

# Willits Weekly

EST. 2013

A Nostalgic & Modern Record of Community and Life in Willits  
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## New PAC urges 'No on Heritage Initiative'

Mike A'Dair  
Reporter  
mike@willitsweekly.com

Fearing the county's proposed Heritage Initiative will spark another "Green Rush" of "outsiders coming to Mendocino County to grow marijuana without any consideration of the environment," a group of county citizens has formed a political action committee to defeat Measure AF at the ballot box this November.

The "Vote No on Measure AF" committee includes former Third District Supervisor Hal Wagenet, Willits attorney Christopher Neary, Ukiah businessman Ross Liberty, and Ukiah recycling manager Mike Sweeney.

Read more of **No on AF** | Over on Page 11

## Wildfire chars 36 acres northeast of Covelo

A wildfire in the 97000 block of Mina Road, 12 miles northeast of Covelo near the Trinity County line, has been fully contained, the California Department of Forestry and Fire Protection announced Wednesday morning.

The Mina fire erupted in oak woodland and grass at about 1:35 pm Tuesday and quickly spread to 10 acres, according to CalFire, at one time threatening several structures in the rural area.

CalFire Fire Prevention Specialist Lesley Smith said 10 Mendocino County CalFire engines, a Humboldt County CalFire engine, a Mendocino National Forest fire engine and a Covelo Volunteer Fire Department engine,

Read the rest of **Fire** | Over on Page 11

## Water woes at social services building continue

Mike A'Dair  
Reporter  
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Supervisors on Tuesday renewed a state of emergency declaration for the county's social services building in Ukiah's Yokayo Center.

The emergency stems from flooding which occurred in the building at 737 South State Street on August 16. The flooding occurred when county work crews, repairing a bathroom in the building, installed a temporary cap on a water line before leaving for the

Read the rest of **Flooded** | Over on Page 11



Above, left: Cici Winiger, community outreach and communications manager for Frank R. Howard Memorial Hospital, and Bruce Burton, mayor of Willits, pose for a photo in front of the Redwood Medical Clinic entrance at the new Lamprich Center on the HMH campus. Above, right: Judson Howe, director of finance for HMH, Kathleen Lewis, Warren Lewis, Roxanne Lemos-Neese and Robert Neese smile in the new HMH pharmacy. Below: Many of the attendees who came to the Willits Chamber of Commerce After-Hours "Sneak Peak" tour of the Lamprich Center Wednesday afternoon.



Above: Willits Chamber of Commerce's Lynn Kennelly, April Tweddell and Barb Ivy at the check-in table. Below, from left: Margie Handley and Arnie Mello in the front offices of the Howard Foundation offices. Kennelly poses with gift basket winner Dr. John Glycer and HMH CEO Rick Bockmann. HMH's Chef Kyle Evans sets out trays of food.



Below, left: Jill and Chuck Persico, Lynn Kennelly, Diana Franceschini, Diane Ford and friends at the mixer. Below, right: Richard Venturi, Tim Westby and Kevin Tyrrell of the Willits Wild Bunch pose with Mike Parkinson, Willits City Manager Adrienne Moore and Brenda Orenstein.



## WELL Efficient Living Tour

What locals are doing to use less energy, conserve water, and more



WELL tour attendees check out the interior of the St. Francis Episcopal Church.

Did you know that spiders can help indicate where a house may have air leaks? Or that the St. Francis Episcopal Church is one of only three churches ever built in North America? Or that the first-ever solar power expo took place in Willits back in 1990?

This and much more was revealed to a fascinated group of local participants at last Saturday's "Efficient Living Tour," sponsored by Willits Economic Localization, or WELL. The tour, conceived and organized by WELL member Paul Jacobson, began at the Willits Environmental Center, with the group visiting four energy-efficient locations around the

Read the rest of **Tour** | Over on Page 13

## Council talks cannabis pros and cons

Damian Sebouhian  
Reporter  
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"I have to put my opinion of this issue on the back burner and go with what I think is best for the community," said Willits City Councilman Larry Stranske during last week's council meeting, addressing the possibility of allowing commercial indoor cannabis cultivation within heavy industrial-zoned areas of the city.

It's a turnaround for Stranske, who, as a former member of a marijuana ad hoc committee with Mayor Bruce Burton, had campaigned earlier this year for a complete ban on all cannabis-related activity within city limits.

Read the rest of **Cannabis** | Over on Page 15

## Caltrans more receptive to city Main Street plans

Damian Sebouhian  
Reporter  
damian@willitsweekly.com

Progress has been made regarding Caltrans' receptivity to the city's draft street design plans, the Caltrans Relinquishment Project ad hoc committee updated the Willits City Council during last week's meeting.

Caltrans is obligated to leave Main Street north of Highway 20 in "a good state of repair," but there has been uncertainty on the part of both Caltrans and the city about what that actually means.

"We tried to make our case that a state of good repair in 2016 is a complete

Read the rest of **Caltrans** | Over on Page 6

## Willits man held in Laytonville killing

A Willits man is being held on suspicion of murder following a Sunday evening assault in the parking lot of a Laytonville bar.

No motive has been established in the death of 29-year-old Kenneth Fisher of Laytonville, according to a Sheriff's Office press release.

According to sheriff's Lt. Shannon Barney, 32-year-old Charles Reynolds struck Fisher once at about 8:42 pm in the parking lot of Boomer's Bar.

As deputies rushed to the scene, they learned Fisher

Read the rest of **Murder** | Over on Page 15



# What do YOU think?

Opinions, thoughts and thank you letters from readers

## MCOG to tour Willits

To the Editor:

The Mendocino Council of Governments, MCOG, will meet in Willits on Wednesday, September 7 for its semi-annual tour of transportation plans and projects in a local community. The council will take a bus tour of the bypass in the morning, led by Caltrans. After lunch, the council will hear a presentation on the City of Willits' plans and concepts for downtown street improvements, at City Hall, 111 East Commercial Street, along with a brief walking tour of the area.

We would like to invite anyone interested to join the downtown portion of the tour at 1 pm. For those with a little time during lunch hour, come mingle with our board and staff at City Hall at about 12:15; there will be lunch while supplies last, or bring your own bag.

While seating on the bus is limited, those interested in the morning bypass tour may contact us at 463-1859 for a reservation, subject to availability.

The agenda schedule may be viewed at City Hall or online at [www.mendocinocog.org](http://www.mendocinocog.org) under "Meetings." There will be no regular business meeting on this occasion, only informal discussion with the "mobile workshop."

MCOG is the Regional Transportation Planning Agency for the countywide area. The agency disburses state and federal funds for transportation, provides regional planning, and serves as a regional forum. As a joint powers authority since 1972, MCOG is overseen by a board of two county supervisors, a countywide public appointee, and one council member from each of the four incorporated cities.

Thanks very much for this opportunity to get the word out about MCOG's visit to Willits.

Janet Orth, MCOG deputy director, Willits

## Supper on the bypass

To the Editor:

For more than 60 years the Willits bypass project has been in motion and is now coming to fruition with a scheduled opening to traffic on November 3, 2016. This bypass represents a new era for the town of Willits. With a reduction of through traffic, downtown will reclaim its Main Street and will introduce a range of new opportunities and experiences for visitors, locals and businesses alike.

The Willits Chamber of Commerce is hosting an event on Saturday, October 29, 2016 in recognition of this milestone. The purpose of the event is to bring people together and raise funds to benefit our community. It is a celebration for the homecoming of Main Street and a movement forward into a prosperous future.

Supper on the Bypass – A Farm to Table Experience will be held on the bypass surrounded by scenic vistas from 1:30 to 6 pm. Featuring local farm produce farmed along the historic Highway 101 in

Mendocino County, chefs will create fresh dishes, accompanied by wines produced by Mendocino wineries and breweries.

By holding this event on the structure itself, the chamber's goal is to demonstrate the community's resilient ability to thrive in the face of huge, seemingly insurmountable obstacles, which included the loss of farmland, wetland mitigation challenges and other setbacks and tribulations along the way.

"A showcase of our local harvest bounty within view of the stunning Little Lake Valley is a once-in-a-lifetime way to begin what will be an annual community event to be held in the revitalized Willits downtown for years to come," says Lisa Epstein, president of the Willits Chamber of Commerce.

Tickets for the supper are \$100 each and may be purchased by calling the Willits chamber office.

For more information on the Supper on the Bypass – A Farm to Table Experience event, please contact: the Willits chamber at 459-7910.

Submitted by the Willits Chamber of Commerce

## Beyond ironic

To the Editor:

An open letter to the Willits Chamber of Commerce:

I love farm-to-table dinners and am all in favor of the Chamber of Commerce showcasing Willits' local farmers and the burgeoning local farming movement. But to couple a farm-to-table dinner with the opening of the Willits bypass is beyond ironic. This bypass is the antithesis of everything local farming stands for: farmland protection, water conservation, protection of the surrounding natural environment, respect for Native American land stewardship traditions, and doing everything we can to reduce carbon dioxide emissions in order to avert catastrophic climate change, which, if unchecked, has the potential to upend everything we count on to grow food.

The Willits bypass drained and compacted approximately 100 acres of valley wetlands, land that used to contribute to the recharge and cleansing of the valley's water table, springs and wells. This bypass destroyed the same amount of irreplaceable sub-irrigated permanent pasture. This project's absurd "wetland creation" activities is removing 266,000 cubic yards of fertile topsoil from the valley floor and hauling it off site. The bypass leveled a riparian forest and oak woodlands, and took some of the valley's oldest and largest valley oaks, some of which were alive with wild beehives. All of us, and farmers in particular, are dependent on these hardy native pollinators and the habitat that supports them to grow the food we eat.

Perhaps most egregiously, this needlessly oversized bypass has dumped close to half a billion tons of carbon dioxide into the atmosphere during construction alone. The ultimate vision for this bypass is to accommodate five to 10 times the present volume of regional traffic and send it

speeding around Willits at 65 mph.

If projects like the Willits bypass still on drawing boards across the country and around the globe are not scrapped, we will almost certainly face such extreme climate disruption that famine is a likely outcome. Earlier this year at the Paris climate talks, 160 nations agreed that we must cap the global temperature increase at 2 degrees centigrade if we hope to adapt to the already inevitable climate disruption. Most leaders agreed that we will only succeed in reaching this goal if we leave the rest of the untapped fossil fuels in the ground. Willits has not joined in this effort. The Willits bypass is precisely what we should not be building.

But, "The bypass is here," you say. "There are many people looking forward to it, and it is a unique opportunity to show off Willits." True, so, celebrate the likely reduction in truck traffic through town; the end of construction disruption; the city's acquisition of Main Street. But don't confuse the local farming movement with a celebration of the bypass. To couple the two is a failure to acknowledge the real significance of either.

So how do we go forward now that this freeway bypass is here? Save farmland. Oppose more pavement. Treasure our precious water. Promote infill development. Build a good public transit network. Imagine a bypass permanently closed to vehicles. When the chamber wants to work on these kinds of visions, sign me up! Redemption is possible.

Ellen Drell, Willits

## CalFire grants

To the Editor:

CalFire announced Wednesday it will be awarding nearly \$16 million for fire prevention grants to local fire departments and fire safe councils to reduce the threat of large wildfires. The 2016-2017 State Responsibility Area Fire Prevention Fund and tree mortality grants are aimed at reducing the threat of wildfires as well as dead and dying trees in and around communities within the State Responsibility Area.

"In just the last couple of weeks, we have seen how destructive this fire season has already been and the critical role fire prevention projects play in helping us protect lives and property," said Chief Ken Pimlott, CalFire director. "As the drought continues, and millions of more trees die off, we must take every step to prepare our neighborhoods and communities from wildfire."

The 2016-2017 CalFire grants have a one-time appropriation of \$10 million that is intended to address the risk and potential impact of wildfire and dead and dying trees on habitable structures in the SRA. The grants also provide a one-time allocation of \$6 million for fire prevention projects that are not limited to the SRA. The target audiences for the grants include, but are not limited to, local government agencies, fire districts and fire safe councils to augment recent fire prevention projects. The grant amount will be limited to a maximum of

\$200,000 per project. This will allow for broad distribution of grant funds to local government agencies and organizations throughout the state. The 2016-2017 grant applications are due September 28, 2016, by 3 pm.

CalFire is encouraging a wide range of applicants throughout the state to apply for this funding. Interested parties can get more information at CalFire's grants webpage at: [www.fire.ca.gov/grants/grants.php](http://www.fire.ca.gov/grants/grants.php).

Submitted by CalFire, Mendocino Unit, for CalFire headquarters in Sacramento

## "Grassroots Solutions"

To the Editor:

This election cycle, for which we are smack dab in the middle, has generated more interest in politics, more data regarding the actual political composition of our country and various nefarious undercurrents that have festered below the light of day for many years. More Mendocino County registered voters showed up to the polls on June 7, 2016 than did in the primary election of 2008. 12,259 Mendocino County residents launched a political revolution. Another 6,048 Democrats dared to create HERstory by electing a woman to run for the Oval Office. There also were 4,000 ballots cast in our county for Donald Trump.

Groups are mobilizing, political parties are evolving, and an institute is forming in Mendocino County called the Grassroots Institute to develop grassroots solutions to corporate power. We have been teaching a class at Mendocino College through the Community Extension Workshops called "Grassroots Solutions and Corporate Power." This class met at the North County Center in Willits this spring.

A new class will be started September 10 at the Coast Campus, 1211 Del Mar Drive, Fort Bragg, room 112. Workshops this semester will be formatted a little differently with a time slot of 9 am to 1 pm.

With a series of five four-hour workshops we will be able to function as a "lab class," dedicating time to delve into speakers, conversations and activities. The workshop series is designed to address five aspects of political science: political theory and corporate hegemony, economic theory and history, the Commons, environmental justice and sustainability, and the many aspects of globalization.

You can sign up for the workshops by phone at 468-3236 or online at [www.mendocino.edu/tc/pg/5841/register\\_for\\_a\\_comex.html](http://www.mendocino.edu/tc/pg/5841/register_for_a_comex.html). The cost is \$25 for all 5 workshops.

Alliance for Democracy's "Justice Rising: Grassroots Solutions to Corporate Rule," the publication that class facilitator Jim Tarbell created and has edited for the past 10 years, will be the major resource for this workshop. Perri Kaller from Willits, organizer and political economy researcher will also facilitate the class. Questions: contact Jim Tarbell at 964-1323 or [rtp@mcn.org](mailto:rtp@mcn.org) or Perri Kaller at 456-4997 or [pmartinez@willitsonline.com](mailto:pmartinez@willitsonline.com).

Perri Kaller, Willits



Above, from left: Poured on the tables, the crawfish pile includes potatoes, which soak up the deeply flavored juices, heads of garlic, artichoke, citrus, and smoked pork ribs (a very special treat). Justin Simoneaux stands by as the crawfish soak in the spicy juice just before serving. Joe Mackowiak tends a slow fire under locally sourced chickens.



Photos by Ree Slocum



Above, from left: People crowd around tables piled with the crawfish boil medley. Scooping out the crawfish, Emiliana Punya, director of culinary school La Cucina in San Francisco, uses a traditional homemade basket which has seen many years of use.



Above: Ryder Hoyer serves pulled slow-roasted chicken to a happy diner as volunteer Scott Dardene looks on.

At right: Grace Chrisp is an old hand at shucking and eating crawfish.

Far right: There's just nothing like feasting on authentically prepared Cajun crawfish!



Above, from left: Clay Carpenter, Matt Paradis, and Troy Terrill, Crawfish Boil instigators, head the group of chefs, cooks, bartenders, and other volunteer friends and family. Manning the crawfish boil pot is Blake Cutner. Previously a chef in New Orleans, Cutner is currently the culinary manager at La Cucina in San Francisco. Volunteers next to the crawfish boil pot gather around to eat freshly scooped crawfish. Below, from left: Emiliana Punya, director of SF's La Cucina, and Joe Mackowiak basting a roasting goat with a fiery Cajun sauce. This is how pork and chicken are pulled at the fundraiser. Joel hands some authentic Cajun gumbo to diner Matt Woodard.



The Rules: **LETTERS**

Letters & Commentaries: Email letters to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com). Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willits Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits letter publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.

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**Willits Weekly**

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EST. 2013

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**Redwood Meadows**

Senior Apartment Community

1475 BAECHTEL ROAD  
WILLITS, CA 95490  
707-459-1616  
MON-FRI 10:00-4:00

Redwood Meadows is an active independent senior community featuring 101 apartment homes, primarily a mix of one and two bedroom apartments which are single story 4-plex cottage-type set amongst seven acres of park like landscaping.

We are a smoke-free and pet friendly community. We boast a community center where activities are held like card games, Bingo, birthdays and socials. We also have a barbecue area for residents to get together for social functions.

Redwood Meadows is conveniently located adjacent to the William F. Harrah Senior Center with a thrift store, cafeteria and taxi service, and Howard Memorial Hospital is just blocks away.

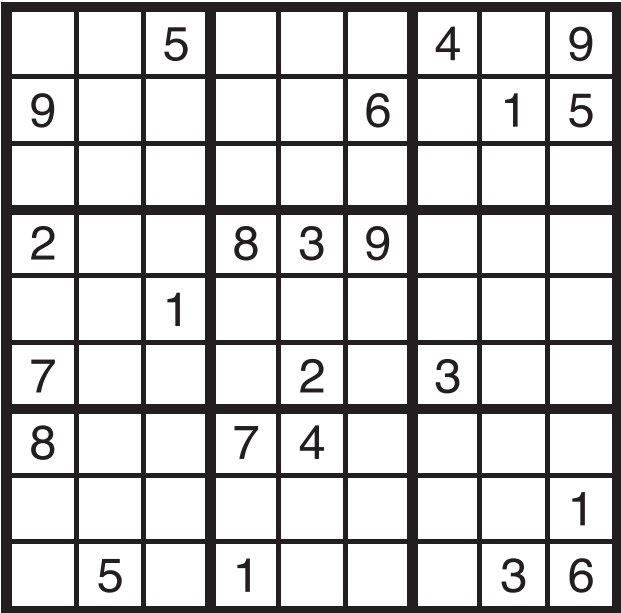
**Walter Camp**

We are playing Walter out with bluegrass, as he requested, and hope you can join us on September 11 at 4 p.m. at the Willits Art Center for a celebration of his life.

— Jane, Tomki and Karen, and Blaise Camp



Crossword
Puzzle &
Sudoku



Level: Intermediate

How To
Sudoku:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

BACK TO BUSINESS WORD SEARCH

Word search grid containing various business-related terms like ACCOMPLISHMENTS, ANNUAL, AVAILABILITY, BENEFITS, BOSS, CAREER, CASUAL, CONFERENCE, CUSTOMER, DEDUCTIONS, EMPLOYEE, GOALSETTING, GRIEVANCE, HIRE, HOURS, INTERNSHIP, JOB, LEAVE, LOSS, MANAGEMENT, MARGINS, MEETINGS, NETWORKING, NOTICE, OFFICE, OVERTIME, PAYCHECK, PROFIT, PROGRESS, PROMOTION, REFERENCES, SERVICE, SUPERVISOR, UNION, WAGES, WORKERS.

CLUES ACROSS

- 1. Taro plant
- 5. Stone splinter
- 10. One who likes tobacco
- 12. Roughly chipped flint
- 14. He played Gandalf
- 16. Indicates position
- 18. AMC ad show 'Mad \_\_\_'
- 19. Popular sports league
- 20. Linguistics pioneer
- 22. Singer DiFranco
- 23. Dispenses
- 25. Most important part
- 26. Worthless entertainment
- 27. Remunerate
- 28. Cool
- 30. Ex-Knick Jeremy
- 31. On top
- 33. Felt for
- 35. Vulcan doctor
- 37. Publicly denounce
- 38. Bits of
- 40. Something to live by
- 41. Take in solid food
- 42. Small amount
- 44. German war epic '\_\_\_ Boot'
- 45. Words per minute
- 48. Employee stock

CLUES DOWN

- 1. Very long period of time
- 2. Boston-based Celtic punk band (abbr.)
- 3. Final month (abbr.)
- 4. Scottish island
- 5. Merchandiser
- 6. Elected leader (abbr.)
- 7. Brews
- 8. Linear accelerator (abbr.)
- 9. Lawrence Taylor
- 10. Upstate NY college
- 11. Schemer
- 13. Even more shaggy
- 15. Electronic funds transfer

- 17. Currently popular
- 18. Indicates where you are
- 21. Female peace officers
- 23. Opposite of woman
- 24. Drain
- 27. Studied
- 29. Performs mischievous deeds
- 32. Political action committee
- 34. Rocker Nugent
- 35. American jazz rockers '\_\_\_ Dan'
- 36. They remove things
- 39. Standardized test
- 40. Dishonorable man
- 43. Infants
- 44. Actress Richards
- 46. International monetary units
- 47. Married woman
- 49. Lecterns
- 51. Buddy
- 54. Spanish river
- 59. 'Fresh Prince of \_\_\_ Air'
- 60. Strike lightly
- 61. Boxing legend
- 62. Muscle contraction
- 64. Siberian river

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COLUMN | Intuitive Patterns

September 2016

Osho Zen Tarot: Sharing, Going with the Flow, The Dream

Medicine Cards: Whale, Coyote

Mayan Oracle: Realm Shift, Ik

Ancient Egyptian Tarot: The World, The Tower, Six of Swords

Aleister Crowley Deck: The Universe, The Empress, The Chariot

Healing Earth Tarot: Seven of Pipes, Justice, Five of Feathers

Words of Truth: Discrimination, Opportunity, Self Love

Sometimes you just have to allow the flow of life to take you somewhere. The fear comes in when you don't know where you are going. Learning to trust life more than your mind is extremely difficult. Knowing everything is not really



Suzanne Wagner
Columnist

possible. When you are in a state of change, the constant fluctuation puts things outside their normal predictable course of action, and things do not move or flow as you would expect.

Osho says: "We come alone into this world; we go alone. All togetherness is illusory. The very idea of togetherness arises because we are alone, and aloneness hurts."

This month you may feel very alone. You may be feeling the lonely song of the whale calling you to another world, another time, and another place. That longing for connection is deeply penetrating your mind, and yet you seem to be surrounded by those who are deceptive and use trickery to get their way. You wish to share on the deeper levels of connection, but there is that feeling that when you do that sharing is not fully received. Yet it is through aloneness that we attain inner harmony. That is because outside there is no other, there are only reflections of your inner archetypes that are trying to get your attention.

In every situation, we have to learn to move on with life. We cannot hold you in the places of past hurts or we become a frozen self, blocked and unable to see the shifts happening all around us, because we are continuously reliving an emotional trauma from our past like watching a film over and over

again. This pattern is very distracting and does not allow us to be in the present or see the perfection in this moment.

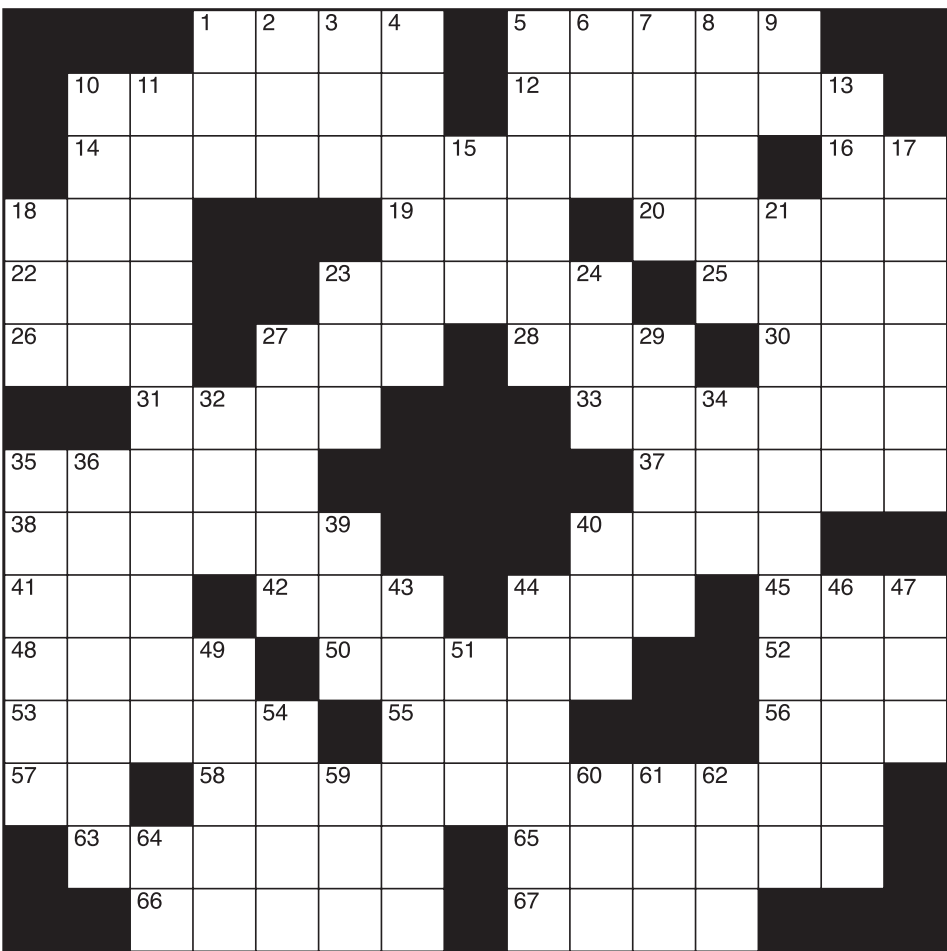
Life can pass you by if you are holding the past as having more value than your future. Not only will it make life very monotonous, but it will also contribute to physical illness. Repeating negative events in our mind adds stress to the body and the body can only hold so much before it begins to break down.

Take this moment to look at your past and see how those lessons and upsets have made you change and question certain perimeters of your life. Notice that it is though challenges that we grow. Notice that by accepting the past hurts and learning from them, you allow yourself to step into a more compassionate being and help you to gain wisdom as you age.

Be careful in the places where you have built a tower on unstable foundations. What that means is to take a look at the stories you have been telling yourself and see how you have built a fortress around yourself that may crumble to the ground if you are not willing to see the ego's protection in the lies and illusions you have created to feel safe.

Pain is often the tool that pushes us to embark on new journeys. That does not mean that all journeys have the outcome you wish or want. September makes us have to travel through some difficult landscapes. This is not a month to slow down and wait for a better moment that may never come. This is a moment to keep going forward at all costs. Stopping is not advised. There are unforeseen forces at work in your life, and a great wind is shifting you in ways that will help you integrate the polarities within yourself.

Suzanne Wagner is a professional psychic who teaches the intuitive arts throughout the United States. She is the author of "Integral Tarot" and "Integral Numerology," which can be found on Amazon.com. For more information: visit www.suzwagner.com or call her at 707-354-1019. For more on "Intuitive Patterns" for September, visit YouTube: http://youtu.be/YeKgLTPZd4.



Counterclockwise from top right: Tristen Santana Cockrall-Castro at work in his outdoor studio. An abstract painting by Peter Onstad. Onstad creates his abstracts in the studio but said he often does realistic art when camping. The official "Generations" show poster. "Hummingbird Temptation," a water feature by Morgan Rex, has hummingbirds flocking to the red glass ball. One of Cockrall-Castro's "graffiti art that isn't graffiti" pieces.

Photos by Jenny Senter

'Generations'

September show at WCA features three artists of different ages

"Generations" is a great look at how an artist's life experiences affect their art. The opening reception for the September Willits Center for the Arts show is set for Friday, September 2 from 6 to 9 pm. Peter Onstad, Morgan Rex, and Tristen Santana Cockrall-Castro will represent the three generations of

Jenny Senter
Features Writer

artists in this show.

New this month is the WCA Members Hour, from 6 to 7 pm, which will be a time for WCA members to have a complimentary glass of champagne or juice and hear a brief talk by the artists about their work. Not a member? Docents will be on hand to help you join, but since this is the first Member's Hour, nobody will be turned away. The reception for the public will be from 7 to 9 pm and will include refreshments and live music by Aaron Luedemann.

Peter Onstad, in his late seventies, represents the older generation in this trio of artists. A native of San Francisco, Onstad studied at the Art Institute of San Francisco and was a member of the Bay Area Figurative Movement where he studied under Richard Diebenkorn and Elmer Bischoff. He explored many facets of art until he found his love for abstract painting in the early 1980s. He said his abstract art comes from "exploring not the exterior references, but what is inside, and exhaling my experiences." He relates that he likes exploring the paint surface until "the chord is

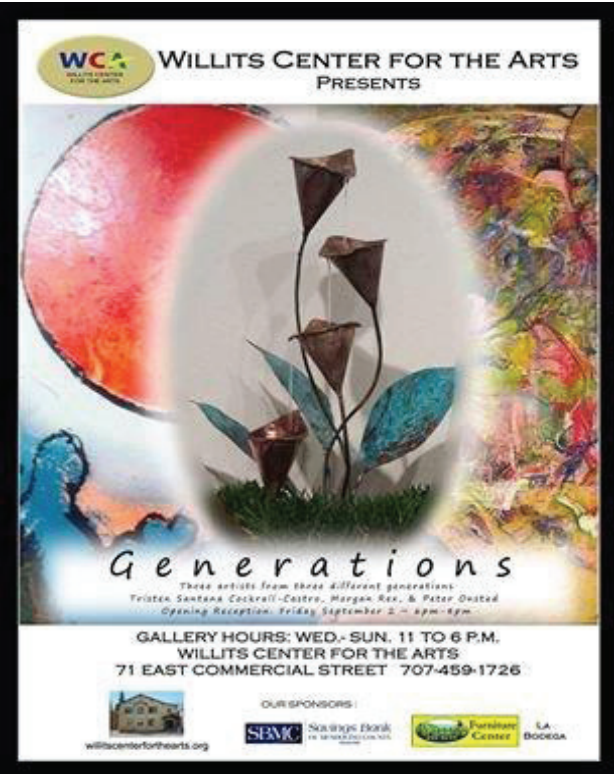
struck," and once he feels that chord, he knows the piece is finished.

Onstad said he loves the art of creating. It is that love coming from within that has him in the studio every day creating, researching or, as he puts it, "doodling." Since Onstad is of a certain generation, I asked if he had any "sage" advice for the younger generations of artists. He chuckled and said he felt perseverance and enthusiasm have been the key elements for his career of over 50 years as an artist.

Smack in the middle generation is Morgan Rex, who has been working with metal for over 35 years. He got his start creating wind chimes and other hanging metal sculptures in a business in which his mother was involved. He is self-taught and worked many years to perfect his art using an oxyacetylene brazing torch, which he considers his "brush." While he has duplicated pieces to sell at festivals and shows, he stressed that each piece has subtle differences because of using the brazing torch, one of the oldest tools for metalworking.

Rex is excited about his new projects and will have on display a showcase piece of art that he spent over 60 hours creating. He shared it "was inspired by the Lord, who

Read the rest of
Generations | Over on Page 6



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Call for ad space: April Tweddell 707-972-2475
Runs on the second Thursday of the month.







Friday, September 2

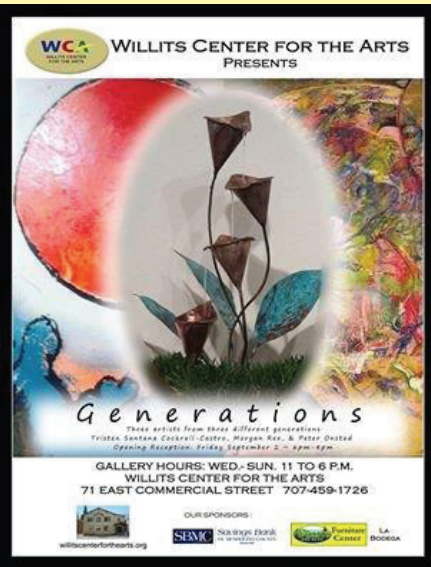
**'Generations':** September's show at the Willits Center for the Arts, "Generations," opens Saturday, September 2 with a reception from 7 to 9 pm. New: WCA Members Hour, from 6 to 7 pm, for members only, but docents can help you join; nobody turned away. "Three artists from three different generations: Tristen Santana Cockrill-Castro is an "Art Under Twenty" artist. His body of work mostly consists of spray paint art. Morgan Rex, who has been working with metal for over 35 years, also includes in his sculptures glass and water. Most of his works are three-dimensional. Pete Onstad is a generation or two older than Morgan and is an oil and acrylic painter of landscapes, figures and abstracts." 71 East Commercial Street. Gallery hours: Wednesday through Sunday, 11 am to 6 pm. More info: 459-1726 or [www.willitscenterforthearts.org](http://www.willitscenterforthearts.org).

Saturday, September 3

**Senior Center Labor Day Flea Market:** 8 am to 2 pm at the Harrah Senior Center, 1501 Baechtel Road. Hot Dogs & Root Beer Floats. Vendors wanted: Call Lucy at 459-6826.

**Spiritual Bootcamp 101:** A new course in the principles and practices of the spiritual path starts Saturday, September 3, 2 to 4 pm at Inner Resource Institute, 1500 Hearst Road, Willits (corner of Hearst and Valley roads). Everyone welcome! "In this free course we teach powerful and practical spiritual technologies which anyone can use to simply and safely develop themselves and enhance all areas of their life experience: relationships, family life, our work in the world, our prosperity, our health, happiness, purpose and vitality. Taught by Chinmayan, who has more than 50 years of training and practice with some of the greatest spiritual masters of our time. The course is designed to educate, inspire and motivate. It is totally free, but we do ask you to pre-register at 707-357-4676 or [info@innerresourceinstitute.org](mailto:info@innerresourceinstitute.org) or see us on YouTube/Light Warrior Training."

**Claws for a Cause:** Willits and South Ukiah Rotary Clubs host this fine-dining fundraiser to benefit the Seabiscuit Therapeutic Riding Center, formerly known as TRAIL, a therapeutic riding program dedicated to providing therapeutic riding lessons to improve the lives of those who are challenged physically, developmentally, socially and emotionally. Dinner features live Maine lobster accompanied



4224, and La Bodega, 358 South Main Street, 459-4223, and at the Mendocino Book Company, 102 South School Street in Ukiah, 468-5940. If you would like to be an event sponsor or if you would like to make a donation, please contact Willits Rotarian Mike Smith, 707-972-2471, or Diane Cannon, president of the Seabiscuit Therapeutic Riding Center at 707-489-8372.

**"Heartfelt Harvest":** an evening of three acoustic acts at the Willits Center for the Arts, including the Cosmic String Duo, featuring Carl Kimmerle on violin and Martin Masakowski on 5 string upright bass. "Locals might remember Carl as a guest violinist for the Dirt Floor Band and other local groups when he passed through town. Cosmic String Duo will be playing American jazz and folk music from around the cosmos; the set is in large part improvised and relies on group participation from the audience. Expect all the musicians to trade around with each other's set. Everybody will be making music together." Cosmic String Duo's set will also feature a choreographed pillow fight.

Opening acts include Sarah Rose McMahon playing her original songs with a couple "special guest mystery musicians," and vocal duo The Real Sarahs. Promoters booked the show at the WCA "just to play in the Willits area for a listening audience in a venue that isn't a bar." 7:30 pm until no later than 11 pm. \$10. 71 East Commercial Street. Bring a pillow (for lounging, too!)

**Shanachie Pub:** House of Wrongs Krew DJ Night. First Saturday of every month. 9 pm. "All

by filet mignon steak skewers, appetizers, dessert, beer and wine, and is set for Saturday, September 3, 5 to 9 pm, at the charming and historic Charles Howard House patio and lawn at Ridgewood Ranch, home of Seabiscuit, south of Willits. Plus live music by The Bassics, appetizers, local wines, beer, live and dollar auctions, site tours and a heartwarming video. Tickets, \$80 per person, are available at Willits Furniture Center, 775 Central Avenue, 459-

forms of House Music from 1996 to the present concentrating on deep, funky & groovy tunes, with some Latin & Jazz undertones as well as Electro." 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Sunday, September 4

**"One, Two, Three – Dance!,"** an intimate evening of contemporary dance solos, duets and trios, "a vibrant display of movement," including new work and old favorites, presented by Willits dancer Eryn Schon-Brunner, with guest choreographer/dancers Rebecca Levy (artistic director, Jacksonville Dance Theatre), Kara Starkweather (Mendocino Dance Project), Jenn Logan (Jenn Logan Dance, Los Angeles), Tara Ford (Willits Dance Academy), Carly Taylor and Malanie Katz. 7 pm, Sunday, September 4. Tickets, \$15, are available in person at Mazahar, 38 South Main Street in Willits, on line at [brownpapertickets.com](http://brownpapertickets.com), and by telephone any time at 1-800- 838-3006. The Willits Community Theatre Playhouse is located at 37 West Van Lane, just one block west of Adam's Restaurant and Nikos Gyro Shop in downtown Willits.

Monday, September 5

Happy Labor Day!

**Pato Banton at the Shanachie Pub:** Live and direct: Reggae by Pato Banton and the Now Generation at the Shanachie Pub: "Positive vibrations abound with a beat to keep you on your dancing feet, while Pato delivers a message that is food for the mind and soul." Visit [www.patobanton.com](http://www.patobanton.com). With Emerald Triangle locals Mendo Dope, with Daniel and Bryan Eatmon, aka "Old E" and "Bleezy." Visit [www.mendodopemusic.com](http://www.mendodopemusic.com). Tickets \$20 in advance (at the Pub or Main Street Music). 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Tuesday, September 6

**Tightwad Tuesdays at the Noyo Theatre:** All 2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's Tightwad movie: "Florence Foster Jenkins," "Captain Fantastic" and "Sausage Party." For showtimes: [www.noyotheatre.com](http://www.noyotheatre.com). 57 East Commercial Street. 459-6696.

**Dining with Twining Time:** Join Twining Time (John Wagenet and Anita Blu) for lunch or afternoon coffee on the first Tuesday of every month, September 6 this month, at Brickhouse Coffee in downtown Willits. Enjoy live easy listening Folk/

Americana music from 12:30 to 2:30 pm. Menu includes espresso drinks and freshly brewed coffee, tea, ice cold drinks, real fruit smoothies, soups and salads, sandwiches, flat bread wraps, and fresh baked goods. 3 South Main Street, 459-1598. Visit Twining Time on Facebook or [www.reverbnation.com/johnwagenet](http://www.reverbnation.com/johnwagenet).

**4th annual Suicide Prevention Week Storyboard Tour:** Mendocino County Behavioral Health & Recovery Services presents the 4th annual Suicide Prevention Week Storyboard County-Wide Tour and Presentation, September 6 to 8. The event is scheduled in Covelo from 3 to 4 pm Tuesday, September 6 at Yuki Trails Human Services Conference Room, 23000 Henderson Road, and in Willits, from 11 am to noon Wednesday, September 7 at Manzanita Services, 286 North School Street. Also in Ukiah, Point Arena, and Fort Bragg. The event features the display of a collection of personal stories, art work, and expressions of those who have been affected in some way by suicide ... as an opportunity to open discussion about the warning signs of suicide. In addition, there will be a brief presentation on suicide prevention. Info: Robin Meloche, MHSA coordinator, 707-472-2332 or [meloche@co.mendocino.ca.us](mailto:meloche@co.mendocino.ca.us).



There," a presentation by Aurelie Clivaz and Carter Grissom: "Learn the latest research on trauma. Understand how trauma causes health problems in later life. Why is this relevant to everyone? How

can adults have more effective interaction with youth?" Clivaz "has been working passionately for eight years, as a youth advocate with the Mendocino County Youth Project. She was a high-risk youth who survived and learned to thrive through the work she has done in our community. Carter Grissom has been working for MCYP for over 4 years. His experience as a troubled teen allows him to connect and help teens from an honest position. This year he celebrates 11 years of sobriety and has a strong passion for helping others with



their dreams." Tuesday, September 6 from 5:30 to 6:30 pm, at the Willits Center for the Arts, 71 East Commercial Street. Free to the public; donations appreciated; refreshments served. Info: 456-9676.

Friday, September 9

**Healthy Harvest September Workshop:** at the Little Lake Grange Kitchen in Willits, Friday, September 9 from 2 to 5 pm. "Summer produce is generally available from June through late October or early November here in Mendocino & Lake Counties, but it often really feels like an avalanche of everything being available all at once in September. Cook some of our favorite recipes which showcase the local bounty!" Including Apple Pie Jam, Zoodles (spaghetti noodles made from summer squash with a spiralizer tool) with Fresh Tomato Sauce, and Caponata (sauce with tomatoes and eggplant). \$20 covers produce. Sponsored by North Coast Opportunities. Space is limited, so register by contacting April Cunningham at [acunningham@nciinc.org](mailto:acunningham@nciinc.org) or call 707-467-3212.

Saturday, September 10

**Brooktrails Flea Market:** Brooktrails lodge and Prosperity Club host this Brooktrails Flea Market, Saturday, September 10, from 9 am to 2 pm. Come see new and exciting things happening and being sold by vendors at the market: We will no longer be serving our pancake breakfast, but great food vendors will be available for you and the family. Jumper hosts a free jump house for the kids.

**Roots of Motive Power Steam-Up:** Roots of Motive Power their big once-a-year steam up weekend, starting on Saturday, September 10 at 10 am and ending on Sunday, September 11 at 4 pm. At the Roots facility, 420 East Commercial Street. "If you only come to one of our events, this is the one. We have everything that runs fired up for the weekend. Our big Bucyrus Erie steam shovel will be out back digging on the dirt pile along with the bulldozers. The Heisler locomotive will be pulling the riding cars and giving rides to the public."

**Sit N Sew:** monthly drop-in sewing group meets at the Willits Library, 390 East Commercial Street. Saturday, September 10 from 1 to 5 pm. Free to all and open to the public. "Just bring your sewing machine, tools, and a project to work on." Questions? Call Rachel at 354-0605.



**Willits Junior Horsemen Gymkhana:** the final gymkhana in the 2016 series is set for Saturday, September 10 at 3 pm at the Willits Frontier Days rodeo grounds. Refreshments and lunch will be available on the premises. Spectator attendance is free, and the public is welcome to come and watch the event. Riders vying for daily and over all high point awards are welcome to enter into one of six age groups: lead line, 10 and under, 11 to 13, 14 to 17, 18 to 44 and 45 and over and compete in the single stake race, California poles, cloverleaf barrels, skill barrels, crazy eight and back and keyhole classes. A 50/30/20 split jackpot barrels class will also be held. Jackpot entries are \$10. Leadline entries are \$2.50 each. Entries are \$3.75 for WHA/WJHA/WFD members and \$4.75 each for non-members. All entries are subject to a \$1, non-refundable, timer fee. Regular class entries must be received by 6 pm on September 9, after which entries will be subject to post-entry fee of \$5. Info: Kathryn at 489-6565 or [willitsjhorsemen@gmail.com](mailto:willitsjhorsemen@gmail.com).

Sunday, September 11

**Roots of Motive Power Steam-Up:** See Saturday, September 10 listing for details.

**2016 Patriot's Day Ceremony:** Each year, American Legion Post 174 has conducted "A Day of Remembrance" ceremony honoring local firefighters, law enforcement and first responders, and commemorating the valiant efforts that occurred on 9-11-2001. This year, the American Legion, Willits Post 174 will conduct a brief (15 minutes maximum) ceremony on Sunday, September 11 at 2 pm at the Ernest "Bud" Snider Memorial Park (City Park), East Commercial Street across from City Hall. "Please join us as we pay tribute to those who died and those who gave so much on that 'day of infamy' and the days that followed." Seating is not provided due to the brevity of the ceremony.



Senior Center Lunch

**Week of September 5 through 9**

**Monday:** Closed Labor Day  
**Tuesday:** Taco Salad  
**Wednesday:** Salisbury Steak  
**Thursday:** BBQ Beef/Bun  
**Friday:** Baked Cod

Harrah Senior Center serves lunch five days per week from 11:45 am to 1 pm. 55 and older: \$5.50 per meal; under 55: \$7 per meal. Includes soup, entrée, vegetable, bread, dessert, and drink. 1501 Baechtel Road. Info: 459-6826.

Mendo Mill High School Bucket Challenge

September 3 and 4

Mendo Mill's High School Bucket Challenge supports local high school sports programs throughout Mendocino County: Buy a Mendo Mill bucket for \$5, then save 20 percent off everything you can fit in the bucket. Mendo Mill will then donate \$10 to your local high school sports program. "Remember there is no purchase necessary besides the bucket ... but why miss out on 20 percent off!" Mendo Mill in Willits is located at 305 East Commercial. Info: 459-4631.

Calling All Brewers & Grillers!

**SoHum Beer Fest & BBQ Smoke Off**

Brewers and grillers are gearing up for Mateel Community Center's 8th annual SoHum Beer Fest & Barbecue Smoke Off on Sunday, September 4 from 4 to 8 pm. Held at the Mateel's Hall & "Back 40" in Redway, featuring micro and home brew tastings in a free commemorative tasting glass, as well as your choice of BBQ and side dishes. Entertainment by five-piece country rock band, Cliff Cliff Dallas & The Death Valley Troubadours, plus Local favorites, The Funnicators, playing party music and covering soul classics for dancing. Info: 707-923-3368.

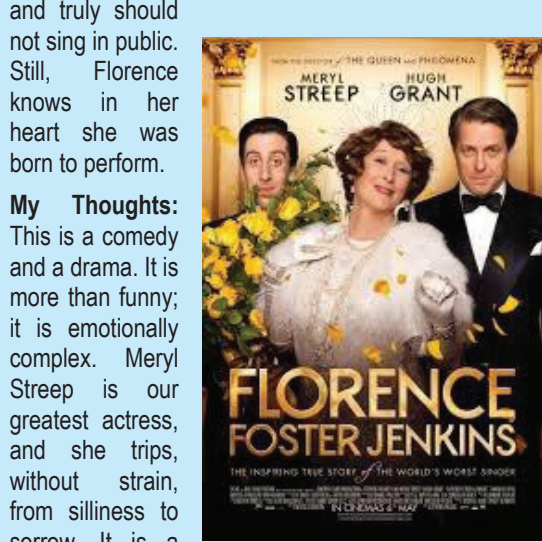
DEADLINE FOR WILLITS WEEKLY: Monday prior to Thursday publication

COLUMN | At the Movies



'Florence Foster Jenkins'

**The Story:** This is a true story. Florence Jenkins was a real person. It's the middle of World War II. Meryl Streep is Florence, a wealthy patron of the New York classical music scene. She wants – no – she years to sing on stage. No one will tell her she has a laughably terrible voice. Her husband (Hugh Grant) loves her deeply; he dotes on her and shields her from any criticism despite knowing that she really and truly should not sing in public. Still, Florence knows in her heart she was born to perform.



**Parents:** No children. They'd be bored. This is a movie, mostly comedy, that was made for mature movie goers. Teens and up.

*Willislan Daniel Essman prefers his reality attenuated by the wisdom of the imagination.*

Save the Date

**Train Singer & Son Benefit,** September 18, St. Francis Episcopal Church  
**"Red Hot Patriot – The Kick-Ass Wit of Molly Ivins,"** opens September 23, Willits Community Theatre  
**2-Day Lego Festival,** September 23 & 24, Willits Library

**Not Just Cowboy Poetry,** September 24, Emandal  
**5th annual Ranch Rodeo,** October 1, Willits Frontier Days Rodeo Grounds  
**"Supper on the Bypass – A Farm to Table Experience,"** October 29, Willits bypass

WHS Senior Class Rummage Sale

Saturday, September 17

"Come support the Willits High School Senior Class of 2017! We will be holding a Rummage Sale on September 17, beginning at 9 am and ending around 3 pm. The sale will be held at Les Schwab, 1565 South Main Street. With various items for sale, including: clothing, trinkets, furniture, etc. All funds will be put towards the Senior Class trip at the end of the school year. Please come support your local students, and help us raise the funds we need! Questions or concerns can be brought to WHS leadership at Willits High School, main number: 459-6589."

Free Healthier Living Workshops

Sponsored by Avenues to Wellness

Enroll now in the free six-week Healthier Living workshops starting in September. The Willits session will be on Thursdays from 2 to 4:30 pm, starting September 15; in Laytonville, the workshop will happen Wednesdays from 10 to 12:30 pm, starting September 7. For location information or to enroll, call Doreen at Avenues to Wellness: 456-9676.

Maintaining our health as we age may take additional management skills. Do you want more control in your life? Do you or does someone you know suffer from a chronic disease, such as diabetes, arthritis, high blood pressure, chronic pain, or depression? Are you a caregiver of someone that has a chronic illness? These free six-week Healthier Living workshops are taught worldwide under the name of Chronic Disease Self-Management.

The Chronic Disease Self-Management Program was developed through a collaboration between Stanford University and the Northern California Kaiser Permanente Medical Care Program. Results of a five-year study found that people who took this program, when compared to people who did not take the program, improved their healthful behaviors (exercise, cognitive symptom management, coping, and communications with physicians), improved their health status (self-reported health, fatigue, disability, social/role activities, and health distress), and decreased their days in the hospital.

The 2.5 hour sessions are facilitated by two leaders that attended a four-day, Stanford-approved training. Sessions focus on goal-setting, problem solving, and strategizing ways to reduce pain, fatigue, anxiety, and stress. Classes will also include tips to better manage your health, information on healthy eating, and how to incorporate physical activity into your daily routine.

Info: call Doreen at Avenues to Wellness: 456-9676.



Delbert Anderson Jazz Trio, with rap artist Def-i, at right.

Now and Then Films: "Earth"

Thursday, September 15

Now & Then Films presents Michael Pollan's "Earth," from the Netflix documentary series "Cooked," based on Pollan's 2013 book of the same name. "Cooked" is "an enlightening and compelling look at the evolution of what food means to us through the history of food preparation and its universal ability to connect us." "Earth," the final episode in the series, looks at how fermentation preserves raw foods, including chocolate, wine, beer and cheese, and includes, as each episode does, a look at Pollan in his home kitchen in Berkeley. Thursday, September 15 at 7 pm at the Little Lake Grange, 291 School Street. \$5 donation supports the film series. Trailers & short films at 5:30; main attraction at 7 pm. Serving organic heirloom popcorn with organic butter and Fair Trade chocolate.

Delbert Anderson Jazz Trio

Sunday, September 18 at WCT

The Delbert Anderson jazz trio returns to Willits Community Theatre on Sunday, September 18 at 2 pm with its unique Southwest sounds and a new addition to its show. The Native American threesome thrilled its audience last year at WCT, and its lineup now includes Southwest rap artist Def-i. Delbert Anderson says, "Why not keep pushing the musical boundaries" – in explaining how the trio has in the last year combined the musical forms of Jazz with Hip Hop in their collaboration with the rapper. Smooth, intelligent and rhythmic describes Def-i's rhyming style.

Navajo horn player Anderson is joined by Mike McCluhan on stand-up bass and drummer Nicholas Lucero to make up the core trio. The group was formed in the deserts of the Southwest, and has performed at concerts throughout the United States. The three jazzmen serve up a spectacular cutting edge form of modern funk and jazz combined with ancient indigenous melodies, along with the new layering of Def-i's rhymes.

Anderson has apprenticed with saxophonist Christopher Beatty and trumpeter John Kennedy. He found further influences in Lee Morgan, Clifford Brown, Sonny Rollins and Joshua Redman. McCluhan has a long career playing bass with many jazz artists. He draws heavily from a variety of influences, including The Grateful Dead and Charlie Mingus.

Lucero on drums was born in Albuquerque, New Mexico and has played music since the age of 5. His primary influences have included Chick Corea and John Coltrane, and he has performed widely across the United States and parts of Europe.

The appearance of this jazz trio with Def-i at WCT promises to be a very special event. Advance tickets are \$15 and available in person at Mazahar, 38 South Main Street; online at [brownpapertickets.com](http://brownpapertickets.com); or by phone 24/7 at 1-800-838-3006. Tickets will also be available at the door until sold out. The WCT playhouse is located at 37 West Van Lane (behind Shanachie Pub).

– Steve Hellman, for WCT

Ongoing Events

**Willits Summer Farmers Market:** the Willits Farmers Market is now in Bud Snyder City Park, from 3 to 6:30 pm every Thursday afternoon. Veggies, strawberries, cherries, flowers, local meats and local grains, dinner, baked goods, gift items, chocolates, crafts, live music, the new edition of Willits Weekly, and more.

**Artist Nancy Adair at Re-Evolution:** Nancy Adair is showing her paintings at the Re-Evolution gallery/shop through September. She will be at the gallery at noon on Saturday, September 10 to talk with visitors about the paintings. Re-Evolution is a gallery and fair trade clothing and accessories emporium located at 15 West Mendocino, 11 am to 6 pm, Tuesday through Saturday. Call Re-Evolution at 234-0607 or Nancy Adair at 459-5239 for more information or to set a special time to meet the artist at the gallery.

**KLLG Radio Action Group:** meets Mondays at 5:30 pm at Little Lake Grange, 291 School Street, Room 10. Learn about and participate in building Willits' HomeTown Library. Volunteers needed. More information is available at [www.KLLG.org](http://www.KLLG.org) or by calling Lanny Cotler at 367-1812.

**Tuesday Night Potluck Bingo:** Potluck dinner and bingo every Tuesday at the Harrah Senior Center, 1501 Baechtel Road. "Be sure to bring a dish to share!" 5 to 7 pm; \$5 buy-in; 50 cents per card. Info: 459-6826.

**Al-Anon Meeting:** Thursday nights from 5:30 to 6:30 pm, at the Baechtel Creek Village Community Room (behind Rite-Aid at the Evergreen Shopping Center. Saturdays at 10 am at St. Francis Episcopal Church Fellowship Hall, 66 East Commercial Street. "Al-Anon Family groups are a fellowship of relatives and friends of alcoholics who share their experience strength and hope to solve their common problems. We believe that alcoholism is a family illness and that changed attitudes can aid recovery."

**Drop-in Knitting Circle:** Due to popular demand, the Willits Library is holding the drop-in knitting circle every Saturday of the month, from 3 to 4:30 pm at the Willits Branch Library, 390 East Commercial Street. "Bring your projects to share and show off! We will have expert knitters on board who can solve any problems and teach everyone to knit! Bring your own projects – we'll supply the coffee! Sign-ups are not necessary – everyone is welcome to drop in."

**Library Coloring Club:** Want a little color in your life? Then by all means, come to the library! The Willits Library, 390 East Commercial Street, is hosting a Library Coloring Club, every Tuesday at 6:30 pm for ages 14 and up. "We've got the crayons and the paper – you bring the imagination."

**Soroptimists International of Willits:** Women's service club aimed at the betterment of girls and women. Meets second and third Tuesdays of every month, noon to 1 pm, at Old Mission Pizza, 1708 South Main Street, in the back room. Women interested in community service are welcome; new members are encouraged to join at any time.

**Life Changes:** Discussion and support group with Linda Posner, Wednesdays from 10 to 11 am. Harrah Senior Center, 1501 Baechtel Road.

**Volleyball Open Gym:** at Baechtel Grove gym; Sundays and Tuesdays at 7 pm. Some experience desired, but not required. \$5 per night; first night free. Info: Jeff at 354-1850.

**Smoking Cessation Program:** Free "Freedom from Smoking" class sponsored by the Frank R. Howard Memorial Hospital. Every Wednesday at the RHH Conference Room, 1 Madrone Street, 6 to 7 pm. RSVP Jennifer Barrett at 707-540-4208. Walk-ins are always welcome.

**Free Sheriff's Activity League programs:** at Body Works Gym, 1511 South Main Street. Teen gym: Monday to Friday from 2:30 to 5:30 pm; Boxing: Monday, Wednesday and Friday at 6:30 pm; Karate: Kids aged 5 to 10 from 6 to 7 pm, Tweens, Teens and Adults at 7 pm. All SAL programs free to the public. Info: [www.facebook.com/MendocinoCountySheriffsYouthActivitiesLeague](http://www.facebook.com/MendocinoCountySheriffsYouthActivitiesLeague) or Mike Tobin: 354-0565.

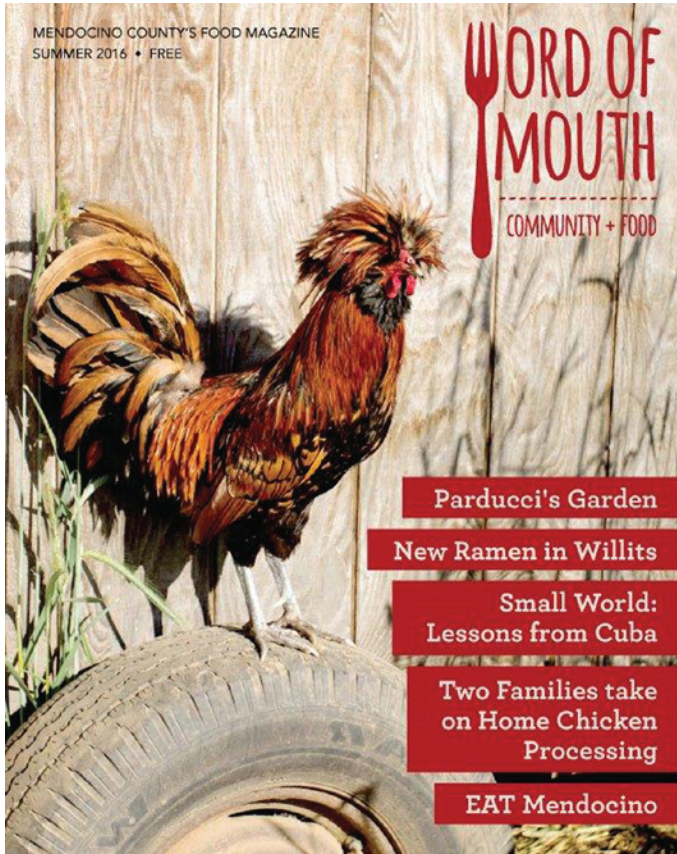
**Shanachie Pub:** Jazz Night every second and fourth Thursday. 8 pm. No cover. "Local musicians ... take jazz standards and infuse them with funk, hip hop, world, and free form jamming. The outcome is unexplainable." Open Mic Night every Wednesday. 8 pm. Sign-ups start at 7:30 pm; pre-signup list starts at 3 pm when the Pub opens. "An eclectic array of local musicians and even performers from around the world!" 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

**Karaoke Night at Al's Redwood Room:** Every Wednesday night, starting at 9 pm. 207 South Main Street. Info: 459-2444.

**Laytonville Summer Farmers Market:** Mondays, June through October, from 2:30 to 5:30 pm at Harwood Hall, 44400 Willis Avenue, Laytonville. Local fresh fruits and vegetables, artisan goat cheeses, ranch meats, eggs, garden bouquets, handcrafted clothing, live music and much more.







At top: Publisher Holly Madrigal at her desk. The first edition of Word of Mouth, at left, and Madrigal holding the cover of the second edition, at right.

Above: Some of the items in the Local Food Gift Guide included in the new edition.

Photos by Jennifer Poole

At right: Three pages from the fall edition of Word of Mouth.

Below: Madrigal with a chicken at the Grange Farm School.

Photo by Ree Slocum



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## Word of Mouth

'Celebrating the local food movement in Mendocino County'

The second quarterly edition of Word of Mouth, Mendocino County's new local food magazine, is out on the streets this week. Publisher and editor Holly Madrigal says her summer edition with the handsome rooster on the cover had an "overwhelmingly positive response," with people happy to see a publication showing off what Mendocino County food is all about. "The Ukiah Co-op can't keep them in stock," Madrigal said, "they are flying off the shelves there, and the Botanical Gardens is another big distribution point."

The new fall edition's cover features the owners of The Big Chief in Laytonville – three guys serving up some down-home but elevated New Orleans Cajun cooking, featuring locally sourced and homegrown ingredients. The Big Chief owners have been the driving force behind Laytonville's Crawfish Boil event – see Madrigal's story on page 3 of this edition of Willits Weekly about this year's benefit for Laytonville's fire department and ambulance services.

Other cover stories in this new edition are: "Piment D'Ville: Boonville's Third Spice," "The Ukiah Co-op Turns 40!" and "Social Farming: How Twitter Got this Welsh Farmer Back into the Black."

Madrigal is printing 3,500 copies of the magazine, which she produces in her Willits home office and distributes all around Mendocino County. Locally, the free circulation magazine – the bills are paid with advertising revenue – is available at Mariposa Market, J.D. Redhouse, Brickhouse Coffee, and Ardella's Downtown Diner. Subscriptions are available, too, at \$25 a year.

Word of Mouth is also available at some motels on the coast – "They want to give their visitors insight into what's going on locally," Madrigal said. She also brought the magazine to the "Taste of Mendocino County" event this summer in San Francisco and is doing outreach for more distribution in Sonoma County and the Bay Area.

Madrigal has been thinking about doing a local food magazine for years. Why? "There's stories to be told here," she said, "and I wanted to do more to promote our local food artisans. I've always been interested in local food and, also, having my 'Willits City Council desk' at the Willits Farmers Market. I got to know the market people, and really enjoyed being part of that community. Over the last 10 years I've made a lot of connections and relationships in the farming community – farmers, ranchers, restaurateurs – and I'm pulling from all that knowledge to put the magazine together."

Local food magazines have been successful in other locales, including the 80-plus magazines in the "Edible" family, including Edible Monterey Bay, Edible Boston, and Edible New Orleans, and Madrigal said she "thought something like that would work here."

Madrigal also referenced this great quote: "Mendocino County is where your neighbor is doing the most amazing thing ever that no one has ever heard of," from Scott Cratty, general manager of the Mendocino County Farmers Market Association. "I am

Read the rest of Magazine |

Over on Page 15

## DA Eyster responds to grand jury on pot restitution

Mendocino County District Attorney David Eyster has called the Mendocino County grand jury's May report focusing on his marijuana restitution program "informative and good – with certain caveats."

While accepting grand jury kudos that the program, which began in 2011, "has proven effective in meeting its intended goals," Eyster noted the program is "extremely demanding on the district attorney's time." It has, however, "exceeded original hopes and expectations in many regards."

In his response, the DA added he also appreciated the "positive evaluations and legal observations made regarding the program by those in academic circles," such as Professor David Levine of the University of California's Hastings College of Law, and Douglas A. Berman, a professor at Ohio State University's Moritz College of Law.

Eyster quoted remarks from articles by Levine and Berman in footnotes to his response.

Levine described the restitution program as a "reasonable" way to clear court dockets in counties like Mendocino, "where marijuana isn't a high priority."

"Keeping people out of prison – whether they serve time in county jails or receive probation – is a way to save state taxpayers huge amounts of money, Levine said. "It's very expensive to make people our guests in ... state prison." With marijuana crimes generally presenting a "low danger to society, it seems like a smart to do."

Berman said he was "inclined to praise [Eyster] for engineering a seemingly more efficient and perhaps more effective way to wage the modern drug war."

"Given the muddled mess that is both California's medical marijuana laws and the opaque federal enforcement of prohibition in that state," Berman continued, "this 'Mendocino model' for modern marijuana enforcement for lower-level marijuana cases strikes me as a very wise way to use prosecutorial discretion and triage prosecutorial resources."

However, Eyster said the grand jury missed the mark slightly when it reported that, as of March 2016, the total amount of marijuana-related restitution funds received by Mendocino County since the program's inception was "approximately \$7.5 million."

Actually, Eyster concedes, the amount received by the Mendocino County Sheriff's Office was only \$7.1 million. It's an easy mistake to make, he admits, due to an additional \$462,000 the program garnered for non-county law enforcement agencies, such as local police departments.

However, Eyster was less charitable to a grand jury assertion he had "failed to provide evidence to the grand jury of the existence of a program to assist indigent offenders."

In an August 4 response to the grand jury report, Eyster maintains that evidence, "as that word is commonly used in courts and all administrative evidentiary hearings," was presented to the grand jury. The evidence heard by the grand jury was testimony offered by the DA.

"In statements to the grand jury," Eyster says, "the DA was forthright that he had in several cases considered financial declarations submitted by offenders or their attorneys so [the DA] could assess the viability of receiving restitution from a particular marijuana offender who was claiming poverty."

The grand jury finding, he asserts, "would have made more sense if it had written that the grand jury was interested in having access to documentary evidence the DA did not have the resources and time to go mining for."

Eyster described the grand jury finding as "infarful, at the very least, and contrary to long-standing legal precedent," then reeling off a list of long-standing California appellate decisions on indigent dispensation, which "almost always involve reducing or waiving a poor person's court fees, not reducing or waiving his adversary's costs and

expenses [restitution]."

"Based on many years of criminal law experience," Eyster contends "the vast majority of individuals involved in illegal marijuana activity in Mendocino County are committing marijuana-related crimes of such a size that investigating law enforcement officers have no choice but to engage in eradication and then submit documenting crime reports to the DA for charging review.

"These individuals are generally not indigent, as that word is commonly defined," he adds. "The evidence seen in most illegal marijuana-related crime reports that have been submitted to the DA generally reveals ... the expenditure of significant financial resources to acquire land, machinery, vehicles, high-intensity lights, greenhouses, drip irrigation systems, timers, electrical panels, soil, amendments, fertilizer, and/or payroll for laborers. Often large sums of unexplained money may be found in the course of these law enforcement investigations.

"Additionally, the individuals having discussions with the DA about charging options – either personally or through an attorney – are normally not the field laborers [trimmers]; rather, the people participating in plea and sentence negotiations are property owners, site managers, labor recruiters, the mid- and upper-level entrepreneurs, and other principals who become entangled with marijuana for many of the wrong reasons."

While some of those arrested have claimed poverty as an attempted shield against having to pay restitution, Eyster maintains, only a few arrestees "have been willing to fill out financial declarations under penalty of perjury that would expose their finances and financial well-being to confirmatory investigation."

"The reality is," the DA says, "that everybody claims to one degree or another to lack financial resources; we often never know with absolute certainty who is telling the truth in this regard."

Eyster says he relies on his judgment, honed by 31 years' experience as a prosecutor, civil litigator, and criminal defense attorney – complemented by invited input from the arrestee's attorney during confidential and private settlement negotiations – "to exercise his constitutionally authorized discretion in deciding what financial claims should be considered true or not."

More to the point, he said, after hearing from the DA, the grand jury "wanted to see the list of offenders who at some point had claimed to be indigent, along with copies of all financial declarations or other documents submitted during the last five years by such claimants."

Eyster continued: "To satisfy this request, the DA and his staff would have been required to pull files from archives and go through over 500 individual case files and crime reports" to confirm information for only six offenders.

"Given the office staffing levels, as well as the time and resources that would have been needed to find the six proverbial needles in the haystack," Eyster said, he made "a business decision that it was not a wise use of taxpayer dollars to attempt such a large-scale search for so little a benefit."

He also takes exception to the grand jury's finding that restitution "payment plans are no longer offered to defendants although they were permitted in the past," saying the grand jury's statement was "incorrect."

"As a matter of policy and planning," Eyster says, "payment plans have never been a planned part of the process." While "one defendant was allowed to make payments when a deputy prosecutor handling a case inadvertently authorized it," Eyster described that instance as "an aberration" that served "as a fine example of why payment plans are not offered." They "are not cost and resource-effective." The time and money "subsequently expended to enforce the court's restitution order in that one case were significant."

Eyster says he "appreciates the vote of confidence from" the grand jury and "will continue his ongoing evaluation of all criminal and civil programs conducted through his office, including the [marijuana] restitution program, in order to ensure that he and his staff are meeting constitutional muster."

The rest of Fire | From Page 1

More of No on AF | From Page 1

along with five engines from CalFire San Mateo-Santa Cruz, along with four inmate crews, a Howard Forest helicopter, two air tankers, two bulldozers, and five water tenders – from Little Lake Fire Department, Laytonville Volunteer Fire Department, Covelo Fire Department, Redwood Valley Fire Department and the Ukiah Valley Fire District – battled flames throughout the afternoon and evening.

By 5 pm, the blaze had been 25 percent contained and the "forward progress" of the fire stopped, CalFire says.

By 7:15 am Wednesday, the wildfire was fully contained, with 36 acres burned.

Little Lake Fire Chief Carl Magann said his department's water tender had been released from the fire and returned to Willits at about midnight.

The rest of Flooded | From Page 1

day. The cap that cracked sometime between 5 pm on Monday, August 15, and 7 am on Tuesday, August 16, according to Assistant CEO Alan Flora. As a result, some 9,000 square feet of floor surface was inundated with water.

County Risk Analyst Heather Correll says that amounts to about half of the floor space in the building.

Even though several employee cubicles were put out of commission as a result of the accident, Correll said, there has been no interruption of services at the building. However the wait time for an interview has increased between 20 minutes and an hour.

Correll noted parts of the building have been seriously damaged, so repair work will be significant, including mold removal from walls and the purchase of new carpeting. She said the county's executive office is preparing a scope of work estimate for the repair and estimated the work will take one to two months.

## McGuire whale entanglement bill goes to governor

A record number of whales are suffering from entanglements in California waters – 2015 saw 57 whales entangled off our coast, which is the highest total since the National Marine Fisheries Service started keeping records in 1982. Just in the first half of this year alone, there were another 40 reports of entangled whales off California's coast. Many of these whales are becoming entangled in lost or abandoned crab fishing gear.

North Coast Senator Mike McGuire's legislation that will help permanently protect whales by removing lost and abandoned crab fishing gear from the ocean has been approved by both houses of the state Legislature and will now head to Governor Jerry Brown's desk. Senate Bill 1287 received widespread and overwhelming support in the Senate and was approved Thursday [August 25] by a vote of the full state Assembly.

"We need this legislation, now more than ever. Whale entanglement numbers are skyrocketing off the California coast, and we're bringing together crabbers and environmentalists to get this common sense bill signed into law," Senator McGuire said.

The Whale Protection & Crab Gear Retrieval Act, which was proactively initiated by the thousands of hard-working men and women who make up California's mighty crab fleet, would create a regulatory program with incentives for fishermen to retrieve Dungeness crab fishing gear that would otherwise be lost in the ocean. It's estimated that thousands of pots are lost every season, and these pieces of gear could have hundreds of feet of rope attached to a locator buoy.

The lost gear has created marine debris and entanglement hazards for whales and other marine life, along with others in the crab and salmon fleets.

"In light of the record number of whale entanglements over the last several months, we need to get this bill passed and retrieval programs in place to ensure California's beloved humpbacks and blue whales will have the protection they need to thrive," Senator McGuire said. "I'm grateful for Assemblyman Wood's partnership to get this bill passed."

"The people who rely on a healthy ocean environment for their living along the Pacific coast have come together to protect whales and other marine life," said Assemblymember Jim Wood, "and it is such a wonderful example of everyone understanding the mutual benefit of working together to solve this growing problem."

Crab fishermen continue to take the lead on the whale entanglement issue, and many

In addition to his term as supervisor, Wagenet is the former lead guitarist for a 1960s rock band and has served as a spokesperson for both the Mendocino County Blacktail Association and the North Coast Railroad Authority. Neary is counsel for the Brooktrails Community Services District and president of the board of trustees of the Willits Unified School District. Sweeney is general manager of the Mendocino Solid Waste Management Authority, while Liberty – owner of Factory Pipe, LLC – recently purchased the 65-acre industrial park in north Ukiah which formerly housed the Masonite factory.

According to a ballot argument against the Heritage Initiative posted on the committee's website, VoteNoMeasureAF.org, the measure "would allow commercial marijuana to infringe on the health and safety of our community."

In an August 22 press release, the committee takes issue with seven major provisions in the 60-page Heritage Initiative it claims was "written by marijuana growers without input from the public or elected officials."

Measure AF, the committee argues, would allow "growing in every zone, including residential districts, with grows of up to one-acre of plant canopy."

The initiative "would allow growing within 30 feet of a neighbor's property and within 100 feet of a neighbor's house, except in mobile home parks where there would be no setback requirements at all."

Measure AF "shifts from the sheriff enforcing marijuana permit rules to a civil procedure that would be so weak and slow as to be non-existent," the committee charges. "Tiny penalties for violations would provide no incentive for compliance."

Measure AF would "give marijuana recognition under the county's 'Right to Farm' ordinance," the committee argues, "meaning neighbors would be barred from complaining about odor."

It also would "eliminate the 1,000-foot separation under existing county code between marijuana operations and youth-oriented facilities, churches and residential treatment centers, and ... would reduce the marijuana separation from parks and schools to only 600 feet."

The Heritage Initiative "would allow an unlimited number of marijuana dispensaries in any commercial zoning," and "would allow the use of explosive butane in manufacture of hash oil as a 'principal permitted use' in any industrial zoning, even though this dangerous practice has caused many fires."

Read the rest of No on AF | Over on Page 15





Across the top: The crowd gathers around the stage at the Round Valley Blackberry Festival, underneath the colorful shade cloth.

At right: Mickey the Clown, MC for the festival, points at the musical lineup for the day.

Below: The main stage at the Blackberry Festival.

At bottom, from left: The KYBU Radio booth, to the left, and the Blackberry Festival Headquarters booth selling festival T-shirts, to the right. Kids tackling the climbing wall. Checking out some of the 50 vendor booths at the festival this year.



# Blackberry Festival

34th annual community event in downtown Covelo

Round Valley celebrated its 34th annual Blackberry Festival last weekend, with vendors, food and entertainment downtown, an evening square dance, a 5 and 10K footrace on Saturday, and a car and motorcycle show on Sunday.

"In spite of the heat," said Marylou Mileck, owner of M&M Feed & Supply, a festival sponsor, "we had a good turnout. We had 50 booth vendors in the park. And I heard there were about 50 people in the race." Mileck said she enjoyed all the activities, including the music, but especially liked Mystic Sol, the women's drumming group from Willits.

The Future Farmers of America booth sold blackberry pies to take home, and the blackberry slushy booth – which has been at the festival for each of the 34 years – was a popular stop for many. "My favorite is the blackberry slushy with ice cream in it," Mileck said.

The 7 pm square dance was also a good time, with about 100 dancers "kicking up the dust" to a professional caller and a live band featuring hometown favorite Heidi Clare Lambert on the fiddle.

The Blackberry Festival is a community festival – it's not a fundraiser – although hopefully the vendors made a little money, Mileck said. Organizers are

interested in taking in just enough to produce the event next year.

Mileck also mentioned several activities coming up soon in Covelo: The Round Valley Community Rodeo at the Hidden Oak Rodeo Grounds this week, from Friday, September 2 to Sunday, September 4, is sponsored by the Round Valley Lions Club. Friday night features a California Cowboys Pro Rodeo Association bull-riding show with local bull-riding, too, and Saturday night features a CCPRA rodeo, also with local events. For more info on the rodeo visit <http://roundvalleyrodeo.com>.

San Francisco's Dance Brigade will be returning with their "Summer Feast Covelo," a "magical outdoor performance of dance, music, drumming, and poetry," Sunday, September 11 at 4 pm at Hidden Oaks Park, 76699 Covelo Road. Gates open 3 pm. Tickets are \$15, free for 12 and under, \$5 for Round Valley Tribal Members and are available at [www.brownpapertickets.com](http://www.brownpapertickets.com) or 1-800-838-3006.

Also coming up is the 2016 California Indian Days Co-Ed Softball Tournament, September 23 to September 25, also at Hidden Oaks Park, with 17 teams signed up so far. Visit the "California Indian Days Co-Ed Softball Tournament" page on Facebook for updates.

Jennifer Poole  
Editor & Reporter  
[jennifer@willitsweekly.com](mailto:jennifer@willitsweekly.com)



The rest of Tour | From Page 1 The WELL tour group joins hands on the patio behind the Episcopal Church.

Willits area, each stop demonstrating its respective energy-saving systems and practices.

The tour began with an air infiltration "blower test" conducted at the Environmental Center house on Main Street by Jim Apperson of Apperson Energy Management.

Before setting up the test, Apperson informed the group about the helpful spiders.

"You watch their webs," Apperson said. "Whenever you have a leak from inside to outside, a spider will find it and build a web there. Just watch for the spider web fluttering and you'll find your leak."

Apperson then set up a blower door fan to pressurize the building in order to determine how much air leakage and infiltration was occurring.

According to Apperson, "the ideal ventilation target should have enough air infiltration to where you have one complete air change every three hours."

Most homes have much higher levels of air infiltration, including the Environmental Center house, which Apperson's test indicated to be at four times the target rate.

This blower test was just one aspect of what Apperson calls an energy audit, a practice he conducts for homes and businesses across the tri-county area.

According to its website, Apperson Energy Management uses "science to help energy-conscious homeowners decide which approach is best in making their homes more comfortable, healthier, safer and energy efficient, as well as lessening their carbon footprint while doing their part in taking care of our planet."

To find out about Apperson's loan, tax credit and rebate programs, call 485-5158 or go to [www.appersonenergymangement.com](http://www.appersonenergymangement.com).

After Apperson's demonstration, the group headed to the Lucky Monkey Ranch located off of Highway 20 across from the KOA campgrounds.

The group was shown an array of energy-efficient models, including a wood-powered masonry heater, which provides radiant heat to the entire house during the winter and also warms the water before it goes through the tank-less propane water heater.

The ranch receives electricity from a 5 kilowatt solar system and also employs a rain catchment system.

From the ranch, the group headed to DripWorks on Sanhedrin Circle to check out the demonstration garden which displays a variety of different drip irrigation lines and emitters.

According to DripWorks: "Drip irrigation uses up to 50 percent less water than conventional watering methods and puts the water only where it's needed. We offer an extensive selection of products ideal for home gardeners, landscapers, farmers and anyone interested in conserving water while nurturing their garden."

The group next visited the St. Francis in the Redwoods Episcopal Church at 1 North Main Street for lunch and a tour of the straw bale structure, conducted by Bill Bruneau.

"Straw bale is incredible for sound insulation," Bruneau said, "[which is important] because we had insisted upon being on the busiest intersection in town."

As well as creating excellent insulation, straw bale buildings are surprisingly fire-resistant. According to a church brochure, "Tests have demonstrated that stuccoed straw bale walls are extremely fire-proof. In one test nearly 2,000 degree Fahrenheit heat on one side of the wall only raised the temperature 10 degrees on the other side."

Designed by local architect John Cross, the St. Francis Church was erected in one weekend with the help of roughly 100 people, Bruneau said, and was orchestrated by Tom Allen. "Everything that was built here, was built by local people," Bruneau said.

After lunch the tour concluded at the headquarters of the Renewable Energy Development Institute, or REDI, located on West Commercial Street. REDI director Keith Rutledge discussed the origins of REDI and its evolution over the years.

"We started back in 1989 doing the first solar energy expo and rally here in Willits," Rutledge explained. "After doing that show for a while, we decided to go into full-time work as a nonprofit and we've been doing a lot of work with state and federal governments and with private utilities. We do a lot of financing and hands-on training. In particular, right now we're into helping low-income people get access to home weatherization services."

REDI's Home Energy Link Program (HELP) is currently helping low-income residents in Fort Bragg with free utility payment assistance for electricity and propane, energy upgrades for up to \$6,500 in rebates, and rainwater collection workshops.

"Right now we have 12 homes in low-income areas [of Fort Bragg] that are going to get a free solar energy system hooked up to their houses," said Rutledge.

The REDI house is 100 percent solar-powered and employs many energy-saving devices such as insulation, in the floor and ceiling, and insulated ducting, "window quilts" for moveable insulation and shading, solar tube daylighting, a 50-year metal roof, an electric vehicle charging station, and an electric instantaneous water heater.

Currently REDI members are building an electric tractor as a model for the future of farming.

For more information about REDI and their programs, visit [www.redinet.org](http://www.redinet.org), or contact them at 459-1256 or [mail@redinet.org](mailto:mail@redinet.org).

WELL is always looking for new members. To join, call Madge Strong at 459-1493 or go to [www.well95490.org/join-donate](http://www.well95490.org/join-donate).

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Natural Gas Clothes Dryer. Used 6 months (stored in shed). Exley Lane in Willits. \$80. 459-6512.

**Garage Sales**  
BIG Annual Redwood Avenue Flea Market. 4 blocks of sales! Saturday, 9/3 & Sunday, 9/4, 9 am to 3 pm.

**Help Wanted**  
Executive Director - West Company - a non-profit. See <http://www.westcompany.org/join-our-team/> for more information.

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Adventist Health Homecare & Hospice Services - Mendocino County. F/T & P/T & Per Diem. RN's and PT's needed. Call Trudy H/R 456-3230.

**Moving Sale**  
Moving Sale! This Saturday, 9/3/16, from 9 am to 1 pm. Furniture, clothes, books and more. 102 Margie Drive, Willits. Cash or Card payments are accepted.

**Multi-Space Yard Sale**  
At Golden Rule Mobile Village, Sept. 3 & 4, 9 am to 2 pm. 16100 N. Hwy 101. Fishing gear, books, knitted/beaded crafts, clothing, tools, housewares, misc. Exit at RV park sign.

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**Volunteers Wanted**  
Frank Howard Memorial Hospital is looking for positive members of the community to volunteer in various departments of the hospital. Hours: flexible and can include weekends. More info? Call 456-3245.

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The Willits Senior Center has many areas where your expertise and talents are needed. Front Desk, Thrift Store, Dining Room, Sunday Bingo, Sunday Breakfast, Special Dinners, Landscaping, Garden, Firewood. Come join our team, call Deb at 707-459-6826.

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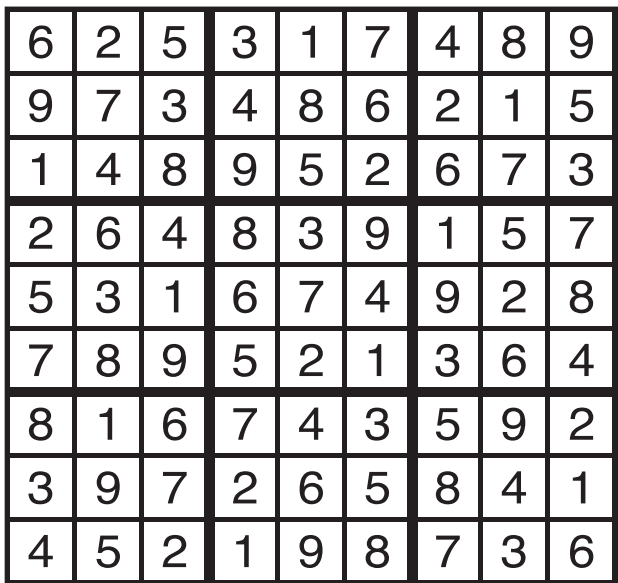
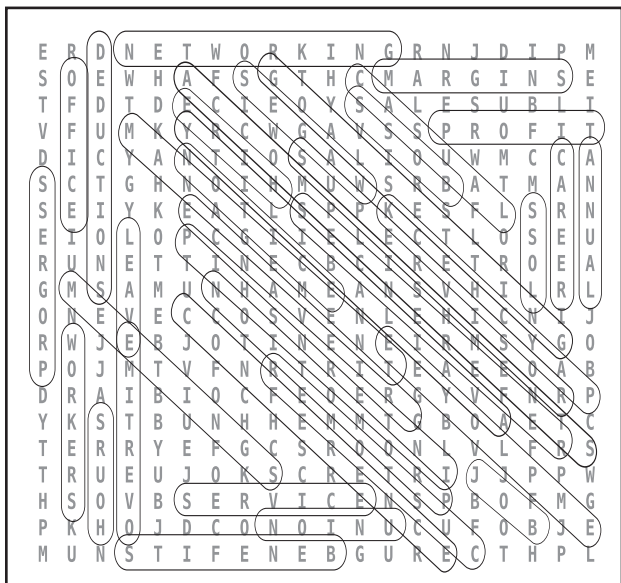
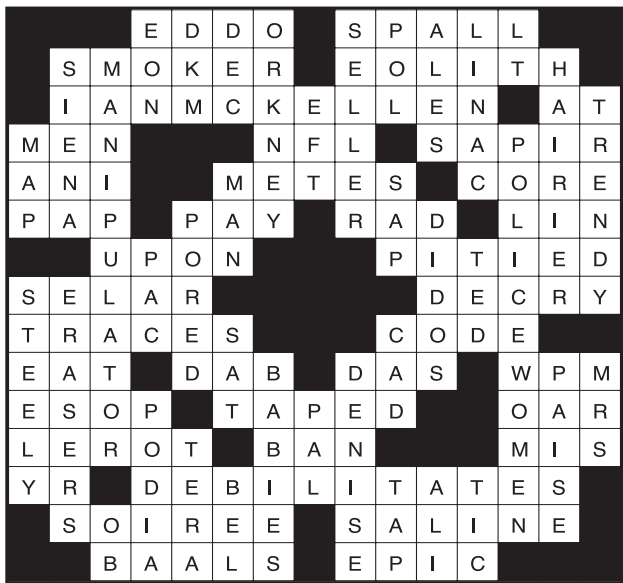


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Above: An inspiring sign at the Renewable Energy Development Institute; tour organizer Paul Jacobson, left, and REDI director Keith Rutledge. At left, Freddie Long, right, helps with lunch. Bill Bruneau at the Episcopal Church.

Photos by Mathew Caine







Above: Jonas and Jed Swearingin check out the Vixen Kitchen vegan gelato table. Above, right: The anniversary banner at Mariposa Market welcomed customers to the event.



Below, left: Fred Marshall of CBD Mendo gave out samples of his non-psychoactive cannabidiol oil. Below, right: Willits resident Beth Riedel says she's been shopping at Mariposa for six years: "It's a beautiful store with great food."



# Mariposa Market

Customer Appreciation Day celebrates 37 years of business

"I wouldn't work anywhere else," declared Mariposa Market's Chill & Frozen Manager Carrie Burgess during the health food store's 37th Anniversary Party, held this past Saturday.

Burgess, who has been with Mariposa for over 10 years, credits good health as a primary benefit of working at the store.

"I didn't start educating myself about organic foods until I started working here," Burgess said. "You also get to educate others and get them excited about new products and things."

Local full-time mom Karen Fisher has been using Mariposa as her family's primary food source since she moved to Willits in 2009.

"I love the good products, and the people who work here are always very welcoming and friendly and they seem like they like their jobs," Fisher said. "Mariposa is the place where you can run into people and see friends. It's a place to get good food, and it's a bit of a social scene, too."

Karena Gore and her family, who live outside the area, have been shopping at Mariposa for the past eight years. "We stop here every time

we travel to San Francisco," Gore said.

Mariposa celebrated its 37th anniversary as a Customer Appreciation Day, offering customer discounts of up to 37 percent for every purchase, as well as providing a plethora of fresh deli-made food samples. A variety of free dietary supplement packets were available, spread out over a large table.

Items were raffled off throughout the day, including two bikes donated by Rock Island Refrigerated, a child's track bike, and several gift baskets. Mariposa's Runa energy drink bike raffle is scheduled to be drawn this Labor Day, Monday, September 5.

Customers received free mugs and shopping bags with every \$100 purchase. Vendors set up stations around and in the store, providing product and food demos for interested customers.

Oaxaca Mama Salsa offered samples of its four varieties of salsa, the recipes for which were passed down to the owner – Stephanie Rose – from her grandmother.

Fred Marshall of CBD Mendo was on hand to offer information about and samples of his award-winning, all-organic, non-psychoactive

cannabidiol oil.

Danny Yoo of Chakrafood informed customers about his seven-day enzyme cleanse called "Emptiness," which is formulated by slow-fermenting 10 herbs with probiotics and enzymes.

Whitney McEvoy, co-owner of Not Yer Momma's Granola, offered a variety of samples of her all organic, honey sweetened granola, which is hand-made without the use of any salt, dairy, wheat or soy.

Katie MacKenzie represented Starchild Chocolate, Willits own award-winning, all-organic handcrafted, small-batch chocolate company.

Other vendors included Vixen Kitchen, providers of premium vegan gelato, and Treelee, presenting three different teas infused with Moringa oleifera, also known as the "Miracle Tree."

Mariposa Market is an independently owned business, which was founded in 1979 by owner Mary Anne Trevey, primarily as a fruit stand that featured local produce.

Read the rest of **Mariposa** | Over on Page 15

Below, from left: Aurelia Muckinhaupt of Treelee Foods offers samples of the company's "superfood" beverages. Danny Yoo and Lim of Chakrafood offered information about the company's seven-day enzyme cleanse. Julie Martinez of Mary's Chicken grills up samples of free-range and organic chicken.



**NOYO**  
THEATRE Willits, CA

57 East Commercial Street - Willits  
707-459-NOYO (6696)  
www.noyotheatre.com

Coming Soon: **Scully**  
and  
Film Club Selection: **Cafe Society**

**FLORENCE FOSTER JENKINS**

(PG13) 1 hr 50 mins

Fri:  
5:30 & 8:00pm  
Sat/Sun:  
12:30, 3:00, 5:30 & 8:00pm  
Mon:  
2:00, 4:30 & 7:00pm  
Tues-Thurs:  
4:30 & 7:00pm

**CAPTAIN FANTASTIC**

★ Film Club Selection ★  
—One Week Only—  
(R) 1 hr 54 mins  
Fri: 6:00 & 8:30pm  
Sat/Sun:  
1:00, 3:30, 6:00 & 8:30pm  
Mon: 2:30, 5:00 & 7:30pm  
Tues-Thurs: 5:00 & 7:30pm

**SAUSAGE PARTY\***

—One Week Only—  
(R) 1 hr 28 mins  
Fri:  
5:15, 7:15 & 9:15pm  
Sat/Sun: 1:15, 3:15, 5:15,  
7:15 & 9:15pm  
Mon:  
2:15, 4:15, 6:15 & 8:15pm  
Tues-Thurs: 6:15 & 8:15pm  
\*No Children Under 17 Admitted Without Parent

**From Traumatized Youth to Thriving Youth**  
*And how we get there!*

- Learn the latest research on trauma.
- Understand how trauma causes health problems in later life.
- Why is this relevant to everyone?
- How can adults have more effective interaction with Youth?

For all parents, youth workers, teachers and teens!  
Learn how to assist youth to maximize their potential and develop resilience to the challenges they face every day. Help them learn skills they need to become successful adults.  
*Presented by Aurelie Clivaz, B.A. and Carter Grissom, Youth Advocates with Mendocino County Youth Project (MCYP).*

**Tuesday, Sept. 6, 5:30 – 6:30**  
**Willits Center for the Arts**  
71 East Commercial Street.  
**Free to the public**, donations appreciated.  
Call 456-9676 for more information.  
Sponsored by Avenues to Wellness, a program of the Frank R. Howard Foundation.

**SAMMY KERSHAW**  
**FRIDAY, SEPTEMBER 23**  
DOORS 7PM  
SHOW 8PM  
Tickets are just \$35.  
Must be 21 or older to attend concert.  
**TICKETS ON SALE NOW!**  
Buy online at [CoyoteValleyCasino.com](http://CoyoteValleyCasino.com)

**Gone Fishing**  
FRIDAYS | 1PM - 9PM  
CATCH A BIG WIN! Every hour, one hot seat winner will go fishing in our lucky pond. Win the prize on the fish you catch.

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Like us on Facebook | Facebook.com/CoyoteValleyTribe | Facebook.com/CoyoteValleyCasino  
Must be 21 and a member of the Coyote Club. Coyote Club membership is FREE. Must have valid photo ID or have a valid photo ID scanned into the Coyote Club tracking system when claiming promotional offers. Not to be present in any. Not to be present in any. Not to be present in any. Not to be present in any. Not to be present in any. Management reserves all rights. Gambling Problem? Call 1.800.425.2222. ©2016 Coyote Valley Casino.

## The rest of Magazine | From Page 10

seeking to change that," she said.

The audience for Word of Mouth is two-sided: It's for visitors and locals alike. "For visitors, we want them to know the neat places to go, to give them some 'behind-the-scenes' access to what's going on in Mendocino County – the good places to eat and the best places to visit. We want locals to know that they live in a wonderful place, that they can be proud of what's happening here: We're showing off to ourselves what's great. Many people in Ukiah don't know Willits has a fabulous ramen restaurant, with the best ramen in the county [It's Time], and families on the coast may not know that they can take their families to pick chestnuts in Philo. Word of Mouth seeks to share this knowledge to show locals, too, what the county has to offer."

Stranske's words were issued after Vice Mayor Ron Orenstein concluded a presentation during which he announced an investment group recently purchased the former AM&D building on East Hill Road for the purpose of indoor marijuana cultivation in Willits.

Word of Mouth features a local artist each quarter: in the first edition, a painting of tomatoes by Willits artist Donna Strope paired with lyrics from the Guy Clark song, "Homegrown Tomatoes." In the second edition, a pencil drawing by Willits artist Diza Hope titled, "Dried Bay Leaves #7," is adorned with this quote from Romantic poet William Cullen Bryant: "Autumn: the year's last, loveliest smile." In addition to writing herself, Madrigal is also utilizing the talents of local freelance writers and photographers, including Willits Weekly contributors Ree Slocum and Jenny Senter.

Another regular Word of Mouth feature is recipes: this edition includes recipes for Blood Peach & Butter Lettuce Salad, Bay Nut Bons Bons, Piment D'Ville Donuts, and Jim Denton and Rhea Green's basic brining recipe for olives. Check out the Local Food Gift Guide for an early source of inspiration for holiday gifts, and the calendar of Mendocino County local food events. Word of Mouth also offers free Farmers Classifieds.

"We increased the page count in this issue," Madrigal said, "which is great, but it's been a learning experience dealing with deadlines. It's a constant process, a new adventure. I'm just really enjoying gathering and sharing all this info about the great work people are doing all over the county."

Contact Word of Mouth at 707-841-0612, [wordofmouthmendo@gmail.com](mailto:wordofmouthmendo@gmail.com), or P.O. Box 277, Willits CA 95490, or visit [www.wordofmouthmendo.com](http://www.wordofmouthmendo.com).

While heavy industrial zones in Arcata are mostly far from residential areas, in Willits such zoning is all over the map. As an example, Orenstein said, "Round Tree Glass is smack dab in the middle of a residential setting."

As with Arcata's ordinance, Orenstein suggested no commercial cannabis activity be allowed without the required licenses granted by the city, and that such operations be limited to a certain number pursuant to specific conditions.

"There are only a few [industrially zoned areas] that are remote enough that would work [for indoor marijuana cultivation] in Willits," Orenstein said.

"You can say you're only going to allow six permits," Madrigal offered.

Burton, who remains opposed to any marijuana activity in Willits, argued that limiting the number of cultivation permits

## The rest of Cannabis | From Page 1

The ad hoc committee was disbanded after a city council meeting in March showed the council could not garner the necessary three votes to enact the cannabis ban recommendation.

Stranske indicated the city's financial troubles, including \$300,000 worth of budget cuts recently enacted, as one reason for his newly receptive attitude towards allowing cannabis cultivation in Willits.

"We have a number of problems, and we don't have the money to fix it," Stranske said. "We're going to have to look at [the indoor commercial marijuana business] and look at it right, and see if we can come up with something that will work for us as a community."

While Orenstein, who supported that ordinance in 2007, appears to now favor a new, liberal ordinance, he suggested keeping the ban on dispensaries in place, basing his decision on feedback he has received from many community residents.

"If we were to license retail outlets, like dispensaries, it's a perception the city is enabling and empowering the sale of marijuana in our town," Orenstein said. "So I put that in [the report] to hopefully satisfy those people's concerns."

Councilwoman Madge Strong disagreed with a dispensary ban, suggesting the city should treat marijuana the same way it treats alcohol sales.

"I don't believe that by not having any dispensary in town we've somehow kept it from the hands of the youth," Strong argued. "Dispensaries would be very heavily regulated just like alcohol dispensaries are. They have to check to make sure their customers are 21 or over, and if they don't they're in a lot of trouble."

After the four councilmembers gave their opinions – all of which seemed to reside somewhere on the middle-ground scale of allowing for a controlled and regulated indoor cannabis industry – Burton doubled down on his anti-cannabis stance.

"We have a history of being a marijuana town for the last 40 years," Burton said. "We are the result of this laissez faire and permissive behavior. [Marijuana] is not what attracts the kind of activity, the kind of people, the kind of growth you want for your community. This is the antithesis of this. This is far from what you want, I would think, as an elected official. Unless you have a vested economic interest, I do not know why you would want this in your community. It does not build families, it does not build community, it does not bring people into the community who contribute to the public betterment. We are struggling, and we continue to struggle because of this stigma and this reputation."

Burton pointed to the reputation of marijuana permissiveness as the reason for the city's economic deficiencies, claiming it deters outside businesses from moving here.

"When I speak to people out in the world, a surprising number know about the Skunk Train, but also what I hear most is what a kind and welcoming community we have."

Madrigal also disagreed with Burton about tabling the discussion until next year.

"This is a lame duck council, but two of the members are candidates and it's certainly going to be a topic of discussion," Madrigal argued. "Even if we gave direction to create an ad hoc committee to start crafting an ordinance, odds are it would not be approved until the new council is established."

The city's business community is asking for certainty on the issue, she said, stating that more than 50 percent of the industrial spaces in Willits are vacant, some of which could be used for cannabis cultivation.

Marilyn Bruder, owner of A-1 Mini Storage in Willits, corroborated Madrigal's position, telling the council she has had several offers from investors wanting to buy her property for cannabis cultivation.

"They don't want to invest any money in Willits unless they're sure the regulations won't backfire on them," Bruder said. "It seems to me this town needs money, and if a company was secure they could come in, [they could] give people jobs, and be successful in an area that isn't bothering other residents."

Burton suggested allowing

could incite legal battles.

"You can do that," Burton said. "Then [City Attorney] Jim Lance is going to be defending the guy that wants permit number seven."

The current Willits City ordinance regarding marijuana allows for six plants to be grown indoors, no outdoor cultivation and no dispensaries.

While Orenstein, who supported that ordinance in 2007, appears to now favor a new, liberal ordinance, he suggested keeping the ban on dispensaries in place, basing his decision on feedback he has received from many community residents.

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## The rest of No on AF | From Page 11

And finally, according to the ballot statement on the website, "Measure AF would tell the world that if you want to make a fast buck growing lots of marijuana, come to Mendocino County."

The ballot statement was signed by Sweeney, by former county Supervisor Jim Eddie, by Brooktrails Township Fire Department Chief Daryl Schoepner and retired CalFire Mendocino Unit Resource Manager Jeanette Pederson, and by youth advocate Sheryn Hildebrand.

Neary told Willits Weekly 35 people attended an organizational meeting held at Liberty's Factory Pipe building on August 25. Neary said the controversy over the initiative appeared to be attracting people of widely different political stripes.

"I noticed there were several people there who have often been on opposing sides of numerous issues in the past," he said.

"What I don't like about Measure AF is, it legislates by initiative," Neary said. "There's no EIR, no environmental review. There's no ability to change it, down the road. Or, yeah, you can change it, but the changes have to be in harmony with the spirit and intent of the measure."

"Speaking as an attorney, I can tell you that that's a lawsuit, or several lawsuits, right there, just that phrase," he said. "Because who knows what's in harmony with the intent of Measure AF?"

The initiative "would affect Brooktrails in possibly significant ways," Neary argued. "If Measure AF passes – and if it withstands the legal challenges that would probably come – it would allow people to clear lots in Brooktrails, in order to grow marijuana on them. Because, under the provisions of Measure AF, the Heritage Initiative would supercede the provisions of the Brooktrails Specific Plan. So that would turn Brooktrails from a residential community into a farm community."

In the committee's press release, Wagenet was even more direct. "It isn't our 'Heritage' to allow a special interest group to override the efforts of the board of supervisors to enact fair regulations for marijuana operations," he says. "A more accurate name would be Marijuana Takeover Act. This is not legalization, it's profiteering."

Once marijuana growers "realize the permit process under Measure AF is unworkable, and the sheriff is prohibited from enforcing rules, there will be wholesale violation of rules that will worsen the severe environmental problems" pot growing causes, such as water diversion, erosion and stream pollution, Wagenet said in the press release.

He notes the board of supervisors "is hard at work on an ordinance that would establish reasonable permits for commercial marijuana with strong protections for the environment. That's the right way to accommodate the marijuana industry," he says. "Measure AF is the wrong way."

The VoteNoMeasureAF.org website allows people to donate to the campaign, if they wish. And although the committee doesn't yet possess the Fair Political Practices Commission number required for political action committees that raise more than \$2,000, Neary said the committee expects to have one soon.

His office sent an application for the number to Sacramento last week, he says. In the meantime, donations from the public may be sent to Neary's law office at 110 South Main Street, Suite C, in Willits. Checks can be made payable to No on Measure AF.

Additional reporting on this story was done by Dan McKee.

## The rest of Murder | From Page 1

"was unresponsive" and cardio-pulmonary resuscitation had been initiated, Barney said.

Witnesses said that after dealing Fisher the fatal blow, Reynolds, a self-employed Ukiah High School graduate, left the parking lot and walked toward the Wheels Café.

While Laytonville Ambulance Service rushed Fisher to Frank R. Howard Memorial Hospital, where he succumbed to his injuries, California Highway Patrol officers detained Reynolds near the café until deputies arrived.

The Mendocino County Sheriff's Detective Unit responded to assist with the investigation, Barney said.

Witness told investigators there "did not appear to be any type of altercation between the two men prior to the assault," Barney noted, adding Reynolds apparently struck Fisher just one time with his fist.

Reynolds is being held without bail in county jail on suspicion of murder.

Anyone with information about the incident is urged to contact the Mendocino County Sheriff's Detectives Unit at 707-234-2100.

This report was based on a press release from the Mendocino County Sheriff's Office.



# SEPTEMBER 2016 CALENDAR

## MONDAY POINTS DAYS 5X POINTS

All Players Club members will earn 5X Points from 10A to 11P on the days of the promotion!

## TUESDAY POT O' GOLD PLINKO HOT SEATS

18 Random Hot Seat Drawings  
Approximate Times of Hot Seat Drawings  
12P – 3P (twice per hour = 6 Drawings)  
3P – 4P (three per hour = 3 Drawings)  
7P – 10P (twice per hour = 6 Drawings)  
10P – 11P (three per hour = 3 Drawings)

Winner will receive one Plinko Chip. The Winner will place the Plinko Chip in a slot of their choice on the top of the Plinko board. The plinko chip will slide down the board and will land in one of 8 prize slots. Prizes will be randomly placed at the bottom of the Plinko board.

The prizes are:  
"\$30 Free Play",  
"\$40 Free Play",  
"\$60 Free Play",  
"\$100 Free Play"

If a winning customer has less than 300 points earned (on the day of the promotion) when their name is drawn, they will win the "base" Free Play amount.  
If the winning customer has earned more than 300 points on the day of the promotion, they will earn a 50% bonus on the Free Play they won.

All Free Play won must be played by 2am.  
Customers may win up to twice each Tuesday.

## WEDNESDAY



## Rooster & Owls!

TWO SESSIONS;  
MORNING SESSION 8A TO 1P

### Match Play

Players Club customers that play \$50 will receive \$10 in Free Play via the Players Club.

### HOT SEATS

9A to 11A – 2 winners/hour  
Each winner will receive \$25 in Free Play  
11A to 1P – 2 winners/hour  
Each winner will win \$35 in Free Play

Food Special  
Available only when a customer has claimed their Match Play for a \$2 Food special from 8A to 11A.

EVENING SESSION: 6PM TO 11PM

### Match Play

Players Club customers that play \$50 will receive \$10 in Free Play via the Players Club.

If a Players Club member has already claimed their Match Play for the AM session, they will have to have a minimum of \$100 Play to claim Match Play for the evening session.

### HOT SEATS

7P to 9P – 2 winners/hour  
Each winner will receive \$50 in Free Play  
9P to 11P – 2 winners/hour  
Each winner will win \$75 in Free Play

### FOOD SPECIAL

Available only when a customer has claimed their Match Play for a \$3 Food special from 6pm to 10pm

## THURSDAY

### SUPER SENIOR DAY

50% discount food coupon issued (to be used for that day only) when the customer has earned minimally 50 points from 10A to 7P.

### BINGO \$100 GAME

11AM, 12PM & \$150 FOR 1PM & 2PM

### \$200 GAME

7PM & 8PM

### \$250 GAME

9PM

### \$300 GAME

10PM

Players Club members must have earned minimally 50 points to receive a bingo card for the 11A, 12P, 1P & 2P large games.

Players Club members must have earned minimally 75 points throughout the day to receive a bingo card for the 7P, 8P, 9P & 10P large games.

Bingo at 11A, 12P for \$100 cash and 1P & 2P for \$150 cash for each game winner.

Bingo at 7P, 8P \$200 cash game, \$250 for 9P game & \$300 for the 10P game.

ANY SENIOR (60+) THAT WINS A BINGO GAME (has a senior discount) WILL WIN A \$50 FREE PLAY BONUS.

Bingo Cards can start being issued at 10A for the 11A game, and 9P for the 10P game.

The 12P, 8P, 9P & 10P cards will be issued after the earlier game has ended.

If two customer's claim the win together, the prize amount is "split" between the two winners.

For the 1P, 2P and 9P & 10P there will be a "Second Chance Win".

After a confirmed bingo for these four games (and the winning outcome has been announced), the game will continue until a second "bingo" is won, and the "Second Chance Win" customer will win \$50 Cash for the 1P and 2P game and \$100 Cash for the 9P & 10P game. The "Second Chance Win" opportunity will be announced before each of the specific games.



Point "Buy-In" starts at;  
6P for 7P & 8P Games  
(75 points "Buy-In")

7P Game \$150  
8P Game \$200

9:30P for 10:30P, 11:30P & 12:30A Games  
(125 points "Buy-In")

10P Game \$300  
11P Game \$350  
12A Game \$500



## Saturday FUN, SEPTEMBER 10, 17 & 24! HOT SEATS (FREE PLAY)

### Round #1:

11 AM to 12 PM – 2 random winners per hour;  
12 PM to 1 PM – 2 random winners per hour;  
1 PM to 2 PM – 2 random winners per hour.

Each winner will win \$50 in Free Play.

Customers will have to play a minimum of \$20 to be eligible for Round #1.

### Round #3:

9 PM to 10 PM – 3 random winners per hour.

Each winner will win \$100 in Free Play.

Customers will have to play a minimum of \$40 to be eligible for Round #3.

### Round #2:

5 PM to 6 PM – 2 random winners per hour.  
6 PM to 7 PM – 2 random winners per hour.  
7 PM to 8 PM – 2 random winners per hour

Each winner will win \$75 in Free Play.

Customers will have to play a minimum of \$30 to be eligible for Round #2.

### Round #4:

10 PM to 11 PM – 3 random winners per hour

Each winner will win \$150 in Free Play.

Customers will have to play a minimum of \$50 to be eligible for Round #4.

All winner(s) must use their promotional "Free Play" by 2 AM the night they won, or the Free Play will be removed from their account.

Customers may win up to two (2) times each Saturday of this promotion.

## Sunday FUN DAY!!!

12PM -8PM

## HOT SEATS

12:00 P to 2:00 P – 2 winners/hour @ \$30 Free Play each winner (4 total winners)

3:00 P to 5:00 P – 2 winners/hour @ \$50 Free Play each winner (4 total winners)

6:00 P to 8:00P – 3 winners/hour @ \$100 Free Play each winner (6 total winners)

Customers may win up to twice each Sunday for this promotion.

All Free play that is won via the Hot Seat drawings must be used by 2A on the same gaming day, or the winnings (Free Play) will be removed from the customer's account



100 Kawi Place, Willits 707-459-7330 www.svrcasino.com

Management reserves all rights to cancel or alter any promotion with little or no notice.