizers hope to arrange classroom challenges and rewards for milestones to keep inspiring the students.

Kaiden Oliver, fifth-grader, says he loves running, as he shows off the charms he’s earned around his neck. “I did 15 laps today! Tomorrow, I’ll be even better!”

After he’s done, he gets back in the starting line and encourages his friends to keep going, giving them high fives along the way.

Kaiden’s mother, Amy Buckingham, says the program has been a blessing for Kaiden. “He has a lot of energy. With this new program, he has an outlet for all that energy, and he’s ready to learn and to pay attention to his studies.”

“As a mom and a nurse, this program excites me. Running and exercise has been proven to offer many health

benefits, including strengthening your lungs, relieving stress, improving your immune system, and preventing high blood pressure. Instilling those good healthy habits while they are young will set them up for success so they can be healthy adults in the future,” she adds.

Jeff Kia Schwebs, grandfather of Kai, a fourth-grader, agrees. “This is awesome. We ran four miles today!”

As a grandparent, he said it’s the sort of activity he would like to see the community promote more of, and he was happy to see teachers and staff moving right alongside the kids.

“With so much focus on video games, and TV, kids don’t really play and socialize anymore. I’m glad we’re bringing it back, especially before school starts. It’s a great way to start their day,” Schwebs said.

Angie, a fifth-grader, says she loves it. “It’s so much fun, and I’m losing weight already.”

Before school starts, the kids hand in their straws to be tallied. The results have been impressive so far. In the first few weeks, 137 students and 38 staff and visitors have walked or run 3,180 laps – that’s 530 miles! One fifth-grader managed over 15 miles on the first week.

To find out more about the national program, go to [www.morningmile.com](http://www.morningmile.com). Those wishing to support the program or schools who would like to start the program, should contact Tina Tyler O’Shea at 456-3827 or Cici Winiger at Adventist Health Howard Memorial.

ORTHOPEDIC SURGERY



# Welcome

## Paul M. Charpentier, MD

### Orthopedic Surgeon

We are pleased to welcome to Dr. Paul M. Charpentier to the Orthopedic Joint Center team. Dr. Charpentier will be working with Drs. William Bowen and Jeremiah Dawson doing what he loves most – helping patients get back to moving without pain.

Born and raised in Mendocino County, Dr. Charpentier is excited to care for the community he loves. He specializes in minimally invasive hip and knee replacement, arthroscopic surgery and complex reconstruction of the hip, knee and shoulder. He is an advocate for non-operative treatments, but is highly trained in surgical joint replacement and revisions. He believes multi-modal pain protocols and post-operative rehab protocols are key to a speedy recovery.

Dr. Charpentier earned his medical degree from Northeast Ohio Medical University, completed a residency at Michigan State University, followed by a Fellowship at Virginia Commonwealth University, specializing in joint replacements.

Please join us in welcoming Dr. Charpentier and his wife and three children to our community.

Joining our experienced team at Orthopedic Joint Center of Northern California



William Bowen, MD



Jeremiah Dawson, MD

Now welcoming new patients.  
To schedule an appointment, call:

**(707) 459-6115**

[www.orthojointcenter.org](http://www.orthojointcenter.org)

3 Marcela Drive, Suite C | Willits, CA







At left: Colorful, delicious appetizers for the opening were crafted by Hetherington's mother, Deb Schwartz. Below: The crew of Luscious Beauty Boutique and Day Spa welcomes visitors to their grand opening, which coincided with the Harvest Moon celebration: Dawnna Hetherington, Tom Girdauskas, Niya Kuba, Heather Hatton and Laselle Coatney.

Above, left: Aaron Bellomo entertains in the courtyard outside the salon during the grand opening. Above, right: The courtyard behind Cafe 77 is reflected in the logo printed on the door of Luscious Beauty Boutique and Day Spa.

# Luscious Beauty

## New downtown salon and spa celebrates grand opening

If you build it they will come. The grand opening of the Luscious Beauty Boutique and Day Spa coincided with the Harvest Moon celebration on October 19. The increased foot traffic brought in many curious people to check out the new business.

The boutique is the culmination of a dream for owners Dawnna Hetherington and Laselle Coatney to have their own shop where women and men (and children) can go to be pampered, treated, beautified and rejuvenated all in one location, utilizing state-of-the-art techniques and products, by estheticians, cosmetologists, stylists, colorists and massage therapists of skill and experience.

As one enters the facility at 91 South Main Street, in the plaza behind Cafe 77, it is easy to observe the care and attention to detail that went into the creation of this environment of relaxation and transformation. There is a feeling of lightness and ease that permeates the shop. On the right is a lovely floral painting by local artist Diza Hope and a small but comfortable waiting area. On the left is the check-in area with some local beauty products for sale.

"We are supporting our local artists, local jewelers, local skin care," explained Hetherington. "We would like to put that at the forefront of our business. We are showing local artists on consignment. We have 'Pretty Little Savage' skin care by Beverly Baker, bath bombs by April Hunter, the last of Jessica May's 'Arabella' soap, and 'Artemystique' skin care products, which is my own company. We have art as well, a painting by Diza Hope, custom jewelry by Jacqueline Stanley of Lost Coast Arts."

The two friends have a long history of experience and of working together. "I think Dawnna and I met in 2003 at Paradise Juice and Coffee where we were

both baristas," Coatney said. "We just blossomed as friends. When Dawnna left Body Rituals, which was in this same office, I knew I had to snatch her up because I always dreamed about her and I being a dynamic duo. Although she was a tenant at my spa, Natural Radiance, I always thought of her as a partner. Now we've made it a real thing."

Now, with the opening of the Luscious Beauty Boutique and Day Spa, Coatney and Hetherington have brought in professionals who are experienced experts in their fields, allowing the boutique to offer a wide range of services.

Tom Girdauskas, who once employed both women at his Burrito Exquisito when they were very young, does deep tissue massage and acupressure. Girdauskas is certified through the California Massage Therapy Council, completed studies at the Acupressure Institute in Berkeley, and has been practicing since 2010.

Niya Kuba is the resident cosmetologist, and Heather Hatton is the stylist and color specialist. Their newest addition is Lyric Harmony, who will be offering Ayurvedic treatments for nutrition as well as massage.

Luscious Beauty Boutique offers a wide variety of hair services, including "hair styling, coloring, long and short cuts, extensions, deep conditioning treatments, glosses, some updos, colors of all sorts," according to Kuba who has been doing hair for close to 10 years at Salon 707.

"Dawnna and I offer facials and skin peels, full body waxing including Brazilian, eyebrow shaping and cleanups," Coatney added.

"I do galvanic treatments," Hetherington explained,

Read the rest of  
**Luscious** Over on Page B7



Above: Owners Dawnna Hetherington and Laselle Coatney lean on the front desk of their new venture, Luscious Beauty Boutique and Day Spa. Below, left: Visitors mingle in the waiting area at the grand opening of Luscious Beauty Boutique and Day Spa. Below, right: The inviting waiting area displays a painting by Diza Hope.



PAID POLITICAL AD

# Join the rest of your community and **VOTE YES ON MEASURE J** on November 6 for the new firehouse!

Jim & Michelle Schnitzius  
Courtney Duran  
Roger & Nancy Stipe  
Jolene Carrillo  
Johnetta Lippincott  
Kera Colvard  
Jeanette Turner  
John Turner  
Patricia Barnard  
Carol Gibson  
Susan Johnson  
Brandon Johnson  
Lynne Whiting Robertson  
Ricky & Deena Yadon  
Emilee Yadon  
Debbie & Charlie Clark  
Randy Prince  
Tina Ogden  
Roy McConnell  
Shawna Handschug  
& Izzy Perry  
Jocelyn A. DeJung  
Jonna & Ryan Weidan  
Analyssa Nunez  
Jazmin Duarte  
Michael McKinnon  
Mickey Fernandez  
Angelina Potter  
Diana Hoyt  
Rochelle Harn  
Kathy Lawrence  
Heidi Gundlach  
Peter Smith  
Emily Apodaca  
Sherie Zander  
Sam Maxwell  
Ursula Schlichting  
Earlene Gleisner  
Bear & Sharon Kamoroff  
Lorena Binto  
Misael Nunez  
Alison Hughes  
Rod Cavanaugh  
Tammy Cartwright

Valerie Jehnor  
Mike Rogers  
Eric Alvarez  
Eli Owen  
Nici Calwell  
John Thomen

Melinda Hays  
Darrel & LeAnn Schnitzius  
Jeb Potter & Family  
Andrew Hosford & Family  
Alysa Colvard  
Donna Figg-Hoblyn

CruisesandLand.com  
Gail Richards  
Patricia Campbell  
Floyd Welch  
Monika Hale  
Steve Roach & Family  
Jennie Brownlee Angell  
Greg & Mary Kanne  
The Englands  
Matt Anderson  
Junior England  
Aura Wells Whittaker  
Judi Kline  
Tina Warnock  
Trish Amador  
Jackie Woods  
Kendra Ahlbrecht  
Chad Leshner  
Allie Findley  
Nick Thill  
Phyllis Beltran  
Jim Tuso  
Greg Federoff  
Tylor Yadon  
Penny vanHorn  
Rocking Forty Ranch  
Jenny Caldwell  
Skip & Robin Lucier  
Patrick Bryant  
Michelle Birdsall Johnson  
Dahvi Hooper  
Tom & Angie Herman  
Galvin Graham  
April Finley-Hoggatt  
Ashley Barker  
Luci Shido  
Tony & Fran Madrigal  
Chris Wilkes  
Jaime Wilkes  
George Wilkes  
Tracy Wilkes  
Caelie Chapman  
Maureen Moore  
Jennifer Poole



J&M Sheetmetal  
John & Debbie Bixler  
Patrick Charson  
Marilu & Bill Paulson  
Mike Cornwall  
Tim King  
Phillip & April Sharkey  
Willie and Alexis England  
Lorenzo Rodriguez

Martin Rodriguez  
Eugene & Angelina Potter  
& Family  
Greta Kanne & Chris Harper  
The Book Juggler  
Clarence & Sheila Gray  
Saprina Rodriguez  
Imagination Station  
Cynthia & Merle Bacon

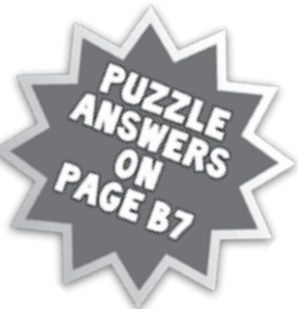


Willits Weekly's  
Puzzle Page

Sudoku, Word Search & Crossword

		5						
			9	3	7			8
4			8		5			
	9						7	
		1				8		
3			2				1	
					2			
6	1			9		3	4	
9		4	1		7			

Level: Intermediate



HOW TO  
SUDOKU

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

BAKING WORD SEARCH

V N P N T S R K K N E A D D O U B L E E  
F Y N U R E Z O O L F C R C O P R S G S P R M S  
H B U N N E F Y S O W A C H V P M R C G M S R  
N Z E A E T H L R N G D M Y L W A S S C O A U V  
V V L I T N G A B Z E L C O Y N E O I R E W R  
N K A U S E A B Z E L C O Y N E O I R E W R  
R S C Y O E A B Z E L C O Y N E O I R E W R  
L A R S R B Y U A O I I H A N L T R U W  
E U D B Y L B R M N K A N P T A A A E  
P D C O O I I M G K A N N F A T Z T H S  
G E U O S S B P O T Y E I F U E I E C R  
E D C T I G O U E C W W E E L U H A  
D T L N I W N E T U O E M O C N E G O  
I Y G O D T H I B T L O L W D F M U P C  
V U T E F S L V K W E P K Z D M R B R T  
I B R T U T P A K L A M T R K I Z A A S A  
D H C T A B A K M B M E C E I C C G E  
O V C W S Y T I C I T S A L E S R S U  
L E A V E N I N G T R E K H H D D S Y

AERATE	BOULE	COAT	ELASTICITY
ALL PURPOSE FLOUR	BREAD	COOKIES	FOLD
ALTITUDE	BROWNIE	COOL	GREASE
APRON	BUTTER	CORN SYRUP	KNEAD
BAKING POWDER	CARMELIZATION	DIVIDE	LEAVENING
BAKING SODA	CHILL	DOUBLE	MERINGUE
BATCH	CHOCOLATE	DOZEN	RISING
BATTER	CHOP	DRIZZLE	SHEET
BEAT	COARSE	EGGS	SUGAR

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31			32	33	34	
35			36				37				38			
39					40					41				
42				43						44				
45				46				47				48		
			49				50				51			
52	53	54			55				56		57	58	59	
60					61				62		63			
64					65						66			
67					68						69			

CLUES ACROSS

- Boat structure
- Affirmatives
- From end to end
- Ancient Syrian city
- Plant parts
- Anatomical feature of worms
- Invests in little enterprises
- Cuts the skin off
- Noted child psychiatrist
- Satisfies
- Take by sips
- Matched
- It changed the world
- U.S. Founding Father
- Adams
- Father
- Swiss river
- They hold music
- Spoke
- Used to write
- Cold wind
- More competent
- Test for high schoolers
- Mild analgesic
- Indian industrial city
- Fellas
- Short-tailed martens
- No seats available
- Golf score
- A way to sink

- Type of investment account
- Songs
- Type of sword
- King Cole, musician
- Type of vaccine
- Site of the Taj Mahal
- Languished
- Ethnic group in South China
- Prevent from seeing
- Word of farewell
- Charity given to the poor
- Chops
- Swiss capital
- One point east of southeast

CLUES DOWN

- Type of hall
- Swedish rock group
- Long, narrow cut
- Indicating silence
- Talk at length
- Wiped away
- Sweet substance (alt. sp.)
- Babar is one
- Soviet Socialist Republic
- French avant-garde composer
- Commoner
- Swiss river

- A single-minded expert
- Passover feast and ceremony
- Indie record label (abbr.)
- Fellow
- Strong tree
- Drenches
- Spindle
- North Dravidian language
- Lounges about
- Preamble
- Essential for nachos
- Afternoon beverage
- 007's creator
- Founder of Babism
- Music played in open air
- Profoundly wise men
- Disfigure
- Unhappy
- Prefix denoting 'in a'
- Cotton fabric; satiny finish
- Closes tightly
- The lowest point
- Semitic sun god
- Grads wear one
- Phil \_\_\_, former CIA
- Fermented rather than distilled
- Aids digestion
- Unstressed-stressed
- Body part
- Wonderful
- Expected at a certain time

WILLITS POLICE DEPARTMENT  
POLICE LOG

October 22 to October 28

By Danya Davis, Willits Weekly

The officers of the Willits Police Department handled **269** incidents in this seven-day reporting period.

Summary of Active Investigations and Arrests

October 22

7:44 am: Officers responded to a disturbance in the 100 block of California Street.

12:23 pm: Officers responded to a disturbance in the 1700 block of South Main Street.

2:09 pm: Officers responded to a report of trespassing in the 300 block of North Street.

3:52 pm: Officers responded to a disturbance in the 200 block of State Street.

6:06 pm: Officers responded to a report of suspicious persons in the 24000 block of North Highway 101.

8:14 pm: Officers initiated a hit-and-run vehicle collision investigation in the 600 block of Central Street.

8:39 pm: Officers initiated a hit-and-run vehicle collision investigation in the 100 block of Wood Street.

October 23

8:09 am: Officers responded to a report of panhandling in the 700 block of South Main Street and issued a warning.

10:49 am: Officers responded to a report of trespassing in the 800 block of South Main Street.

5:06 pm: Officers responded to a report of suspicious activity in the 800 block of South Main Street.

5:58 pm: BRUCE, Jessica Rae (31) of Willits was contacted in the 1100 block of Magnolia Avenue. She was arrested on felony charges of smuggling controlled substances or liquor into jail and felony charges of conspiracy to commit a crime.

October 24

9:15 am: Officers responded to a report of an unwanted subject in the 1400 block of South Main Street.

4:53 pm: Officers responded to a report of a suspicious person in the 1900 block of Clover Drive.

October 25

7:18 am: Officers responded to a disturbance in the 1700 block of South Main Street and issued a warning.

8:41 am: Officers responded to a report of an unwanted subject in the 400 block of East Commercial Street.

9:17 am: Officers initiated a theft investigation in the 1700 block of South Main Street.

1:18 pm: Officers responded to a disturbance in the 200 block of South Main Street.

11:49 pm: Officers responded to a report of illegal camping in the 100 block of Hazel Street and issued a warning.

October 26

12:21 pm: Officers responded to a report of trespassing in the 1700 block of South Main Street.

1:16 pm: Officers responded to a report of trespassing in the 400 block of East Commercial Street.

1:57 pm: Officers initiated a theft investigation in the 100 block of South Main Street.

3:36 pm: Officers responded to a report of a suspicious person in the 1300 block of South Main Street.

10:39 pm: Officers responded to a report of several unwanted subjects in the 700 block of South Main Street and issued a warning.

October 27

4:48 am: Officers responded to a disturbance in the 100 block of Marcela Drive.

6:27 am: Officers responded to a report of suspicious activity in the 400 block of North Street.

7:58 am: CARVER, Jeffrey Wayne (35) of Willits was contacted in the 100 block of Baechtel Road. He was arrested pursuant to felony charges of 459 PC (Burglary) and misdemeanor 1203.2 PC (Violation of Probation).

12:02 pm: Officers initiated a theft investigation in the 500 block of South Main Street.

3:38 pm: Officers responded to a disturbance in the 100 block of West Commercial Street.

6:08 pm: Officers responded to a report of an unwanted subject in the 200 block of South Humboldt Street.

9:51 pm: Officers responded to a report of illegal camping near the intersection of Manor Way and Elm Lane.

10:14 pm: Officers responded to a disturbance in the 100 block of East Oak Street and issued a warning.

10:47 pm: Officers responded to a disturbance in the 100 block of East Oak Street.

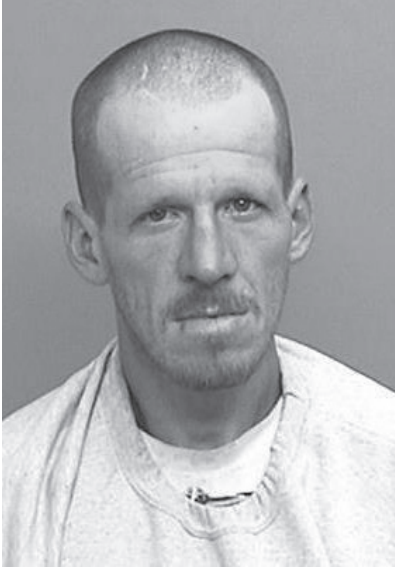
11:26 pm: Officers responded to a disturbance in the 200 block of School Street.

October 28

1:59 am: Officers responded to a disturbance near the intersection of Central Street and East Oak Street.

2:45 am: Officers responded to a disturbance in the 300 block of Penn Street.

10:10 pm: Officers responded to a disturbance near the intersection of Central Street and East San Francisco Avenue.



Jeffrey Wayne Carver of Willits.



Jessica Rae Bruce of Willits.

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www.WillitsWeekly.com

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Cash

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At the Farmers Market?  
We are happy to take any cash donations!

NOVEMBER

Mondays



9:00 a.m.  
to  
4:00 p.m.

Mens Night

Earn & Receive: 5:00 p.m. - 10:00 p.m.  
Earn 50 points to receive \$10 in free play.

Hot Seat Drawings 2x per hour  
6:00 p.m. - 9:30 p.m. = \$50 in free play!  
10:00 p.m. = \$100 in free play!



WEDNESDAYS

Roosters & OWLS

8AM-12PM 6PM-10PM  
EARN 50 POINTS ON PLAYER'S CLUB CARD AND RECEIVE \$10 IN FREE PLAY ONCE PER SESSION  
HOT SEAT DRAWINGS 9AM-12PM (2X PER HOUR ENDING BEFORE 1PM) \$50 CASH  
7PM-10PM (2X PER HOUR ENDING BEFORE 11PM) \$75 CASH

Scratch Card Sunday, 2 Sessions!  
10am-2pm & 6pm-10pm

Players Club members that earn minimally 75 points on each specific Sunday, will receive one (only one) Scratch Card (via the Players Club) PER SESSION. Each Scratch Card will have a prize (cash or free play), which will be;

\$10 Free Play \$20 Free Play \$50 Free Play  
\$75 Free Play \$100 Free Play  
\$20 Cash \$50 Cash \$100 Cash

Customers may receive only one Scratch Card each Sunday for this promotion. All Free play that is won via the Hot Seat Drawings must be used by 2am on the same gaming day, or the winnings (Free Play) will be removed from the customer's account.

THURSDAY

12PM \$100 FREE PLAY

1PM \$125 FREE PLAY

2PM \$150 FREE PLAY

3PM \$175 CASH (2ND CHANCE \$50 CASH)

9PM \$175 FREE PLAY

7PM \$125 FREE PLAY

8PM \$150 FREE PLAY

10PM \$300 CASH (2ND CHANCE \$100 CASH)



Saturdays

Winter Wonderland Hot Seats

11AM-3PM = \$25 in free play

7 PM - 9 Pm = \$50 in free play

9 PM -10 PM = \$100 in free play



See Player's Club for more information. Managment reserves all rights.

FRIDAYS  
PAYDAY

Ticket Entry Drawings - 20 Points/Entry  
May start to redeem points for entries starting at 11A  
-Each drawing time has a prize value to it;

WIN CASH FROM 8-11!

8:00PM \$100

9:00 PM \$150

10:00 PM \$200

10:30 PM \$250

11:00 PM \$300



At each drawing, a ticket will be drawn from the Raffle Barrel. The winner will have one minute to claim their prize. If the prize is not claimed the money will be forwarded to the next drawing.

For the 10:30 PM & 11:00 PM drawing, if there is no winner, the person conducting the drawing will continue to draw a ticket until someone claims the prize.

Member(s) may win up to two (2) times each Friday(s) of this promotion.





Above: Willits High School ag teacher Becky Bowlds stands with ag student Kiley Rose and one of the farm's vine-grown pumpkins offered for sale to the community for the Halloween and Thanksgiving holidays, and as a fundraiser for the FFA. At right: Dane Jennison combined a mini-pumpkin with his FFA-grown pumpkin for a cannibalistic pumpkin-on-pumpkin design. Far right: Gracie Jennison carved a silhouetted witch onto her FFA-grown pumpkin, which sported such attractive pumpkin characteristics, including deep ribbing, that Bowlds asked to have the seeds saved and returned to the club so they could plant again next year. The club saved the seeds from about 10 other ideal specimens, too.

Photos by Maureen Moore



# Farm-Fresh Pumpkins

Willits FFA sells around 100 pumpkins so far at first annual pumpkin patch

There's still pumpkins and veggies a plenty at the Willits High School ag farm which has been supplying the community with farm-grown goodies for this year's Halloween holiday. Ag teacher Becky Bowlds noted that around 100 pumpkins from the eight varieties planted have already been sold, and the gardening class is excited to tally up the donations to see how successful the fundraiser was. They'll also be working on a good game plan for next year when they also plan to sell more veggies, too. Currently there's tomatoes, potatoes, chard, mint and a variety of herbs available for sale at the farm, and still lots of pumpkins that will be just perfect for a Thanksgiving table, too. Call Bowlds at 292-5156 for more information.

—Maureen Moore

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Above, from left: Mendo Mill's pet department, decorated and ready for the Saturday costume contest. Gift baskets filled to the brim with pet treats and toys for the winners. Tito the Bumble Bee won the award for "Most Creative," and Nala the Grinch won the award for "Funniest" at this year's contest.

## Howl-o-ween

Mendo Mill's annual Halloween pet costume contest names five winners

It was all paws on board for Mendo Mill's annual pet costume contest held at the Willits store last Saturday. Five pets won awards, including "Most Dapper" and "Most Creative," earning bragging rights around the block and a basket of goodies for them – and their owners – to enjoy. Congrats to the winners, and Happy Howl-o-ween!

—Maureen Moore

At right, above: Asher the cat won the "Most Dapper" award.

At right: Loofy the Witch "Looked Most Like her Owner." Far right: Cloe the Witch won the "Most Scariest" award.

Below: This display at Mendo Mill was a festive set-up for Saturday's pet costume contest.

Photos submitted by Tonya Howe



## Infested Laboratory

'Science gone wrong' at Willits Charter School's Halloween horror show

The Willits Charter School's "Infested Laboratory" was a tour through an institution gone wrong. The WCS laboratories specialize in hybrid science and geo-engineering to help people live longer lives. But something goes horribly wrong. The entire laboratory becomes infected. It's a tragic story of science gone wrong.

This year, the student team of Kaylee Anderson and Savanna Hincker Tye came up with the idea of a Kids Room to save the little ones from going through the horror. They had games, prizes and entertainment. Ember Hetherington and Lexi McGrew from Willits Elementary Charter School helped out.

—Mathew Caine



Photos by Mathew Caine



At top: Audrey Sherf experiments on Rhyan Holder during the annual Willits Charter School fright night. Above: Jayden Jordan, Aedan Lockwood-Chanelle, and Timothy Southwick work their inner zombies.

At right, from top: WCS students Kaylee Anderson and Savanna Hincker Tye came up with the Kids Room as a place for younger celebrators who may not be ready for the lab. Jasmyne Rosado looks hauntingly scary and lovely, made up in her undead state. WCS's Zoe Jordan gets ready to scare lab tourists with her bloodied and torn make-up and clothing. At right: Triniti, Joshua Pacheco and Jasmine Blackwell take the tour through the Infested Laboratory at Willits Charter School.



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OBITUARY |

# William Lorey Hamilton

It is with great sadness that the family of William Lorey Hamilton announce his passing on Wednesday, October 24, 2018, at the age of 83.

Born on March 31, 1935 in Muskogee, Oklahoma, Bill's family migrated to Northern California, moving to Sonoma County. Bill graduated in 1954 from Analy High School in Sebastopol and served the USAF with service from 1955 to 1959, stationed in Germany.

After military service, he settled in Santa Rosa where he met and married Joan Hamilton (née Bruhns) in 1960 and moved to San Francisco. He raised his family in South San Francisco, before retiring with over 30 years at California

State Automobile Association (CSAA), and moved to Mendocino County.

Bill is survived by his wife of 58 years, Joan Hamilton, and their children Kevin (Mirna) and Susan (Nathan). Bill held a special place in his heart for his four grandchildren; Olivia (Israel), Vivian (Brandon), Henry and Kiara. Bill was the oldest of three children and is survived by his sister Jerri Lynne Peebles and was predeceased by their brother James Ellery Hamilton of Ukiah.

Bill was a friend, teacher and mentor to many. Some of the organizations he participated in: the SSF Aquatics Club, the SSF Lion's Club, the Golden Gate Breakfast Club, Chief of Special Agents in the City of SF, the San Francisco Seventh-Day Adventist Academy School Board, and the Mendocino County Jail (Teen Reconciliation and Resitution Program). Bill was baptized into the Seventh-Day Adventist (SDA) Church in 1983. Upon settling in the Mendocino County area, Bill joined the Willits Seventh-Day Adventist Church where he was an Elder for 19 years.

A Celebration of Life Service in memory of Bill will be held on Sunday, November 11, 2018 at 2 pm, at the SDA Church, 399 West Mendocino Avenue in Willits, California, with Chaplain Dennis Long officiating. The celebration of life will follow at the SDA School, 22751 Bray Road in Willits.

Those who desire may make memorial donations in memory of Bill: the Howard Memorial Hospital (attn: Denise Brown), 1 Marcela Drive, Willits CA 95490 or the American Cancer Society (1-800-227-2345).



## Steven Peter Okerstrom

March 17, 1941 – October 15, 2018

Steven Peter Okerstrom passed away on Monday, October 15th, 2018 following a two week struggle in intensive care at Pacific Medical Center in San Francisco, CA. A resident of Willits, CA, he was born to Merle and Astrid

Okerstrom in Santa Cruz, CA on March 17th, 1941. Steven was just five years old when the family moved to Branscomb to begin their life in Mendocino County.

He is survived by his loving wife Rita, sons Ryan and Sean Okerstrom and step children David G. Castino, Sr., Douglas Castino, Laurel Webster and beloved grandchildren David G. Castino, Jr., Sarah Castino, Jacquelyn Castino-Reynolds, Ben Castino & Remo Webster. He loved his sons Sean and Ryan deeply and was their fiercest advocate. His family mattered and he considered it one of his greatest fortunes when he married Rita Rubatino in 1992 and her family also became his. He was much loved and will be greatly missed.

Steven lived a big life. There was no half-way. He had big ideas, big dreams and a very big heart. He was generous and kind, a 'softy' at heart. He had a big taste for life – from fast cars to high performance speed boats. He especially loved sharing these passions with his son, Sean. Steven loved music and in his youth mastered every brass instrument in the high school band. He loved to reimagine things, and oversaw the exquisite completion of many projects – from auto restoration to remodeling his home and landscaping his hilltop in Willits. He was a skillful wood worker, imagined the best and oversaw the transformation of his home in Willits with care and very high standards.

Steven graduated from Laytonville High School in 1960. He attended Santa Rosa Junior College and worked at Yeager & Kirk Lumber, before returning to Mendocino County in 1964 to join his father in the family business, Okerstrom Logging. It was a decision that shaped his life for the next four decades. Initially with his father, Merle, and later his nephew, Todd McMahon, Steven grew Okerstrom Logging. As a co-owner, then owner, he was innovative and pushed to make a competitive edge for the company. He constantly looked for ways to improve production and generally had the best crews and equipment. The company grew to become a significant employer in northern Mendocino County. In the early 1970's, Okerstrom Logging brought the first swing yarder to Mendocino County at their logging operations in Rockport. In 1989, they brought the first feller-buncher to the county and started mechanized logging. It was eventually replaced with two others, which included one Steven helped design with Ross Equipment Company, considered at the time the biggest, most powerful feller-buncher ever built. In 1995, a second company was formed, "Timber Management Services" (TMS) which utilized a "cut to length" harvester and forwarder which had been manufactured in Finland. At its peak there were over 90 employees, which included 3 yarder crews, 2 cat crews, 10 log truck drivers, 30 timber fallers, mechanics, and admin staff.

Steven was preceded in death by his parents, Merle & Astrid Okerstrom and his sister, Geraldine Ferreira. He is survived by his wife Rita, sons Ryan and Sean Okerstrom, dear friend and right hand man Sirio Palio, his sister Elizabeth Murguia, nephews Todd McMahon, Greg Myers and Darren Ferreira, as well as numerous great nieces and nephews.

In lieu of flowers, the family suggests a memorial contribution be made in Steven's memory to St. Jude's Children's Hospital, the Wounded Warrior Project or a charity of choice.

A celebration of life will be held on Saturday, November 17th, 2018, 2 – 4 pm, at Willits Harrah Senior Center, 1501 Bacchtel Rd., Willits, CA 95490.

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– Submitted by Varsity Football Coach Chris Bickford

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# LEGAL NOTICES

WW190  
**Fictitious Business Name Statement**  
2018-F0613  
The following persons are doing business as Dan's Groceries, 75950 Commercial Street, Covelo, CA 95428: Danny Thomson, 75950 Commercial St., Covelo, CA 95428 and Todd Thomson, 75950 Commercial St., Covelo, CA 95428.  
This business is conducted by a general partnership.  
The registrant commenced to transact business under the fictitious business name listed above on May 6, 1963.  
Statement filed with the Mendocino County Clerk on September 27, 2018.  
/s/ Danny Thomson  
Pub dates: 10/25, 11/01, 11/08, 11/15/2018

WW188  
**Fictitious Business Name Statement**  
2018-F0593  
The following person is doing business as Coast Hardware & Radio Shack, 300 North Main Street, Fort Bragg, CA 95437: Botalotwork, Inc., 101 East Barbara Lane, Willits, CA 95490.  
This business is conducted by a corporation.  
The registrant commenced to transact business under the fictitious business name listed above on 10-9-2018.  
Statement filed with the Mendocino County Clerk on September 25, 2018.  
/s/ Wendy Morgan, CFO  
Pub dates: 10/11, 10/18, 10/25, 11/01/2018

WW191  
**Fictitious Business Name Statement**  
2018-F0650  
The following person is doing business as Willits Electric, 65 North Main Street, Willits, CA 95490: Ralph J. Pisciotta, 65 North Main Street, Willits, CA 95490.  
This business is conducted by an individual.  
The registrant commenced to transact business under the fictitious business name listed above in December 2003.  
Statement filed with the Mendocino County Clerk on October 22, 2018.  
/s/ Ralph J. Pisciotta  
Pub dates: 11/01, 11/08, 11/21 and 11/29/2018

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Email us for more info:  
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The rest of Luscious From Page B1

"which is a high-frequency modality where you can help kill bacteria and promote oxygen to open the pores and pull out toxins. That is negative polarity. Positive polarity can be used to push product in, which allows you to get it deeper into the skin."

Coincidentally, Hetherington and Coatney are so close they both have 8-year-old daughters who are two days apart in age. They manage to balance their maternal duties with their time at the boutique, deftly juggling their responsibilities by limiting their work hours. Hetherington works Mondays, Tuesdays and Fridays when her 4-year-old is at day care, and Coatney is available by appointment – in fact, appointments for all the technicians are greatly encouraged and required for most treatments.

The crowd at the opening Friday night was treated to a colorful and tasty variety of noshes and appetizers prepared skillfully by Deb Schwartz, mother of Hetherington. Aaron Bellomo played guitar in the plaza, just outside the door, as Morgan Rex's Art in the Plaza was resurrected for the evening, creating a nice entryway into the shop.

Coatney and Hetherington are optimistic about their future. They are bringing their 24 years of combined experience into this new venture, as well as their reputations and clientele, as have the other workers. "We have had the community supporting us for so many years already," mused Hetherington. "We are going to thrive here."

Amidst the economic hardships, the cannabis upheavals, the bypass and other problems and changes happening in Willits, there thrives a culture of entrepreneurship which gives hope and optimism for the future of the town. The Luscious Beauty Boutique and Day Spa can be reached at 459-8800 for information and appointments; visit www.facebook.com/lusciousbeautyboutiquesalonanddayspa for more information.

Laselle Coatney smiles while visitors check out the new salon.

Photo by Matthew Gaine

WILLITS WEEKLY

WILLITS WEEKLY

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For a complete list of current job openings and to apply: [www.mendocinocounty.org/government/human-resources](http://www.mendocinocounty.org/government/human-resources)

EOE

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WILLITS WEEKLY

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