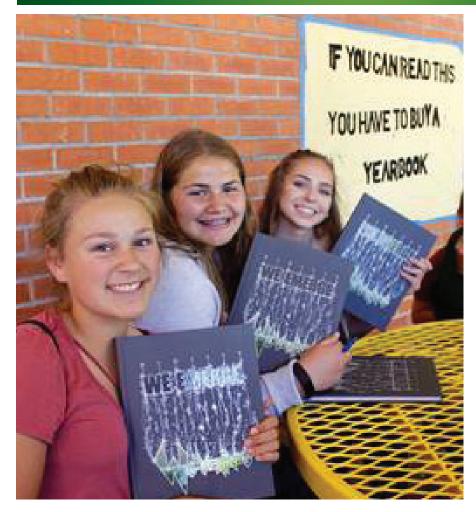
THE NEW WILLITS HIGH SCHOOL NEWSPAPER - EDITION #4 ENDING: ENDING: THE NEW WILLITS HIGH SCHOOL NEWSPAPER - EDITION #4

Thursday, June 8, 2017



CONGRATULATIONS TO ALL THE GRADUATES OF THE CLASS OF 2017!



YEARBOOK

A big SHOUT OUT to the 2016-17 Mistletoe yearbook staff for doing a fabulous job, not only on the yearbook, but also on the WHS Wolverine newspaper! You've documented the history of the year in stories and pictures and have created a beautiful keepsake that will be treasured and enjoyed for years to come. Bravo!

> Love, Ms. Bakewell

At left: McKenzie Gregg, Jessica Buzzard, and Kylei Polen proudly show off their Mistletoe Yearbook.



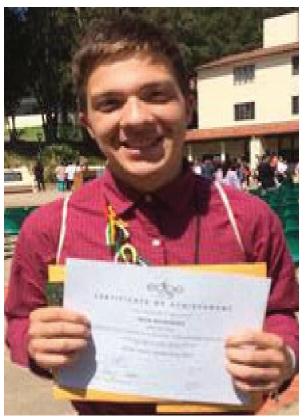
Above: Rocky Boat shadowed as a RNFA at Howard Memorial Hospital.

SENIOR PROJECT

REGISTERED **NURSE**

By Rocky Boat

For my senior project I shadowed my grandfather, Steve Lovell RNFA (registered nurse first assistant), at Howard Memorial Hospital. I got to sit in on multiple surgeries from total-knee replacements to foot amputations. It was an extraordinary learning experience being able to witness those types of surgeries in person. The best part of the whole experience was that I got to do it with my grandfather who is the biggest role model in my life. I'm currently following in his footsteps by attending college after high school and studying to become an RNFA myself.



2 1/2 DAYS ON THE EDGE

By Sean Rodriguez

EDGE is a leadership conference designed to explore leadership skills. I stayed in UC Berkeley for 2 1/2 days and it was the most exciting experience and opportunity that I was given this year. At first, I was questioning what was going on when people with EDGE T-shirts were flashing signs into our eyes and pointing out where registration was. The first thought that occurred to me was how ecstatic these people were. That experience and those people, taught me how to escape my personal shell and taught me what it was like to become a leader, and they did it through cheers, activities, and public speaking. The program transformed me into a better person and a significant leader. I'm planning on using the skills I've learned in public speaking and to inflict

change in organization to get stuff done.

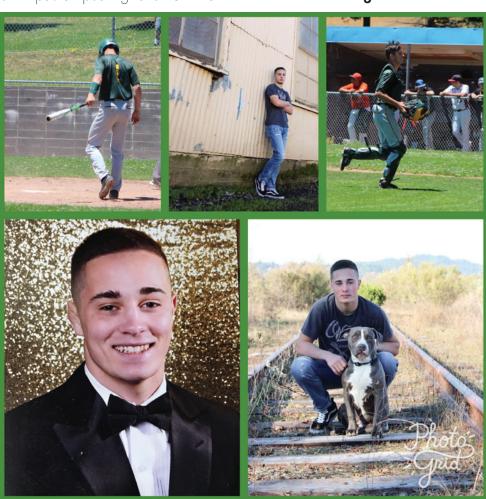
Above: Sean Rodriguez attends EDGE at UC Berkeley.



Above: Nicole Burke, Lucy Kyne, Mark Westerburg, Julie Orr, Mike Colvig, Karen Thiel, & Cari Stiles

WHS STAFF THANK YOU

Thank you to everyone that helps Willits High School to be great. Thank you to our counselors Nicole Burke and Lucy Kyne for helping our students get into the classes they need and to help them go to college. Thank you to the Cafeteria ladies for making our students and staff breakfast, brunch, and lunch everyday of the school year. Thank you to Julie in the office for keeping track of all the money in the school, Karen in the office for tracking everyone's attendance, and Rose for being our great registrar. Thank you to our technology guys and our maintenance engineers. Finally, Thank you Mr. Chavez, Mr. Colvig, and Mr. Westerberg for making everyone feel welcome, attending all of Willits High School's events and guiding us through the year. Without you Willits High School wouldn't be the same.



Tyler -

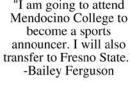
I am beyond proud of you for graduating. Here's to the next chapter of your life. You have turned into a caring, compassionate, loving young man. Robert and I love you so much. You are a great role model for your brothers Carson & Nikolas. I am proud that you call me momma. Always reach for the stars because they are there for the taking. Congratulations again dooder. I have no words for the amount of pride you give me.

Seniors! What's Happening Next?...

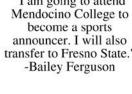


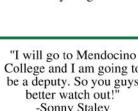


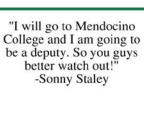
"I am going to attend become a sports announcer. I will also -Bailey Ferguson

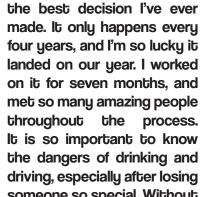


Mendocino College to transfer to Fresno State.'









SENTOR PROJECT

By Alexia Duran

EVERY 15

MINUTES

Taking on "Every 15 Minutes"

as my senior project was

Left to right in back:

Martinez, Karen

and Jairo Carrillo

Maria Sanchez, Adriana

Hernandez, Nancy Villegas

Front: Eddie Leon, Adrian

DREAMS

WITHOUT

BORDERS

Last April, Willits

High School stu-

dents attended the

29th Annual Latino

Retreat at Mendocino College. The retreat was a chance for students

to learn about the different opportunities they can get through a

college education. The theme for this year's retreat was "Sueños

sin Fronteras" or "Dreams Without Borders". Students attended a

session which spotlighted a motivational speaker and then partici-

pated in two different workshops ranging from college financial aid

to learning about social capital. Additionally, this event provided

WHS students an occasion to mingle and meet students from neighbor-

ing schools such as Fort Bragg High, Potter Valley High, Anderson

Valley High, Ukiah High, and Redwood Academy. Students from WHS

have made this event a yearly tradition. It's open to everyone,

but mostly Latino students attend because they can identify with

the issues and challenges that our Latino community faces. After

the workshops and keynote, all students reunite at the Mendocino

College quad to enjoy yummy food, meet college program representa-

WHS BLEACHERS RISE

AGENCY RIDE-A-LONGS

Back Row: Ryan laCount

Noah Southwick, Jesus

Bailey Ferguson, Layton

Austin Andrade, Ethan

Ferguson, Brian Bowles,

Pardue, Rachel Hagemen,

Hoaglin. Front Row: Casey

Vega, Joseph Mcann,

Dominic Bertolino.

Ford, Jacob Arms,

Will Seifert, Taylor

Carley Latimer

freshman earth science teacher. When we

asked him if he's happy to be back, he said "I'm

ecstatic to be back!" Mr. Bowles also continues

his cabinet business on the side. He is the

perfect person to teach our construction class

because he is definitely committed to getting

things done, making our campus better, and

teaching students building and woodshop skills.

He plans to make a positive impact on our

campus by erecting permanent structures

where students can relax, read, study or simply

hang out with friends. He also intends to have

students make fine woodworking projects and

functional items they can use at home. It will

be fun to see the many beautiful things that

his students will create.

tives, and dance and mingle with other students.

By Susana Ramirez

Haro and Juan Jacinto

are enjoying the dance.

someone so special. Without the support from everyone that put their time into this project, it wouldn't have turned out as successfully as it did. I just want to thank everyone for giving me this



Alexia Duran worked for seven months on her senior project, "Every 15 Minutes."

SENIOR PROJECT



By Caitlyn Forrester

For my senior project I Congratulations to the Willits High School invited kindergarten chilconstruction class for getting the bleacher dren to come to the high project done just in time for graduation! Thanks school for a petting zoo. to Mr. Brian Bowles, our brand new wood shop I am really involved in and construction teacher. The construction FFA and I love animals, so classes have put a lot of time and energy into I thought this would be the bleacher project over the last few weeks. a great senior project to They've taken out the old rotted boards and do. I invited the FF memreplaced them with the new ones, and they've bers to show their animals managed to complete the job in only three to all the Brookside kids. weeks. Will boards be strategically placed on I loved seeing the little the bleachers so people's stuff doesn't fall faces of the kids light up through? Mr. Bowles said, "Unfortunately, not when they saw the anithis year but maybe sometime in the future." mals. I am glad I did this Mr. Bowles has worked at WHS before as a senior project because it

By Brandon Smith

SENIOR PROJECT

By Sonny Staley When I heard that I was being nominated for one of the best senior projects, I thought that's great because my project was truly awesome. I was able to ride along with the Sheriff, Willits Police, CHP, and Fish and Wildlife where I spent over 40 combined hours with each agency. During my time, I saw and experienced a lot of different situations, from pulling people over to arresting people who shouldn't be out in the streets. I even got to help stakeout a felon in Covelo who was wanted on a murder charge. While riding along with the WPD, I was even spit on by a guy in the back of a patrol car and got to press my own charges. I got to go to jail and court to watch him be prosecuted

loved every minute of it. The officers

and plead, and I left having some

really good stories to tell. In the time Sonny Staley spent over 40 combined hours with I spent with each agency, I feel like the Sheriff, Willits Police, CHP, and Fish and I experienced exactly what is it like to be an officer in our county and I Wildlife for his senior project.

we have around here are truly amazing, including my mentor Hank Stolfi of the Sheriff's Office who showed me many of the tricks he knows. My thanks also to Michael Nguyen of Willits Police, Alex Kimball of CHP, and Donald White of Fish and Wildlife, who do a great job keeping our community safe.

ADVICE FROM SENIORS

Dear Underclassman,

Some seniors were surveyed and asked to give the 9th through 11th grade classes some advice, words of wisdom, and a little bit of encouragement so you can excel at Willits High School. We are happy to report that they were thrilled to pass on some tips and tricks they used to navigate WHS. We have compiled a list of the best:

"Be respectful, keep your grades up, and don't procrastinate." - Jamie Johnstone

"Show up to school and do all the work required to ace your classes." -Jose Carrillo

"Do what you need to do and don't stress out over the unimportant stuff." -Ryann Hee

"Senioritis is very contagious, stay focused and get the work done." -Isabel Gutierrez

"If you want an easier senior year, I would suggest taking an English class at the college over the summer. Keep on top of your deadlines, it's not as hard as you think!" -Casey Collicott

"Be prepared for every weather condition because every classroom is different."

"Follow your dreams and do the things you want to do!" -Sofia Rihko

"Join clubs, play sports, make friends, and get good grades! P.S. Don't ditch (trust me on this one). -Jessica Velasco

"Don't procrastinate during your senior interviews and senior scholarship deadlines. You have a lot to prepare for!" -Julia Johnstone

Hope you liked our list! Most importantly, enjoy the journey, be kind to your classmates, and work hard to maximize your time here. To the seniors, Henry David Thoreau said it best: "Go confidently in the direction of your dreams and live the life you've imagined!"

> Wishing you the best, **WHS Wolverine**



Tatyana Guevara started the Native American Club at WHS.

SENIOR PROJECT

AMERICAN CLUB

By Tatyana Guevara

I am from the Sherwood Valley Band of Pomo Indians. I am five northern nations, I come from Walikai Nomalaki, Winton, Cahta and Pomos. I started the Native American Club to get local youth involved with their culture, including those who weren't native "enough" to be enrolled in their tribe. The club was also created to break stereotypes and change statistics so that native youth are no longer the lowest dropout rate. My goal is to bring youth together as one and teach the community our traditional ways. Lastly, getting native youth involved in leadership roles, they are noticed for all the hard work, achievements, and positive redirection in their lives and that leads them down a successful pathway.





"I want to go to Sacramento State and nen transfer to Stanford I will major in strophysics and then try and go to space."

-Jordan Solis

"I want to be the next

As. Samana! I am going

to become a Marine

Biologist and a chemist.

The school I am going to

attend is Humbolt State.'

-Tachyna Renick

"I am going to Pacific

Jnion with my sister to

ecome a register nurse."

-Julia Johnstone

Mendocino College to

become a neo-natal

-Casey Collicott

"After high school, I

would like to attend either

UC Merced or Sonoma

State. I will major in

Computer Science and

one day have a career in

Software Development.

Kaylan Stone

'After high school, I am

going to do something in

-Haily Findley

"After graduation, I plan on going to the SRJC. I

will be there for two

vears to accomplish my

production.'

"I'm planning to go to

alifornia Polytechnic Sate University . I will major in

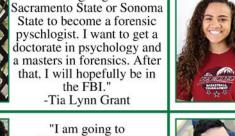
sociate degree for film

Ricky Bravo

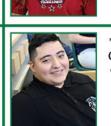
the medical field.



"I'm either going to attend the FBI." -Tia Lynn Grant



"I am going to study athletic training. I am undecided between Anderson University in Indiana and Oregon State." -Chanel Alexander



I'm going to Mendocine College to take mechanic classes and hopefully go to UTI in Sacramento." -Manuel Santamaria



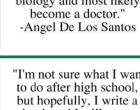
'I am heading down to Pacific Union and plan to pecome a pediatric nurse practitioner." -Jamie Johnstone



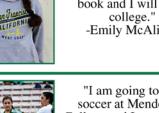
After college I am going o go and search for a job as an auto mechanic.' -Jasper de Treville



I am indesisive between ten schools at the noment. Which ever one I go to I will major in piology and most likely become a doctor." Angel De Los Santos



I'm not sure what I want to do after high school, out hopefully, I write a book and I will go to -Emily McAlister





"I am going to play soccer at Mendocino ollege and I am going to be studying to become a registered nurse." -Alexia Duran





about. -Wayne Waters



After high school, I am going to go to college to major in computer science.



I wish to attend medical



-Rocky Boat





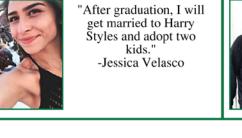
After high school, I will will do my schooling in Denver, Colorado.' -Aisha Shoemaker



was worth seeing so many

happy children.

For her senior project, Caitlyn Forrester planned a petting zoo for Kindergarthers.



Willits

Wolverine

June 8, 2017

-Juan Jacinto





Dirt Work • Ponds & Streams LLC

 Land & Road Development Tree/Brush Work • Fire Prevention & Clean Up





"I am going to attend Butte "I am going to become a Community College and rockstar after high school. join the alcohol and other I will do this by practicing my guitar and I drugs program to become a adolescent substance abuse already have some new counselor." songs to come." Tatyana Guevara -Jacob King Campbell I will attend Sacramento "After graduating I am State and I will go into going to a junior college and then I'll transfer to a the nursing program." four year. I am thinking -Maria Sanchez

of being a veterinarian or a nurse. -Tessa Baird

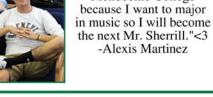
-Ryann Hee







Mendocino College



the next Mr. Sherrill."<3 -Alexis Martinez "I am going to a junior college for the first two

ears and then into the air

-Nancy Villages

"I'm going to attend

Mendocino College and

then I will transfer to

become a pediatric

-Ariel Nunez

"After high school, I

will take classes at

Mendocino College and

over the summer become

Samantha Norton

become a nurse or a

doctor. Basically, I'll be

-Othello Jackson

'After high school, I am

going to SRJC to wrestle

then I will transfer to a

school back east. After

that, I want to become a

-Tyler Vesey

'I am heading to the

Academy of Art

University in San

Francisco. I'll study

illustration with an

my degree.

-Max Pinelli

After high school, I want

to go to UC Berkeley and

major in electrical

-Izak Walker

Mendocino College to

become an artist."

-Jenna Wells

"I am planning to go to

Mendocino College for two

years and then transfer to

Sonoma State University.

will major in history to

become a history teacher

like Ms. Colvig."

Adrian Brito

"I plan of taking some

online classes through a

JC in order to pursue my

goal of becoming a web

designer/programmer."

-Daniel Floyd

707 498-3126

tmc.excavation@gmail.com

engineering.

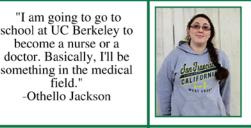
mphasis on comics for

a life guard.'













I am going to the army to serve and help protect the people that I care



Sherry Lynn Atalig

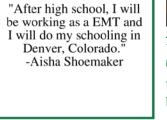




school to become an RNFA in the Operating



'm going to Chico State to major in animal science or agricultural education." Caitlyn Forrester





environmental protection and management. I can't wait to start my grand dventure in adulthood.' -Camryn Christensen "In my future, I want to run and operate my own African Wildlife Sanctuary.' -Tabitha Slivensky want to go to Mendocino College for 2 years and pefully play soccer and attend enforcement classes. After that, I will transfer to York St ohn University in England to play soccer and attend the ational business classes.

Class of 2017 - Graduates Thursday, June 8 at 6:30 p.m. at Maize Field

























ANGEL DE LOS SANTOS

DANIEL FLOYD

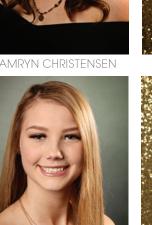


JASPER DE TREVILLE



ALEXIA DURAN

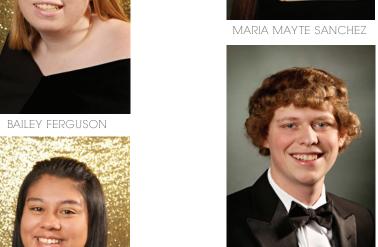




SAMANTHA



ESPANIOLA~NORTON









CAITLYN FORRESTER

RYANN HEE



Family Dentistry

Alfred F. Kerr D.D.S.

12 West Valley Street

Willits, ČA

(707) 459-2163





Hot Tunes ..;































KAYLAN STONE









VERONICA VANNORSDEL







Not pictured: Roberto



Rance Gonzalez, Lilly Hale and Adriana Martinez HEADSHOTS BY MAUREEN MOORE

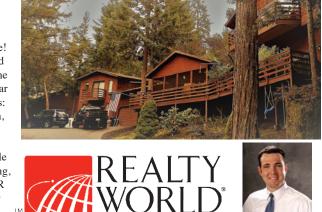


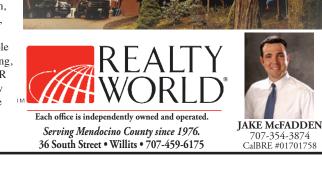
Grand Estate!3800 sq. ft., 4 bdrms, 3 baths.
The quintessential family home! A home entertainers dream and a telecommuters haven. Near the mouth of Lake Emily and not far from the Golf Course. Features: Expansive decks, screen porch, gourmet kit, tons of counters, walk-in pantry, grand island, Large master suite with multiple losets, lake view, vaulted ceiling, back-up generator, separate BR wing (could make nice in-law unit or office & gym), double

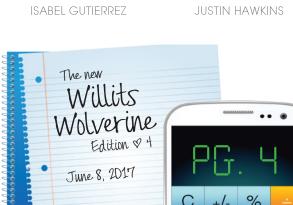
garage and more!

\$550,000

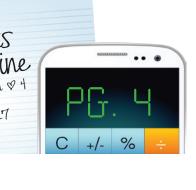
Brooktrails

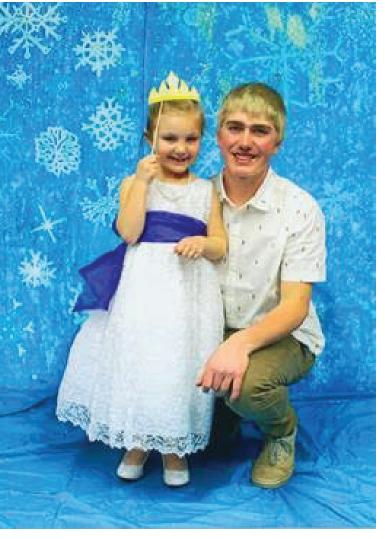






HAILY FINDLEY







Above, left: Arya Shine Allenbrand and big brother Coltin Doak. Above, right: Daisy Barrett, Mikayla Blake, Rene Torres, Isabella Lopez, and Karissa Cornwall

ONE ENCHANTED EVENING

By Daisy Barrett

The Father-Daughter Dance was an enchanted evening to remember and it made every little girl feel just like a Disney Princess. Girls of all ages arrived at the dance with their escorts at dusk. They entered, one by one, in their prettiest dresses and they were delighted to be transported into a magical winter wonderland created by the sophomore class. Little Arya Allenbrand said, "I had so much fun at the ball! We danced the remembered, "The Father Daughter dance had a great The dance was energetic and lively and designed very creatively. It seemed that everyone was having a blast."

It was a lot of work to put on the Winter Ball and make all the decorations. On many occasions the sophoa spectacular success because everyone worked to- made this magical night possible.

gether and we had a lot of fun creating something special for our community.

Class officers Isabella Lopez, Ian Watson, and Daisy Barrett led the way with the help of sophomore friends Mikayla Blake, Karen Hernandez, Karissa Cornwall, Sean Rodriguez, Jairo Carrillo, Oscar Lopez, Zoe Shoonmaker, Bernardo Lopez, Savanna Hofmaister, Taylor Watts, and Rene Torres. They created a magnificent time for all who attended.

whole time and I got free candy." Big brother Coltin A special thank you goes out to Elsa Jessup for her amazing creativity and her outstanding dedication to turnout. I had an amazing time with my little sister. our class. And also to Ms. Bakewell who took pictures all night long.

The sophomore class made approximately \$3,680 which will go towards their senior trip. Thank you to all the fathers, grandfathers, uncles, and brothmores stayed after school till 6 pm to get everything ers who brought their special someone to the dance. as perfect as it could be. The night turned out to be The sophomore class appreciates all the support that

We would like to give a huge shout-out to our Willits High School Boosters Club. Thank you for volunteering your time and energy so that students at Willits High School can have their extracurricular and classroom needs met. The Boosters supports our students with athletic uniforms, sports equipment, and art and music supplies. Without their support and community donations, these things might not be able to be purchased. If you're

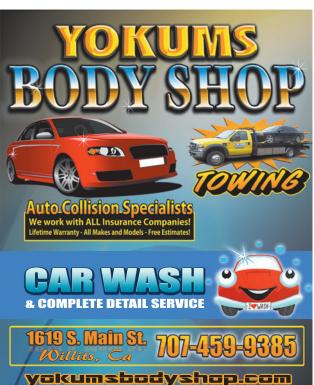
interested in joining Left to right: Bernardo Lopez, Maria the Boosters Club go to Sanchez, Karen Hernandez, Beau the Willits High School Wolverine Cafe at 6 pm Roberts, Bailey Ferguson, David Mann, every second Thursday Angel de Los Santos, and Ian Watson of the month.

CELTIC 105

HERITAGE (D)

ESTINATIONS (

EXPERT TRAVEL ARRANGEMENTS







THE WHS

This year has been a fabulous year! We have had many rallies and other activities to keep the spirit high. The students have put forth a great effort in both academics and extracurricular activities. Our sport teams were competitive and the Wolverine pride shined brightly. There were 11 Mendocino College classes offered at Willits High School during the regular school day allowing students to gain experience college and college credit. All students were given Chromebooks to support their academic learning. We garnered a digital-display board to highlight upcoming events. Thanks to Les Schwab Tire Center donations we were able to buy a scoreboard for our Ladu Wolverines and our baseball team. We will soon say goodbye to our seniors, which is always a bittersweet experience. They will go out into the world and make it a better place and I will miss

> - Principal Robert Chavez

them dearly. Once a

Wolverine, always a

Wolverine.

POEMS BY MS. WALTON'S 10TH GRADE ENGLISH

"Sonnet"

By Orion Hernandez

Hey you, is that what you do, question me? Will you do nothing but judge my whole

I know not what drives you to have judged

But all you have done is caused me such

You assault me with your words, hate I feel, Resent consumes all that I know, disgust For your insolent joke, you lack what's real -Respect for those around, you make them rust.

Wrath be what I feel, wrath be what you know.

Wrath be what drives me to push through the day

And it all sits and waits until I can go I wait with it until the time I may.

Because of things like you, my life begrudged, I suggest that you judge not, lest ye be judged.

Finish reading "Poems" on page B7 SENIOR PROJECT:

LEARNING POMO

By Tachyna Renick

For my senior project I decided to learn Native American Pomo language because I wanted to do a project that would keep me dedicated and learn a skill that I could use in the future. This project



Below: Tachyna Renick spent 187 hours learning the Pomo

was really important to me and I am very proud that I can now speak and write the basic Pomo language and keep up simple conversation. I went above and beyond with this project by completing a total of 187 HOURS! I plan to continue studying Pomo language because I have only scratched the surface of Pomo and I'm not gonna stop until the end. Pomo language is slowly dying out and it made me very happy to finally understand the songs and stories I've heard so many times, and to actually be able to communicate with my family in Pomo. This project made me extremely happy to do and I am proud of my accomplishments. Kodi-ina (Thank you)

SENIOR PROJECT

FUSED GLASS

By Emilly McAlistar

I made fused glass plates with my grandma, Alice McAlister, for senior project. She helped me with everything and provided the kiln for our weekly visits. We did five glass artworks over the nine weeks of the project and I learned a lot. I learned all about the different types of glass and the proper ways to cut and fire them. I also learned how to handle the glass safely use the many tools needed to do the work. I chose to do my project close to home because I didn't want to spend hours on end with a stranger. Altogether, I spent about 23 hours on my project, and it was an amazing experience.

The end of "Poems" from page B6

"He Is Finally Old Enough"

By Heidi Herold

He is finally old enough this year, The only thing he has to do is get over his fear. The ball hitting the bat

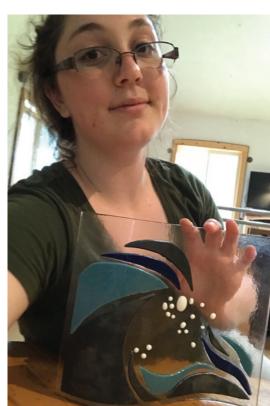
Makes him want to stay on the bench where By Savanna Hofmaister he's at.

It's his turn to step up to the base, Walking out with his hat covering his face. The pitch is thrown -

Hitting it feels like a huge stone. The ball tumbles in circles through the air.



generous donations and support for our Make - A- Wish fundraiser. We are excited to announce with all of your help, we profited over \$19,500! Thank you, for helping us achieve our goal to sponsor a child's wish. With heartfelt apperication, Jamie & Julia Johnstone Make - A - Wish Tax ID# 94-2958481



Above: Emilly McAlistar shows one of her glass artworks she made while studying glass fusing for her senior project.

He did it! He can feel the crowd's stare. The grass dancing in the wind, cheering him on, He then realized - over the fence! That's where the ball's gone!

"Spring"

A flurry of flower petals Swirls like the fury of a tempest Pale pinks speckle the world in an encasing

As the buds burst forth Skipping within the whispering wind. The aroma of the blossoms entices the nose; So sweet you could almost taste it! Joy spreads like wildfire as more and more colors awaken this sleeping earth. An infant wails, a filly trembles, Both experiencing uncertain realities. With the burning tenacity to persevere, New beginnings draw near.

"A Little Taste of Hope"

By Mikayla Blake

Hope poured from his mouth like honey from a

Safety is what his arms felt like But broken is what she felt when he left, just like the rest

Getting so close then watching it leave As if as soon as happiness was a choice the exit sign appeared making it easy to leave But he doesn't fully let go, he tells you he loves you but can't be with you

He loves you like the ocean loves the shore, it leaves but always comes back wanting more He said you were the only red rose in a tulip garden so he just had to try

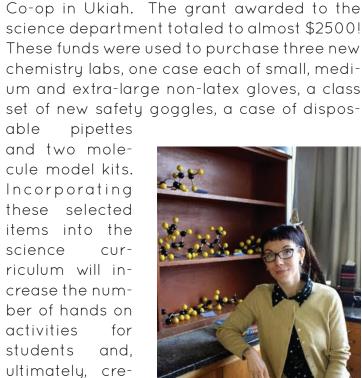
As if this made breaking you like a shattered window in an empty house okay As if the word sorry made all the wrong he did

But it didn't, and you're still broken and he's still

CREATED BY WILLITS HIGH SCHOOL STUDENTS AND WILLITS WEEKLY STAFF

2016-17 YEARBOOK & WOLVERINE NEWSPAPER STAFF

WHS Editor: Kaylan Stone, WHS Co-Editors: Daisy Barrett & Amaia Hammack, WHS Business Manager: Viviana Cardona, WHS Photography Editor: Leti Mendoza, WHS Staff: Gonzalo Angulo, Nick Amador, Mikayla Blake, Jaden Doak, Coltin Doak, Haley Frahm, Robert Hayes, Nathan Kim, Briana Lopez, Fatima Perez Uvalle, Taylor Polen, Brandon Smith, Angel De Los Santos, Grace Horger, Christian Pederson. WHS Advisor: Carolyn Bakewell. Willits Weekly copy editor: Jackie Cobbs. Willits Weekly Art Director: Maureen Moore. Printer: Western Web, Inc.



COMMUNITY GRANT

RECEIVED BY

WILLITS HIGH SCIENCE

DEPARTMENT

MAY 2017

In March, the science department at Willits

High School received one of the 2017 Com-

munity Grants from the Ukiah Natural Foods

By Amanda L. Samana

Apove: Amanda L. Samana

grant during the 2016-2017 school year, we will not be eligible to apply for the Community Grant for the upcoming 2017-2018 school year. However, the science department can apply for the grant again during the 2018-2019 academic year. We, in the science department, plan to re-apply for this grant as well as seek out any other funding opportunities.

cepts. Since Willits High School received this

"Neon God"

By Daisy Barrett

ate meaningful

interactions for

challenging

academic con-

students

Eyes cursed by this neon creature, A monster hidden in disguised, Beep, beep, beep, Don't look the message might hook you, Ring, ring, ring,

Why do you whirl me into this pool,

Making me addicted from this little computer of mine,

Buzz, buzz, buzz, The notification alarms my curiosity, Making me go back to this drug. Neon God, You killed my best friend in her car,

Yet nothing in my life is as important as you, Ding, ding, ding,

Owners

(707) 459-9075

Why do you do this to me?







SPIRITS SOAR

Creating and flying the hot air balloons was a ton of fun. The fourth graders were so enthusiastic and entertained. It was great to connect with younger children. I remember being a student at Blosser Lane when Ms. Rasmussen and her class came to fly the balloons with us. I remember it was amazing and I'm glad I could help inspire those feelings in others.

- Colten Horger

Flying hot air balloons with the fourth graders was an amazing experience. I loved seeing their faces when the balloons went up in the air and they saw how high they would go. When I was in fourth



Above: Fourth graders watch in awe. At right: Haley Frahm and Colten Horger fill the balloon with hot air.

grade, I watched them fly the hot air balloons and I thought it was so fun and amazing that I wanted to do that someday. Then when Ms. Rasmussen said we would be doing that this year the whole class was stoked. The experience was fantastic and I was so happy to be able to give those kids a fun time and memories that they would never forget.

- Haley Frahm

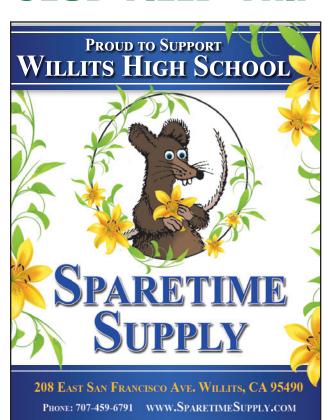




At left: Students who enjoyed the CSF field trip, including, from left: Ben Branscomb. Jairo Carillo, Lucas Branscomb, Savannah Hofmiester. Daisy Barrett, Amanda Samana. Colten Horger, Rene Torres and Karen Hernandez.

Below: Students enjoy paddling in canoes on the water.

CALIFORNIA SCHOLARSHIP FEDERATION CLUB FIELD TRIP





By Daisy Barrett

This year the California Scholarship Federation Club decided to go canoeing in Fort Bragg for our end of the year trip. It was a nice 75 degree day.

At first, I was excited and nervous at the same time because this was my first canoeing trip. We got into three groups, two groups of four and one group of five; I was in the group of five. We got in the canoes and our guide showed us how to paddle. It was very beautiful and we got to see seals, otters, seagulls, and fish. My canoe got into a water fight with one of the other canoes, which was fun and refreshing. We got to eat our lunch on the canoe too.

On the way back something happened and our canoe began to sink! Our chaperone, Bo Stevens, saved the day and got rid of the excess water in our canoe by filling up water bottles and dumping them overboard. After we paddled back, Ms. Samana took us to her favorite beach in Fort Bragg which was beautiful. It was definitely a field trip to remember.



TEACHER OF THE YEAR

HONOR SHARED BYTWO OUTSTANDING EDUCATORS



Above: Thank you, Mrs. Herman (left) and Ms. Rasmussen (right)!

Congratulations go out to Mrs. Herman and Ms. Rasmussen because they share the honor of "Teacher of the Year" at Willits High School. They are both passionate individuals and two of the most respected and admired instructors on campus. We appreciate you both for your positive energy, years of service, commitment to students, leadership among faculty, and for your dedicated work

Thank you, Ms. Rasmussen for your mathematical charm, sparkling wit, and 39 years of service to our students and community. You are a respected, appreciated, and favorite teacher on the WHS campus!

Thank you, Mrs. Herman for your many years of inspired teaching and influential guidance. Teachers and students alike, delight in your witty sense of humor, your relaxed teaching style and your contagious passion for the magnificent and mysterious world of science.

We wish you happiness, health and prosperity, and all the best as you graduate with the class of 2017. May your retirement give you time to pursue your dreams and make them come true.

STATS? WE GOT THAT!

STATISTICS CLASS AT WHS CHECKS OUT HOW STUDENTS LIVE

By Vanessa Camp, Angel De Los Santos, Zachariah Dellett, Isabel Gutierrez, Nicholas Hebel, Jamie and Julia Johnstone, and Mr. Scott Rentzer, MA

INTRODUCTION

At the beginning of this school year in 2016, a survey was given and data was collected from Willits High School (WHS) students addressing common questions of concern such as whether or not students eat breakfast, do homework, or if they are currently being bullied. Other questions asked how students commute to school, their self-assessment of performance (the prediction of what grade they would receive in the class they were surveyed in), and finally how much sleep they get during school nights.

METHOD

In an attempt to attain a representative and reliable sample, students were provided the questionnaire during class and asked to complete it thoughtfully and anonymously. One hundred and sixty-seven questionnaires were then collected from all grade levels and answers were recorded and analyzed using Statistical Package for the Social Sciences (SPSS). Descriptive statistics were run as well as a correlation analysis, to look for "trends" or patterns in the way students responded to the questions.

RESULTS

Approximately 45% of students surveyed indicated that they do not eat any breakfast at all while the other 55% do eat breakfast and the most popular breakfast consumed was cereal.

Most interestingly, 15% of WHS Students reported being bullied.

The data also showed that about 72.5% of of homework reported on average per night, students commute to school by car, while most other students walk. Only 9% of students more homework students do, the less sleep indicated riding a bus.

The correlation analysis indicated an inverse relationship between the amount of sleep reported during school nights and the amount

		Frequency	Percent	valid Percent	Cumulative Percent
/alid		5	3.0	3.0	3.0
	NOTHING	75	44.9	44.9	47.9
	CEREAL	30	18.0	18.0	65.9
	CAKE	12	7.2	7.2	73.1
	BREAD	14	8.4	8.4	81.4
	EGGS	3	1.8	1.8	83.2
	COOKIES	7	4.2	4.2	87.4
	FRUIT	6	3.6	3.6	91.0
	BURRITO	13	7.8	7.8	98.8
	POTATO	1	.6	.6	99.4
	YOGURT	1	.6	.6	100.0
	Total	167	100.0	100.0	

OTETHAT DIFFERENT VARIETIES OF BREAKFASTS WERE CLUMPE ITOTHE ABOVE CATEGORIES, E.G., CAKE INCLUDES PANCAKES, WAFFLES, CREPES AND FROSTED CAKE.

Descriptive Statistics:

Hours of Sleep per School Night What Final Grade will you Receive in This Class

	N	Mini- mum	Maxi- mum	Mean	Std. Devia- tion
Hours of homework off campus per night	158	.00	7.00	1.2553	1.24863
Hours of sleep per school night	160	2.00	13.00	7.2375	1.60845
What final grade will you receive in "this" class? 0=F; 1=D; 2=C; 3=B; 4=A	161	.000	4.330	3.1167 5	.900024
Valid N (listwise)	148				

they get. The average amount of homework done on school nights is approximately an hour and 15 minutes per night. The average amount of sleep reported on school nights was about Further analysis showed the students

with r=-.26, p=.001. This suggests that the

who reported eating breakfast, predicted doing better in class, as compared to those reporting eating no breakfast at all (p=.017).

INTERPRETATION

It is interesting to note that students who reported eating breakfast, also tended to predict doing better in the class they were surveyed in, as compared to those students who reported eating nothing. The type of breakfast eaten did not seem to matter. The findings support that eating breakfast tends to help students stay more positive and then, may increase their self-esteem. When you are eating better, you feel better, and often will report doing better!

Another interesting finding showed that students who report doing homework, also reported sleeping less, as compared to those students who reported doing no homework at all. This finding may suggest that students working hard, doing their homework, should allow more time for sleep. We should not allow a busy schedule to deprive us of getting enough sleep.

CONCLUSION

Breakfast is very important because it relates to one's own self-assessment for performance as well as nutrition and the ability to feel safe at school.

The research showed that more than 15 percent of students reported being bullied; which impacts their ability to learn, or even want to learn. As Carolyn Bakewell stated "15 percent is 1.5 students out of 10. That is three students out of every 20 being bullied. We've got to do something about this."

Future research will focus on bullying. Students will be asked how they are bullied: verbally, physically, or cyber-wise as well as when and where they're bullied, off campus or on campus. Following up on bullying will certainly improve

At left: WHS Statistics class. Front to back, left to right: Maria Sanchez, Julia Johnstone, Jamie Johnstone, Vanessa Camp, Isabel Gutierrez, Camryn Christensen, Mr. Scott Rentzer, Nick Hebel and Zac Dellett.







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